

MENTAL HEALTH AND SUBSTANCE ABUSE COUNSELING RESOURCES

There are numerous counseling services available in Springfield and Urbana areas.

BEHAVIORAL HEALTH RESOURCES

CRISIS/EMERGENCY

Go to the nearest emergency department

Champaign County 1-800-224-0422

Clark County 1-800-218-9500

24/7 National Suicide Prevention Lifeline

- Phone Number: (800) 273-TALK (En Espanol 888-628-9454)
- www.suicidepreventionlifeline.org
- CHAT 988lifeline.org

Crisis Line

- Text Line: "HOME" to 741-741

Community Mercy Home Care

- Phone Number: (937) 328-5113
- Website: <https://www.mercy.com/locations/specialty-locations/home-health-care/community-mercy-home-care>

TCN Behavioral Health Services

- What they offer: Crisis Care/Outpatient
- Phone Number: (937) 653-5583
- Website: <https://www.tcn.org>

Dr. Jordan Allison, Psychologist

- Phone Number: Springfield (513) 952-5210
- Phone Number: Urbana (937) 484-6157

Alzheimer's Association

- What they offer: 24/7 Hotline
- Phone Numbers: (937) 291-3332 / (800) 272-3900

Clark County Mental Health

- What they offer: Inpatient/Outpatient adult & youth programs
- Address: 474 North Plum St., Springfield OH
- Phone Number: (937) 399-9500 (Crisis Counseling 24/7)

- Website: <https://mhsc.org>

Brightview Health

- What they offer: Narcotics recovery program/outpatient
- Phone number: (937) 576-8890
- Website: <https://www.brightviewhealth.com/locations/springfield-addiction-treatment-center>

Positive Perspectives (Private Practice)

- Address: 494 Urbana Road, Lotus center, Springfield, OH
- Phone: (937) 390-3800
- Website: www.positiveperspectivescounseling.com

Springfield Psychiatric Associates (Private Practice)

- Address: 3162 El Camino Drive, Springfield, OH
- Phone: (937) 342-9030

Dr. Huma Bashir (Counselor)

- Address: 1209 North Plum Street, Suite A, Springfield, OH
- Phone: (937) 460-7876

Talk OneZone (for students)

- Available 24/7, including breaks and summer
- Phone: (800) 756-3124

Wittenberg Counseling Services (for students)

- Basement of Shouplin
- Phone: (937) 327-7811
- Website: www.wittenberg.edu/administration/health_wellness

American Psychological Association

- Phone: (800) 964-2000
- Website: <http://apa.org/>

Anxiety Disorders Association of America

- Phone: (240) 485-1001
- Website: www.adaa.org

Mental Health America

- Phone: (800) 969-6642
- Website: <http://www.nmha.org/>

Path Integrated Health

- Address: 2057 S. Limestone St., Springfield, OH 45505
- Phone: (937) 226-9787

Community Health and Wellness Center (Urbana, West Liberty)

- Address: 605 Miami Street, Suite 100, Urbana OH 43078
- Phone: (937) 599-1411
- Website: <https://chwpcares.org/>

Riverscape Counseling

- Address: 1730 E. High St, Springfield OH 45505
- Phone: (937) 319-4448
- Website: www.riverscapecounseling.com

Need Additional Resources?

- Call 211
- Find Help: <https://www.findhelp.org>

SUBSTANCE ABUSE REFERRALS AND RESOURCES**McKinley Hall**

- What they offer: Addiction treatment center/Inpatient/Outpatient
- Phone Number: (937) 328-5300
- Website: <https://www.mckinleyhall.org>

Mercy Reach

- What they offer: Outpatient (no suboxone) provides outpatient alcohol, drug and tobacco treatment program services for adolescents and adults in Clark, Champaign, and surrounding counties
- Phone Number: Springfield (937) 390-5338
- Phone Number: Urbana (937) 653-3001
- Website: <https://www.mercy.com/locations/specialty-locations/other-locations/community-mercy-reach-drug-alcohol-tobacco-cessation>

Alcoholics Anonymous

- Phone: (888) 696-9525

- Website: <http://www.aa.org>

Narcotics Anonymous

- Phone: (937) 342-2278
- Website: www.na.org

Sunrise Treatment Center

- Address: 1421 Parker Court, Springfield, OH 45504
- Phone: (937) 660-3400

Wellsprings Service (Urbana, Springfield, Bellefontaine)

- Address: 1 Monument Square, Urbana, OH 43078
- Phone: (937) 653-5990