



Mental Health Support Provision Map at Christ the King Primary School

Step 1	Step 2	Step 3
Day-to-day, quality first teaching and in-school provision	Group intervention	Individualised Support
Clear and consistent in-school expectations Regular praise and reinforcement for meeting expectations Celebration Assemblies Calming strategies used within each classroom PSHE – Jigsaw weekly teaching Whole-school display Supportive posters Structured class and whole-school routines Opportunities to share worries with teachers Encouraging good relationships Year R/6 buddy system Calming music within classrooms and assemblies Personalised work stations where required Available members of staff to talk to	Home-school diary Support during times of day that pose difficulty to the child Allocated member of staff for discussion/activities Low-pressure activities that are broken down Regular breaks/time for mindfulness Social stories Social groups Lego Therapy Class sessions with Jigsaw (local Mental Wellbeing charity)	Family support Regular meetings with SENCo/member of SLT CAHMS School Nurse Educational Psychologist Social Services Jigsaw (local Mental Wellbeing charity) 1:1 mentor available whenever needed Support, guidance and referral to outside charities/agencies