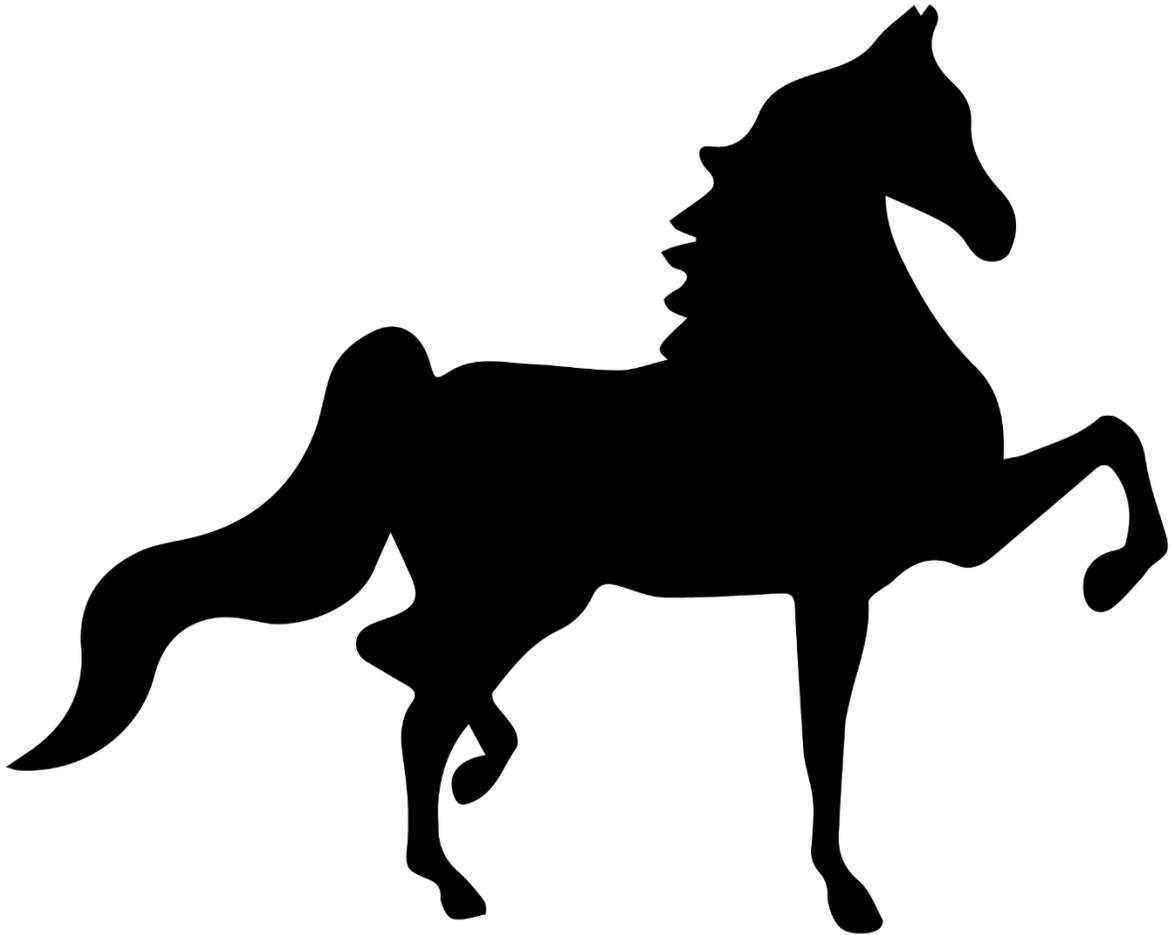


Welcome to



Four Willows Farm

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Welcome new rider (and family) to Four Willows Farm!



Welcome to Four Willows Farm! We are family owned and operated horse training and lesson barn that has been in business since 2001. We are so excited you are

joining our barn whether you are new to riding or just want to get back in the saddle, we are grateful you have chosen us. Getting started at a new barn can be a bit intimidating so this packet is to help make this transition easier.

We respect your time and commitment and ask that you come prepared. First, arrive on time for your lesson. Lessons will be booked that follow yours and in order to give adequate time to all riders, starting on time is important. If you must cancel or reschedule a lesson, we ask that we have at least *24-hour notice* or you will be charged for that lesson. Please, **DO NOT** come to lessons if you are ill or bring ill family members to the barn. Second, dress for success - helmets, gloves, and riding pants are required for lessons. See "Proper Attire". We are happy to help you find what is needed. Lastly, our barn is a place for growth and joy - we ask all who join us be willing to be a part of this barn in a positive way.

