

Are you ready to rediscover the meaning behind wearing red on Pentecost? This beautiful tradition is woven deeply into Christian history and expresses something essential about who we are as a people of faith.

Pentecost—often called the birthday of the Church—celebrates the moment when the Holy Spirit descended upon the apostles and disciples. In that outpouring of divine power, the Church was born, and the flame of faith began to spread across the world.

So why do we wear red on this feast? In Christian symbolism, red represents the fire of the Holy Spirit. Just as tongues of flame rested upon the disciples, filling them with courage and zeal, the color red reminds us of that same Spirit at work in us today. It is a visible sign of the passion, strength, and renewal the Holy Spirit brings.

At Our Mother of Perpetual Help and in many parishes around the world, wearing red to Mass on Pentecost has become a cherished custom. When our community gathers clothed in red, we offer a powerful sign of unity—one Body, touched by one Spirit, bound together in Christ's love.

The sea of red within our church is more than a tradition; it is a proclamation. It reminds us that the Holy Spirit continues to guide, comfort, and inspire us as we walk the journey of faith. It reflects our shared commitment to live the Gospel and to carry God's love into the world.

As Pentecost approaches, let us come together with joyful hearts, dressed in red, ready to celebrate the birth of the Church and the enduring presence of the Spirit among us. And as we pray, "Come, Holy Spirit, fill the hearts of your faithful," may our own hearts be set ablaze with renewed hope, courage, and mission.

Come, Holy Spirit, fill the hearts of your faithful
and kindle in them the fire of your love.
Send forth your Spirit and they shall be created,
and you shall renew the face of the earth.

Let us pray.

O God, who have taught the hearts of the faithful
by the light of the Holy Spirit,
grant that in the same Spirit we may be truly wise
and ever rejoice in his consolation.
Through Christ our Lord. Amen.