



SUN BEAR CONSULTING



# LEADERSHIP & MANAGEMENT TRAINING FOR LIFE

Boost Your Business Success with Our Comprehensive Training

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[www.sunbearconsulting.biz](http://www.sunbearconsulting.biz)





# COMPREHENSIVE CONTENT

**Aimed at any current or potential manager who has not previously had formal management training.**

## Modules:

- Expectations of Leadership
- Leadership vs Management
- Adapting Leadership Style
- Delegation Skills
- Great Coaching
- Understanding Character Type - DISC
- Managing Talent
- Recruitment Masterclass
- Managing Change
- Delivering Feedback
- Performance Management & Career Conversations
- Motivation and Engagement
- Dealing with Conflict
- Unleashing Potential
- Preventing Burnout



Leadership

LEADERSHIP &  
MANAGEMENT

# TRAINING THAT STICKS

An 18-week 'little and often' programme, consisting of a **2-day bootcamp**, followed by **seven fortnightly 2.5-hour coaching reinforcement sessions**, giving managers and potential managers the permanent skills they need to be effective.

All of the sessions are in-person and include refreshments and a comprehensive, personalised DISC report.

**Programme cost: £3,995 + VAT**

*"The content was great, but it was the regular coaching sessions that made this the most valuable training I've ever had."*

*Helen S., Project Manager*



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SUN BEAR CONSULTING

*“Nigel’s knowledge, coupled with his enthusiastic, yet challenging style, sets him apart. I recommend him regularly.”*

*Steve V., Operations Manager*

# NIGEL RIDPATH

Nigel has 35 years success in the IT industry, in roles ranging from business consultancy to managing directorships. His experience has been gained in organisations from start-ups to multi-nationals, including as Founder of three innovative software services companies.

Gaining post-graduate qualifications in Management Studies and Direct Marketing, Nigel appreciates the need for ongoing personal development. This has made him passionate about helping people reach their full potential.

With his extensive and wide-ranging experience, Nigel is a highly-regarded business advisor, trainer and coach. He is the author of **The Time Traveller’s Guide to Management**. He also produces the fortnightly **‘Standing Apart’** podcast.

**To put your name down for the next public course, use this link:**

