



# TARGET DEVELOPMENTAL SKILLS

Skills Tagrted During St. Patrick's Day Themed Activities

## SPEECH THERAPY SKILLS

- Speech sound production: practicing correct production of target sounds in words
- Expressive language: Naming colors in the rainbow, expanding sentences by describing colors.
- Vocabulary development: learning & using descriptive and color words.
- Following directions: listening to and completing steps in each activity.



## OCCUPATIONAL THERAPY SKILLS

- Fine Motor Skills: picking up coins/small items to strengthen the small muscles in the hands and fingers
- Hand/eye coordination: Using vision to guide hand movements while tracing and coloring
- Visual perceptual skills: Recognizing shapes, lines, and color differences



## PHYSICAL THERAPY TASKS

- Gross motor skills: Practicing whole-body movements such as jumping, stepping, and moving through obstacles
- Balance & Stability: Maintaining balance while standing, jumping, and moving across different surfaces
- Strength Development: Building leg and core strength through jumping and obstacle course activities
- Coordination: Coordinating arms and legs during jumping and movement activities
- Following Directions/Participation: Listening to instructions and completing multi-step movement tasks

