

Menu of week 36

Monday, 31 August 2026

Grated GRTA carrots

Chicken thigh stew (Switzerland)

Mustard sauce

Cornettes (pasta)

Green beans

Pear

V Tuesday, 1 September 2026

GRTA green salad

Vegetable & chickpea couscous with spices

Bulgur in broth

Apple compote

V Thursday, 3 September 2026

GRTA Menu

GRTA batavia lettuce salad

GRTA cheese quiche

GRTA apricot yogurt

Friday, 4 September 2026

Cucumber salad

Salmon fillet (ASC Norway), dill sauce

White rice

Broccoli

Nectarine

Breads: Corn bread, GRTA half-white bread, GRTA farmhouse bread, GRTA organic stone-ground bread (all Switzerland)

V Vegetarian alternative

Our meals may contain allergen traces.

Allergen Summary - Week 36

	Peanuts	Celery	Crustaceans	Tree nuts	Gluten	Lactose	Lupin	Molluscs	Mustard	Eggs	Fish	Sesame	Soy	Sulphites
Monday, 31 August														
Starter														
Main dish		•			• (wheat)	•			•					•
Dessert														
Tuesday, 1 September (vegetarian day)														
Starter														
Main dish		•			• (wheat)									
Dessert														
Thursday, 3 September (vegetarian day)														
Starter														
Main dish					• (wheat)	•				•				
Dessert						•								
Friday, 4 September														
Starter														
Main dish		•			• (wheat)	•					•			•
Dessert														
Bread					• (wheat, barley, rye)	•								
Salad dressings														
French dressing									•	•				
Italian dressing									•					
Balsamic dressing									•					•
House dressing									•	•				

Our meals may contain allergen trace

Menu of week 37

Monday, 7 September 2026

Corn salad

Crispy hake stick (MSC North Pacific), lemon wedge

Fusilli

Parsleyed GRTA carrots

Kiri (cheese)

V Tuesday, 8 September 2026

Batavia lettuce salad

Omelette, tomato sauce

Wheat pilaf

Green beans

Prune tart (France)

Thursday, 10 September 2026

Public Holiday - Geneva Fast (Jeûne Genevois)

Friday, 11 September 2026

Long weekend (Friday to Sunday)

Breads: GRTA half-white bread, GRTA farmhouse bread, GRTA organic stone-ground bread (all Switzerland)

V Vegetarian alternative

Our meals may contain allergen traces.

Allergen Summary - Week 37

	Peanuts	Celery	Crustaceans	Tree nuts	Gluten	Lactose	Lupin	Molluscs	Mustard	Eggs	Fish	Sesame	Soy	Sulphites
Monday, 7 September														
Starter														
Main dish					• (wheat)						•			
Dessert						•								
Tuesday, 8 September (vegetarian day)														
Starter														
Main dish		•			• (wheat)					•				
Dessert					• (wheat)	•				•				
Thursday, 10 September — Public Holiday (Geneva Fast)														
Friday, 11 September														
Starter														
Main dish		•			• (wheat)	•								
Dessert						•								
Bread					• (wheat, barley, rye)	•								
Salad dressings														
French dressing									•	•				
Italian dressing									•					
Balsamic dressing									•					•
House dressing									•	•				

Our meals may contain allergen traces.

Menu of week 38

V Monday, 14 September 2026

Lebanese hummus

Vegetarian nuggets, house sauce

Cornettes (pasta)

Sautéed courgettes

Nectarine

Tuesday, 15 September 2026

GRTA green salad

Sautéed pork (Switzerland), sage jus

Green flageolet beans with onions

GRTA carrot rounds

Raspberry yogurt

Thursday, 17 September 2026

Taste Week: Dairy products

GRTA green salad

Cheese pizza

Fromage blanc with red berries

Friday, 18 September 2026

Tomato & mozzarella salad with basil

Hake fillet bordelaise (MSC North Pacific)

Basmati rice

Spinach gratin

Apple

Breads: GRTA farmhouse bread, GRTA organic stone-ground bread, GRTA half-white bread (all Switzerland)

V Vegetarian alternative

Our meals may contain allergen traces.

Allergen Summary — Week 38

	Peanuts	Celery	Crustaceans	Tree nuts	Gluten	Lactose	Lupin	Molluscs	Mustard	Eggs	Fish	Sesame	Soy	Sulphites
Monday, 14 September (vegetarian day)														
Starter														•
Main dish					• (wheat, soy)				•	•				•
Dessert														
Tuesday, 15 September														
Starter														
Main dish		•			• (wheat)									
Dessert						•								
Thursday, 17 September — Taste Week: Dairy products														
Starter														
Main dish					• (wheat)	•								
Dessert						•								
Friday, 18 September														
Starter						•								
Main dish					• (wheat)						•			
Dessert														
Bread					• (wheat, barley, rye)	•								
Salad dressings														
French dressing									•	•				
Italian dressing									•					
Balsamic dressing									•					•
House dressing									•	•				

Our meals may contain allergen traces.

Menu of week 39

V Monday, 21 September 2026

Taste Week: Dairy products

Cucumber salad, dill yogurt sauce

Ricotta & spinach tortellini, creamy oregano tomato sauce
Grated cheese

Custard tart (France)

Tuesday, 22 September 2026

GRTA green salad

Hake back (MSC North Pacific), lemon sauce
Baked fingerling potatoes
Aubergine & tomato with grana padano

Strawberry yogurt

V Thursday, 24 September 2026

Carrot tarama

Falafel, fromage blanc & lemon sauce
Bulgur in broth
Roasted spiced vegetables

Plum

Friday, 25 September 2026

Batavia lettuce salad

Mac n' cheese with turkey ham (Switzerland)
Green beans

Honey yogurt

Breads: GRTA organic stone-ground bread, Corn bread, GRTA half-white bread, GRTA farmhouse bread (all Switzerland)

V Vegetarian alternative

Our meals may contain allergen traces.

Allergen Summary - Week 39

	Peanuts	Celery	Crustaceans	Tree nuts	Gluten	Lactose	Lupin	Molluscs	Mustard	Eggs	Fish	Sesame	Soy	Sulphites
Monday, 21 September — Taste Week: Dairy products (vegetarian day)														
Starter						•								•
Main dish		•			• (wheat)	•				•				
Dessert					• (wheat)	•				•				
Tuesday, 22 September														
Starter														
Main dish		•			• (wheat)	•				•	•			•
Dessert						•								
Thursday, 24 September (vegetarian day)														
Starter		•			• (wheat)	•								
Main dish		•			• (wheat)	•								•
Dessert														
Friday, 25 September														
Starter														
Main dish		•			• (wheat)	•				•				
Dessert						•								
Bread					• (wheat, barley, rye)	•								
Salad dressings														
French dressing									•	•				
Italian dressing									•					
Balsamic dressing									•					•
House dressing									•	•				

Our meals may contain allergen traces.