

DO NOT:

- DO NOT TAKE: Blood Pressure Medications or Beta Blockers for **24 HOURS** prior to the test: **Generic Name (brand name)**
 - Atenolol (*Tenormin*)
 - Labetolol (*Nomodyne, Trandate*)
 - Carvedilol (*Coreg, Coreg CR*)
 - Nebivolol (*Bystolic*)
 - Metoprolol (*Lopressor, Toprol XL*)
 - Nadolol (*Corgard*)
 - Propranolol (*Inderal*)
 - Verapamil (*Calan, Cover-HS, Chronovera, Isoptin SR, Verelan PM*)
 - Diltiazem (*Cardizem, Cartia, Dilacor, Dilt-CD, Diltia XT, Dilt-XR, Diltzac, Matzim LA, Taztia XT, Tiazac*)
 - Acebutolol (*Sectral*)
- **DO NOT USE** creams, lotions, or powders to your chest area on the day of the test.

DO:

- Wear comfortable clothes and shoes – **DO NOT WEAR A DRY FIT SHIRT, DRESSES, SANDALS, OR FLIP-FLOPS.**
- If you have a hairy chest please shave it, if not it will be done for you prior to testing.

TESTING TIME TAKES APPROXIMATELY 60 MINUTES: most of this wait time will be in the waiting room **PRIOR** to the test. Once you are taken to the testing room, you should be done in 15 to 20 minutes. **THANK YOU** for your patience and understanding!

If you require to reschedule your test, please allow 24hrs notice to avoid a non-refundable cancellation fee of \$50.00.