

Menu of week 40

Monday, 28 September 2026

Beetroot salad
Beef stew (Switzerland)
Paprika sauce
Spätzli
Sliced GRTA carrots
Apple

V Tuesday, 29 September 2026

GRTA green salad
Chickpea stew with curry sauce
Fusilli
Sautéed GRTA courgettes
Strawberry yoghurt

Thursday, 1 October 2026

GRTA green salad
Hoki fillet meunière (MSC South-West Pacific)
Tartare sauce
Steamed GRTA baby potatoes
Green beans with parsley
White grapes

V Friday, 2 October 2026

Creamy sweet potato soup with curry
Red lentil dhal with GRTA squash and coconut milk
Fragrant rice
Coconut biscuit (France)

Bread: GRTA farmhouse bread, GRTA semi-white bread, corn bread, organic GRTA stoneground loaf (Switzerland)

V Vegetarian menu

Our meals may contain traces of allergens.

Menu of week 41

V Monday, 5 October 2026

Grated GRTA carrots
Scrambled eggs with tomato
Cornettes (pasta)
Green beans
Madeleine cake (France)

Tuesday, 6 October 2026

GRTA green salad
Diced cod (MSC North-East Atlantic)
Lemon and herb sauce
Rice pilaf with peas
GRTA pear

V Thursday, 8 October 2026

GRTA menu
Creamy GRTA green lentil soup
Fresh GRTA tagliatelle
Creamy GRTA squash sauce
Grated cheese
GRTA Gala apple

Friday, 9 October 2026

Tomato salad with basil
Vienna-style pork sausage (Switzerland)
Mustard sauce
Roasted baby potatoes
Slow-cooked GRTA red cabbage
Apricot yoghurt

Bread: GRTA semi-white bread, corn bread, organic GRTA stoneground loaf, GRTA farmhouse bread (Switzerland)

V Vegetarian menu

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Menu of week 42

V Monday, 12 October 2026

Julienned GRTA vegetables with soy sauce and sesame

Nasi goreng

Fragrant rice

Chocolate tart (France)

Tuesday, 13 October 2026

GRTA green salad

Fish fingers (MSC North-East Pacific)

Tartare sauce

Steamed GRTA potatoes

Broccoli

Apple

Thursday, 15 October 2026

GRTA Batavia lettuce salad

Veal meatballs (Switzerland)

Onion gravy

Creamy polenta

Sautéed GRTA courgettes

Banana

V Friday, 16 October 2026

GRTA vegetable soup

Cheese raviolini

Tomato sauce

Grated cheese

Raspberry yoghurt

Bread: Organic GRTA stoneground loaf, corn bread, GRTA farmhouse bread, GRTA semi-white bread (Switzerland)

V Vegetarian menu

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Menu of week 44

Monday, 26 October 2026

Grated GRTA carrots
Battered pollock (MSC North-East Pacific)
Tartare sauce
Wheat pilaf
Cauliflower with parsley
GRTA pear

V Tuesday, 27 October 2026

GRTA green salad
Spinach gratin
Hard-boiled egg
Basmati rice
Apple compote

V Thursday, 29 October 2026

Cucumber salad
Cornettes (pasta)
Tomato sauce
Grated cheese
Vichy-style GRTA carrots
Tam Tam vanilla dessert

Friday, 30 October 2026

Halloween
GRTA pumpkin soup
Beef burger (Switzerland)
House sauce
Crispy onions
Tomato slices and green lettuce
GRTA country-style potato wedges
Halloween doughnuts (France)

Bread: GRTA farmhouse bread, GRTA semi-white bread, organic GRTA stoneground loaf, sesame-free burger buns (Switzerland)

V Vegetarian menu

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