

Dear friends in Christ,

This Sunday is already the Fourth Sunday of Lent. Holy week begins in just two weeks. It is important to get ready. One of the best ways we can prepare to celebrate these Holy Days is by going to Confession, asking God's grace to do a little spring cleaning of our souls. The Penance Service at Holy Innocents was this last Thursday, but **this Monday there is another opportunity for Confession at the PENANCE SERVICE AT 7 PM AT ST. JUDE. Six confessors will be there, so this will be the ideal opportunity. Holy Innocents and St Jude both have Confessions on Fridays from 6-6:50 PM during Lent.** St. Anthony in Carnation will have a special time coming up, too. Let us heed the central message of Jesus' teaching: "Repent and believe the good news."

Pope Francis loved the Sacrament of Reconciliation. He frequently encouraged everyone to approach the Lord Jesus in the sacrament and experience the mercy of the Lord and be reconciled to God. He wrote: *Do not be afraid of Confession! When one is in line to go to Confession, one feels all these things, even shame, but then when one finishes Confession one leaves free, grand, beautiful, forgiven, candid, happy. Go, the priest will be good. Jesus is there, and Jesus is more benevolent than priests, Jesus receives you, he receives you with so much love. Be courageous and go to Confession! POPE FRANCIS*

LENTEN MISSION- March 23-25

Next weekend at all the Masses we kick off a Lenten Mission for all our churches: **Abundant Life in Christ.** The mission talks will be given by Deacon Reuben D'sa at St. Jude in the Church from 7-8:30 PM Monday, Tuesday and Wednesday March 23-25. The Mission will focus on the reconciling and healing mercy of God. The evenings will include opportunities for prayer, adoration, and faith sharing. Mark your calendars! Don't miss this great opportunity for Lenten renewal.

ASCEND EUCHARISTIC REVIVAL IS COMING TO BELLEVUE- DON'T MISS IT- REGISTER TODAY!

www.ascendeucharisticrevival.church

Coming to the Meydenbauer Center Bellevue on Saturday May 16, 2026 is a wonderful event to nourish and revive our faith in Jesus Christ in the Holy Eucharist. It will be a day of faith formation, prayer, praise, Confession, featuring a Eucharistic Procession and Holy Mass. The ASCEND Eucharistic Revival is a movement dedicated to renewing love and devotion to Jesus Christ in the Eucharist. Rooted in prayer, teaching, and worship, the event seeks to draw individuals and communities deeper into the mystery of Christ's Real Presence in the Eucharist.

Through encounters, formation, and sacraments, ASCEND aims to inspire the faithful to live with Eucharistic joy and carry that presence into the world. By lifting hearts and minds to God, the revival aspires to foster unity, love of neighbor, healing, and a renewed sense of mission in the church today.

I want to encourage you to participate. This is being sponsored by several Eastside parishes, Catholic organizations, and lay people. There will be wonderful featured speakers like Chris Stefanick, Dr. Tim Gray, Dr. Andrew & Sarah Swafford and Deacon Charlie Echeverry. The cost is just \$25 per person with special family rates available. **The event is filling up fast, so don't delay. ASCEND is a tremendous opportunity to deepen your faith and share in the joy of the presence of the Lord.**

Register on-line today:

www.ascendeucharisticrevival.church/register-now/

I also want ask you to pray for this Eucharistic Revival, that it will help renew the faith throughout Western Washington. Finally, they will need many volunteers to help. You can find opportunities to volunteer on the ASCEND website.

SPRING CHURCH SPRUCE UPS!

Even amidst the cold rain, signs of spring are budding forth. Daffodils are coming up and spring cleaning is happening all around our churches...

At St. Anthony the front of the tower just had a pressure wash and bleach and is looking better than ever. Many thanks to the parishioners who planted beautiful primroses in the beds.

At Holy Innocents, we just ordered a new hand rail for the path beside the church which will be installed in a few weeks. Thanks to all the parishioners who generosity made that possible. Before long, we will be calling for folks to be Holy Gardeners and Holy Mowers.

At St. Jude this weekend, on Saturday from 9AM-12:30PM, we have our All Parish Service Day to spruce up our grounds and give a spring cleaning to the church and all our other parish facilities.

If you can help, we are always grateful! Heartfelt thanks to all the many parishioners of our churches who give so generously of their time and talents to ensure we have beautiful places to worship the Lord!

Blessings on your week!
Fr Johnson

WEEKLY CALENDAR

Monday, March 16

9:00 AM Daily Mass

10:00 AM Women of Faith: Crux

7:00 PM Parish Penance Service

Tuesday, March 17

No Daily Mass

5:30 Faith Formation K-6

Wednesday, March 18

8:30 AM Confessions

9:00 AM Daily Mass

7:00 PM House of Prayer: No Greater Love

7:00 PM Gospel Choir Rehearsal (for 11AM Mass)

Thursday, March 19

9:00 AM Daily Mass

12:15 PM Steps to Freedom

1:00 PM Rosary Cenacle

5:30 PM Microsoft Mass

6:30 PM Sanctuary Choir Rehearsal
(for 9AM Mass)

6:30 PM Knights of Columbus -
Fourth Degree Meeting

7:00 PM OCIA

7:00 PM St. Vincent de Paul Meeting

Friday, March 20

9:00 AM Daily Mass

9:30 AM Adoration until 7PM

10:00 AM Guardians & Angels

12:00 PM Stations of the Cross

6:00 PM Confessions

7:00 PM Stations of the Cross

Saturday, March 21

3:30 PM Confessions

5:00 PM Saturday Vigil Mass

Wine and Cheese after Mass

Sunday, March 22

9:00 AM Sunday Mass

11:00 AM Sunday Mass

**International Breakfast after both Masses
by Knights of Columbus**



Microsoft Mass

March 19, 2026

5:30PM Mass Thursday

Catholics at Microsoft have organized a social email distribution group (CAMS or Catholics at Microsoft) with over 200 members. It is a warm and welcoming faith community. If you are or know a Catholic working at Microsoft, encourage them to join CAMS@microsoft.com. **All techies welcome!**

International Pancake Breakfast

March 22, 2026 After both Sunday Masses

Enjoy delicious international foods and fun fellowship in the Parish Hall after both Masses.



Hosted by the
St. Jude Knights
of Columbus!

HAPPY
ST. PATRICK'S
DAY

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5:00 PM Saturday Vigil Mass

Wine and Cheese after Mass

Sunday, March 22

9:00 AM Sunday Mass

11:00 AM Sunday Mass

**International Breakfast after both Masses
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The logo for "Partners in the Gospel" features a green circle with a white cross and two hands holding it, surrounded by green leaves.

**PARTNERS
IN THE GOSPEL**

WELCOME TO OUR PARISH FAMILY!

St Jude | Holy Innocents
Mission Church of St. Anthony

“ RENOWNED
OFFSPRING
OF DAVID,
HEAD OF THE
HOLY FAMILY,
PILLAR OF FAMILIES,
PROTECTOR OF
THE HOLY CHURCH
ST. JOSEPH,
PRAY FOR US. ”

FOSTER-FATHER
OF JESUS

- ST. JOSEPH