

Christ the King Prayer Book



Whole School Prayers

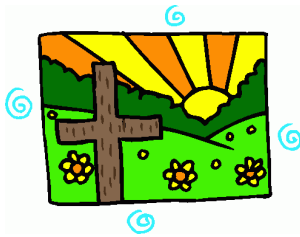
Sign of the Cross

In the name of the Father
And of the Son
And of the Holy Spirit
Amen



Morning Prayer

O my God, you love me
You're with me night and day
I want to love you always
In all I do and say
I'll try to please you Father
Bless me through the day. Amen



Grace Before Meals KS1

Thank you God for food and prayer
Teach us how to love and share.
Amen

Grace Before Meals KS2

For what we are about
to receive, may the Lord
make us truly thankful. Amen



Grace After Meals

Thank you God for the food we have eaten
Thank you God for all our friends
Thank you God for everything
Thank you God, Amen.

End of the day Prayer

At the end of the day, we come to say
Thankyou for your Love today
Thank you for my family
And all the friends you give to me
Guard me when it's dark at night
And in the morning, send your light. Amen



Our School Prayer

Lord, may we grow in care towards others,
Honesty to ourselves
And faithfulness to you.
Make us generous enough to want to do your will
Whatever it may be.
Help us find our true way in life
And grant that through it,
We may bring happiness to others
And find happiness ourselves.
Amen



Reception Prayers

Sign of the Cross
In the name of the Father
And of the Son
And of the Holy Spirit
Amen



Glory Be

Glory be to the Father
And to the Son
And to the Holy Spirit
As it was in the beginning
Is now and ever shall be
World without end
Amen



Year 1 and Year 2 Prayers

Our Father

Our Father, who art in Heaven, hallowed be thy name.
Thy kingdom come, thy will be done
On Earth as it is in Heaven.
Give us this day our daily bread
and forgive us our trespasses,
as we forgive those who trespass against us.
Lead us not into temptation, but deliver us from evil.
Amen



Hail Mary

Hail Mary, full of Grace, the Lord is with thee.
Blessed art thou amongst women
and blessed is the fruit of thy womb, Jesus.
Holy Mary, mother of God,
pray for us sinners now and at the hour of our death.
Amen.



Glory Be

Glory be to the Father
And to the Son
And to the Holy Spirit
As it was in the beginning
Is now and ever shall be
World without end
Amen



Year 3 and Year 4 Prayers

Act of Contrition

O my God,
because you are so good,
I am very sorry that I have sinned against you,
and with the help of your grace
I will not sin again.



The Apostles' Creed

I believe in God,
the Father almighty
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,



who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.



Angel of God

Angel of God,
my guardian dear,
to whom God's love commits me here,
ever this day be at my side,
to light and guard, to rule and guide.
Amen.



Come, Holy Spirit

V. Come, Holy Spirit, fill the hearts of your faithful.
R. And kindle in them the fire of your love.
V. Send forth your Spirit and they shall be created.
R. And you will renew the face of the earth.



Let us pray

O God, who by the light of the Holy Spirit,
did instruct the hearts of your faithful,
grant that by that same Holy Spirit,
we may be truly wise, and ever rejoice in your consolation,
Through Christ our Lord.
Amen



Prayer of St Richard of Chichester

Thanks be to you, my Lord Jesus Christ,
for all the benefits which you have given me,
for all the pains and insults which you have borne for me.
O most merciful Redeemer, friend and brother,
may I know you more clearly,
love you more dearly,
and follow you more nearly,
day by day. Amen



Year 5 and Year 6 Prayers

The Rosary

1 x Our Father 10 x Hail Mary = 1 Decade 1 x Glory Be

The Joyful Mysteries: The Annunciation, The Visitation, The Nativity, The Presentation, The Finding in the Temple

The Luminous Mysteries: The Baptism of Our Lord, The Wedding Feast at Cana, The Proclamation of the Kingdom, The Transfiguration, The Institution of the Eucharist

The Sorrowful Mysteries: The Agony in the Garden, The Scourging at the Pillar, The Crowning with Thorns, The Carrying of the Cross, The Crucifixion

The Glorious Mysteries: The Resurrection, The Ascension, The descent of the Holy Spirit, The Assumption of Mary, The Crowning of the Blessed Virgin Mary



The Magnificat

My soul proclaims the greatness of the Lord,
and my spirit rejoices in God my Saviour,
for he has looked upon his handmaid in her lowliness;
for behold, from this day forward,
all generations will call me blessed.

For the Almighty has done great things for me,
and holy is his name.
His mercy is from age to age
for those who fear him.