A part of all our lessons is devoted to horsemanship. We believe that developing a relationship with your horse is as important a part of riding as the riding time itself. You will be learning to get your horse ready for your ride as well as taking care of him/her after the lesson is complete. This is a skill like any other and you (and your family) will be taught the skills to safely work around the horses, groom, tack up, and 'clean up' after the ride. In the event of inclement weather, this part of your lesson may also include watching riding videos of either yourself or other riders to develop a better understanding of ways to improve your skill. Lesson time is 50 minutes for students over 7 years old. Our Tiny Tot program is for riders under 7 and are 30 minutes long.

It is our policy to hold lessons while respecting the weather. The riding portion may change to more horsemanship or groundwork if weather does not permit riding. Call or text us if you are concerned about the weather. Weather at the farm is not always reflective of what is happening in your area of town. If the weather makes lessons unsafe, you will be contacted to reschedule.

Behaviors Required of all riders and Families:

- Barn rules are posted for all visitors, please adhere to posted rules.

- The viewing room is open for family members or students to wait for their lesson. Please feel free to make yourself at home but also respect the area and clean up after you are done. Absolutely no one is allowed in the arena other than instructors and currently riding students.
- Riders should hydrate especially on hot days; this **IS** a physically demanding sport. A water bottle is part of required equipment for riders - please label all your equipment with your name.
- No gum chewing during lessons – spit it out please!
- Ask questions if you do not understand.
- Viewers – while students are riding the instructor’s attention must be on them, please ask questions, make comments, or request clarification after the lesson is complete. Please do not run up and down the stairs, bang on the glass, or jump around in the viewing area.
- Skills develop at different speeds - have patience as you or your rider takes on this new skill.
- Please keep your dogs at home - not all are appropriate around horses or other riders. Service Dogs are an exception to this rule but must have proper working gear on.

We hope this helps make getting started at Four Willows Farm a more enjoyable experience. We are here to bring horses and riders together. It is a passion and joy to be able to participate with you.

Welcome to the barn

-Four Willows Farm

****Emergency contact phone: (317) 727-8367 Jen’s cell- Call or text if going to be late for lesson. Non-emergency messages: please email Jen–jenfourwillowsfarm@yahoo.com emails are not picked up till late in day so please call only if leaving a message and well before the 24-hour mark.**

Proper Attire at Four Willows

Dressing appropriately is very important to any sport and this is true for riding as well. As a saddle seat lesson barn, there is appropriate riding wear which is different than western and hunt seat riding attire.

Inexpensive riding pants are available and starting in appropriate attire is crucial to successful riding. Speak to an instructor about what constitutes starting attire for pants and footwear

- Jod boots and Kentucky Jod pants are appropriate for riding with a top that is fit for the weather. (see attached photos)
- Helmets are required for riders under the age of 18 as well as recommended for all students over the age of 18. We do offer helmets to try for size in the barn to know what will fit you correctly. We ask you purchase your own before the first lesson. Make sure it is ASTM/SEI approved head gear.
- Gloves are now required for all riders.
- Riders that aspire to participate at academy shows should look for appropriate attire for competition. This includes all riders that are 4H bound. Ill fitting or improper attire reflects on the rider when competing. Please get show clothing checked by an instructor.

If you must wear pants other than jods for any reason: Absolutely **NO BLING** on the pockets of your pants – it creates scratches on the saddles.

Please **DO NOT** wear sandals, clogs, any type of open-toed shoe to the barn.

Wearing shorts (no matter how hot the weather) is also not appropriate for health and safety reasons. Light weight summer jods are available.

Kentucky Jod Pants come in a variety of materials, polyester, cotton blends, wool blends. They are close fitting but made to have 'give'; patches at the knees either same material or a leather patch; flare at the bottom and are often longer than leg length especially at heel; have tie downs that pass under the boot to keep pants from riding up. If your pants do not come with tie downs, you can sew on a piece of black elastic to create one.

Examples of Proper Lesson Attire



Saddle Seat Show, Academy, & Lesson proper attire



Adult Show Attire



Academy Attire



Lesson Attire

Great options for purchasing lesson items are:

hartmeyers.com - great option are Lucky Jods - very comfy

Freedman's- <https://freedmanharness.com> very nice jods

Scintilla's Equestrian- www.scintillaequestrian.com or 262-443-5165

Commotion! Saddleseat Apparel- www.commotion.com or 859-552-5983

You can find Helmets at Tractor Supply Store or online- There are helmets at the barn you can try on for sizing. My favorite online store for helmets is State Line Tack. There are a variety of brands and sizes. I suggest one with a dial in the back for tightening and or loosening.

Kerritts jods are a great option and can be found on many sites (example Amazon) - stick w/ 'boot cut'. Also on Amazon are the inexpensive brand FitsT4.

