

Dear friends in Christ,

This past week we celebrated the feast day of St. Margaret Mary Alacoque, a Visitation Nun who lived in 17th Century France and who was a visionary. In a time when faith was cold and focused much on the judgement of God, Jesus revealed to her his heart burning with love, calling people to holiness. She wrote powerfully of the message she was given to promote devotion to the Sacred Heart of Jesus. Here is a passage from one of her letters for our reflection:

It seems to me that our Lord's earnest desire to have his Sacred Heart honored in a special way is directed toward renewing the effects of redemption in our souls. For the sacred heart is an inexhaustible fountain and its sole desire is to pour itself out into the hearts of the humble so as to free them and prepare them to lead lives according to his good pleasure.

From this divine heart three streams flow endlessly. The first is the stream of mercy for sinners; it pours into their hearts sentiments of contrition and repentance. The second is the stream of charity which helps all in need and especially aids those seeking perfection to find the means of surmounting their difficulties. From the third stream flow love and light for the benefit of his friends who have attained perfection; these he wishes to unite to himself so that they may share his knowledge and commandments and, in their individual ways, devote themselves wholly to advancing his glory.

This divine heart is an abyss of all blessings, and into it the poor should submerge all their needs. It is an abyss of joy in which all of us can immerse our sorrows. It is an abyss of lowliness to counteract our foolishness, an abyss of mercy for the wretched, an abyss of love to meet our every need.

Therefore, you must unite yourselves to the heart of our Lord Jesus Christ, both at the beginning of your conversion in order to obtain proper dispositions, and at its end in order to make reparation. Are you making no progress in prayer? Then you need only offer God the prayers which the Savior has poured out for us



in the sacrament of the altar. Offer God his fervent love in reparation for your sluggishness. In the course of every activity pray as follows: "My God, I do this or I endure that in the heart of your Son and according to his holy counsels. I offer it to you in reparation for anything blameworthy or imperfect in my actions." Continue to do this in every circumstance of life. And every time that some punishment, affliction or injustice comes your way, say to yourself: "Accept this as sent to you by the Sacred Heart of Jesus Christ in order to unite yourself to him."

But above all preserve peace of heart. This is more valuable than any treasure. In order to preserve it there is nothing more useful than renouncing your own will and substituting for it the will of the divine heart. In this way his will can carry out for us whatever contributes to his glory, and we will be happy to be his subjects and to trust entirely in him. ST. MARGARET MARY

SHRINE TO ST. MARGARET MARY

At Holy Innocents we have been blessed by the gift of a first-class relic of St. Margaret Mary. This past week it was installed for public veneration with an image of her in a new shrine, near the reconciliation room. It is a wonderful gift and provides us with a great opportunity to ask her intercession. Let us pray that we may grow in love of the Sacred Heart of Jesus, that we may do acts of reparation for our sins and the sins of the world, and that our hearts may be enflamed by his love.

Blessings on your week!

Fr Johnson

WEEKLY CALENDAR

Monday, October 20

9:00 AM Daily Mass
10:00 AM Women of Faith

Tuesday, October 21

No Daily Mass
5:30 PM Faith Formation K-6

Wednesday, October 22

8:30 AM Confessions
9:00 AM Daily Mass
7:00 PM House of Prayer
7:00 PM Gospel Choir Rehearsal
(for 11AM Masses)

Thursday, October 23

9:00 AM Daily Mass
12:15 PM Steps to Freedom
1:00 PM Rosary Cenacle
5:30 PM Microsoft Mass & social after
6:30 PM Sanctuary Choir Rehearsal
(for 9AM Masses)
7:00 PM OCIA

Friday, October 24

9:00 AM Daily Mass
9:30 AM Benediction then Adoration until 9PM
10:00 AM Guardians & Angels

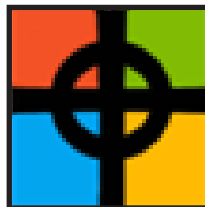
Saturday, October 25

10:30AM Altar Servers Refresh Course
3:30 PM Confessions
5:00 PM Saturday Vigil Mass

Sunday, October 26

FEAST OF ST. JUDE (observed)

9:00 AM Sunday Mass
11:00 AM St. Jude (observed) Sunday Mass
12:00 PM International Potluck
1:30 PM Confirmation Class



MICROSOFT MASS

October 23, 2025 Thursday
5 PM Mass

Followed by social hour

Catholics at Microsoft have organized a social email distribution group (CAMS or Catholics at Microsoft) with a membership that exceeds 200. It is a warm and welcoming faith community. If you are currently working at Microsoft or know a Catholic working at Microsoft, encourage them to join CAMS@microsoft.com. **All techies welcome!**

WORLD MISSION SUNDAY

is the day that the worldwide Catholic Church renews its commitment to the missionary movement.



M Y S T I C

“ I NEED NOTHING BUT GOD, AND TO LOSE MYSELF IN THE HEART OF GOD. ”

- ST. MARGARET MARY ALACOQUE



PARTNERS
IN THE GOSPEL

WELCOME TO OUR PARISH FAMILY!

St Jude | Holy Innocents
Mission Church of St. Anthony