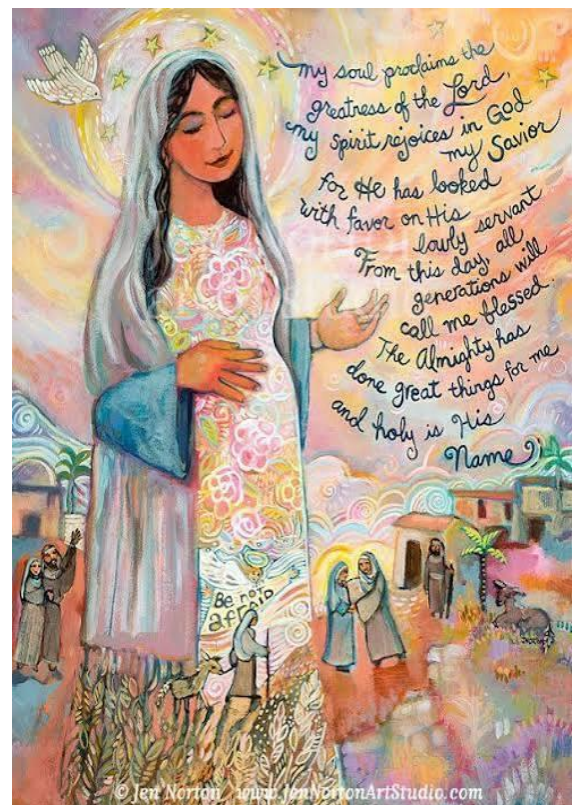


He has made known the strength of his arm,
and has scattered the proud in their conceit of heart.
He has cast down the mighty from their thrones
and has exalted those who are lowly.
He has filled the hungry with good things,
and has sent the rich away empty.

He has helped his servant Israel,
mindful of his mercy,
even as he promised to our fathers,
to Abraham and his descendants for ever.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning, is now,
and ever shall be, world without end.

Amen.



Act of Faith

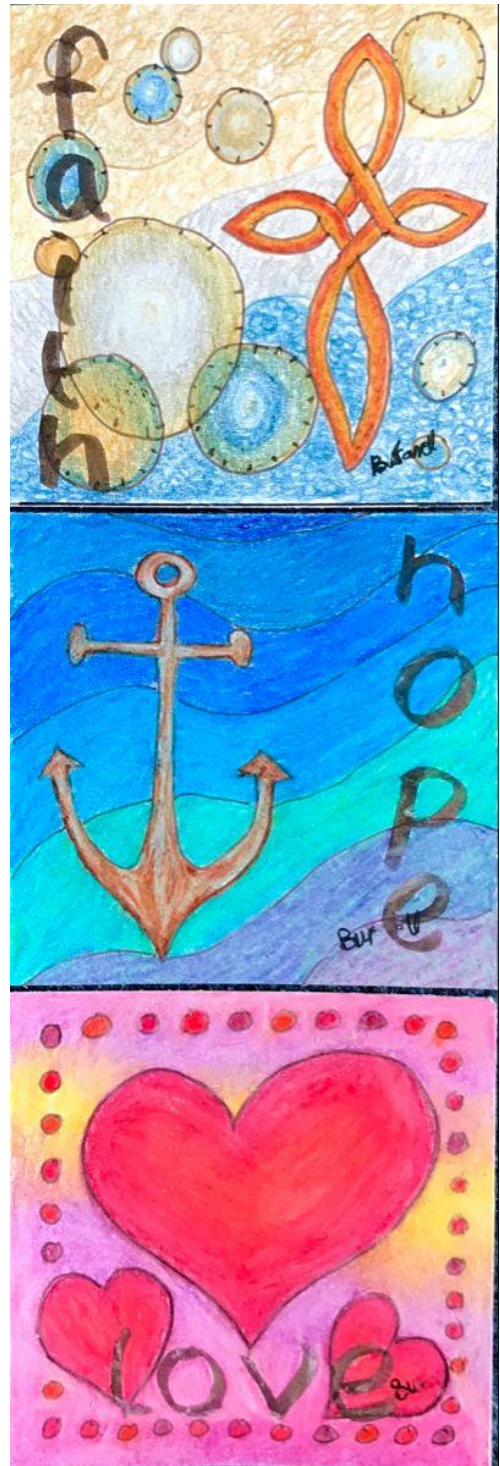
My God, I believe in you
and all that your Church teaches,
because you have said it,
and your word is true.

Act of Hope

My God, I hope in you,
for grace and for glory,
because of your promises,
your mercy and your power.

Act of Love

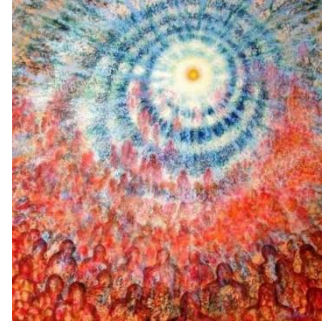
My God, because you are so good,
I love you with all my heart,
and for your sake,
I love your neighbour as myself.



Informal Prayer

Visio Divinia - Divine Seeing

It is a prayerful way of meditating on sacred art or images.
It helps children reflect on God's presence visually.



- **Choose an Image:** A religious painting, icon, stained glass, or nature photo.
- **Look Closely:** Ask children to study the image in silence for 30 seconds.
- **Reflect:** Ask guiding questions:
 - *What do you notice first?*
 - *What emotions does this image bring?*
 - *Where do you see God in this image?*
- **Pray:** Invite children to respond to God through silent or spoken prayer.

Lectio Divinia - Praying with Scripture

The Four Steps for Children

Read (Lectio): Read a short, simple Bible verse or story slowly out loud.

Think (Meditatio): Read it again and ask children to pick out a word or phrase that stands out to them.



Pray (Oratio): Talk to God in a short prayer about what the words mean or how they feel.

Listen / Rest (Contemplatio): Sit quietly in silence for a brief moment to rest in God's presence.

Jesuit Examen

How to Pray the Examen

1. Place yourself in God's presence. Give thanks for God's great love for you.
2. Pray for the grace to understand how God is acting in your life.
3. Review your day — recall specific moments and your feelings at the time.
4. Reflect on what you did, said, or thought in those instances. Were you drawing closer to God, or further away?
5. Look toward tomorrow — think of how you might collaborate more effectively with God's plan. Be specific, and conclude with the "Our Father."