Becker Brothers Black Stretch Jods are great options for showing and working jods

***Most of our students wear either Ariat or Tough Rider jod boots with Kerritts pants to practice and fun shows.**

Memberships and Pricing

Memberships consist of month to month, 6 months, and yearly additionally there are single, multiple, or unlimited lesson amounts. Traditional and Lunge Lessons are built into them and have the option to be either private, semi-private, and/or group lessons. All lessons apart from Tiny Tots are 50 minutes long with Tiny Tots being 30 minutes long.

6-month purchase offers a 10% discount to your Membership
12-month purchase offers a 15% discount to your Membership

Group Membership Options:

1x Weekly Lesson Membership: \$210.00/Monthly

2x Weekly Lesson Membership: \$430.00/Monthly

3x Weekly Lesson Membership: \$650.00/Monthly

Unlimited Group Lesson Membership: \$1000.00/Monthly

Unlimited Family Membership: \$1500.00/Monthly

Single Lesson Prices

Private Single Lesson: \$70.00

Group Single Lesson: \$55.00

Tiny Tot Single Lesson: \$45.00 (**Ages 3 to 6 years old**)

Driving Lesson: \$70.00 (**First lesson you are taught all the parts of the harness and how to hook \$80.00 first lesson runs longer**)

Private Membership Options: (You must set up all your lessons for the month at the time of payment)

1x Weekly Lesson Membership: \$270.00/Monthly

2X Weekly Lesson Membership: \$550.00/Monthly

3x Weekly Lesson Membership: \$830.00/Monthly

Tiny Tot Membership Options: (Ages 3 to 6 years old. 30-minute lessons)

1x Weekly Lesson Membership: \$175.00/Monthly

2x Weekly Lesson Membership: \$350.00/Monthly

Common Lesson Options

Four Willows offers a variety of lesson options for all riders whether you are looking to get into the show ring, get back in the saddle after a long absence, or are just starting your riding adventure. All lessons include learning the fundamentals of horse care which includes grooming, plus tacking up and tacking down your horse (*exception: Tiny Tot).

• Traditional Lesson

- o Learn all the basics and build a strong understanding of how to ride a horse under saddle. We teach walk, trot, and cantering with double reins and an English saddle seat. Work on posture, core strength and stamina; learn how to properly set up from the top of your head to your toes, and how to have a “conversation” with your horse throughout your ride. Options for this style of lesson come in Private, Semi-private, and Group Lessons.

• Lunge Lesson

- o A great lesson option to work on balance, confidence, and how your body language talks to your horse. A fun and interactive lesson using a long lead rope connected to an instructor teaching you how to use your body instead of the reins to interact, move, and sit correctly. Options for this style of lesson come in only Private Lessons.

• Tiny Tot

- o A fun and interactive lesson for children under the age of 7 years old. Children can begin riding at Four Willows as young as 3 years old (tinies do need to be potty trained). Tiny Tot lessons are 30 minutes long and are spent in either bull pen or with a side walker. These lessons include learning horse safety, the different types of tools we use to groom horses, and ride time. Tiny Tot lessons are offered Limited Days for Private, Semi-private, and Group Lessons. Please contact the farm for availability.

Tiny Tot



Traditional



Lunge



Additional Lesson Options

Four Willows also offers a fantastic array of ways to broaden your horsemanship skills with these additional options.

- **Show Groups – Academy, Fun and Show Team**

- Open to students planning to compete in Academy shows. Almost all our students compete in this style of showing. A rigorous training lesson with fellow members of the Four Willows Show Team. This is a Group Lesson only that involves learning:
 - ❖ The ins and outs of what judges look for in a rider and horse while in the show ring
 - ❖ How to dress, apply make-up, create the correct hairstyle
 - ❖ How to prep show horses before show day.
 - ❖ Showmanship attitudes and Teamwork

- **Driving**

- Four Willows also offers horse drawn cart lessons. A great option for anyone that might be nervous to mount or unable to ride for physical reasons, as well as anyone just looking for a new skill to add to their horsemanship abilities.
 - ❖ Learn how to harness and hook up a horse to a cart and how to drive around the indoor arena at both a walk and trot. It is SUPER fun. This is style of lesson is available for Private and groups of two for safety and space.

Driving Horse with Cart



Instructor Contact

Please call or text if you need to cancel your lesson, have questions, etc.

1. Jennifer Abel - Owner & Instructor

Phone: (317) 727-8367

Address: 1213 N. Franklin Rd, Greenwood, IN 46143

Email: jenfourwillowsfarm@yahoo.com

Links and Social Media

Four Willows Website

<https://greenwoodhorselessons.com/>

Four Willows Facebook Page:

<https://www.facebook.com/FourWillowsFarmIN/>

ASHA Membership (American Saddlebred Association)

www.asha.net/BecomeAMember/Register

IASHA Membership (Indiana American Saddlebred Association):

www.indianasaddlebred.net/membership