

Social Media: Help Womanspace Content Show Up

Why do this? Following Womanspace on Facebook and Instagram is a great way to see reminders, photos, program highlights, announcements, and other news. A few additional steps can help signal to the platforms that you want to see more from us.

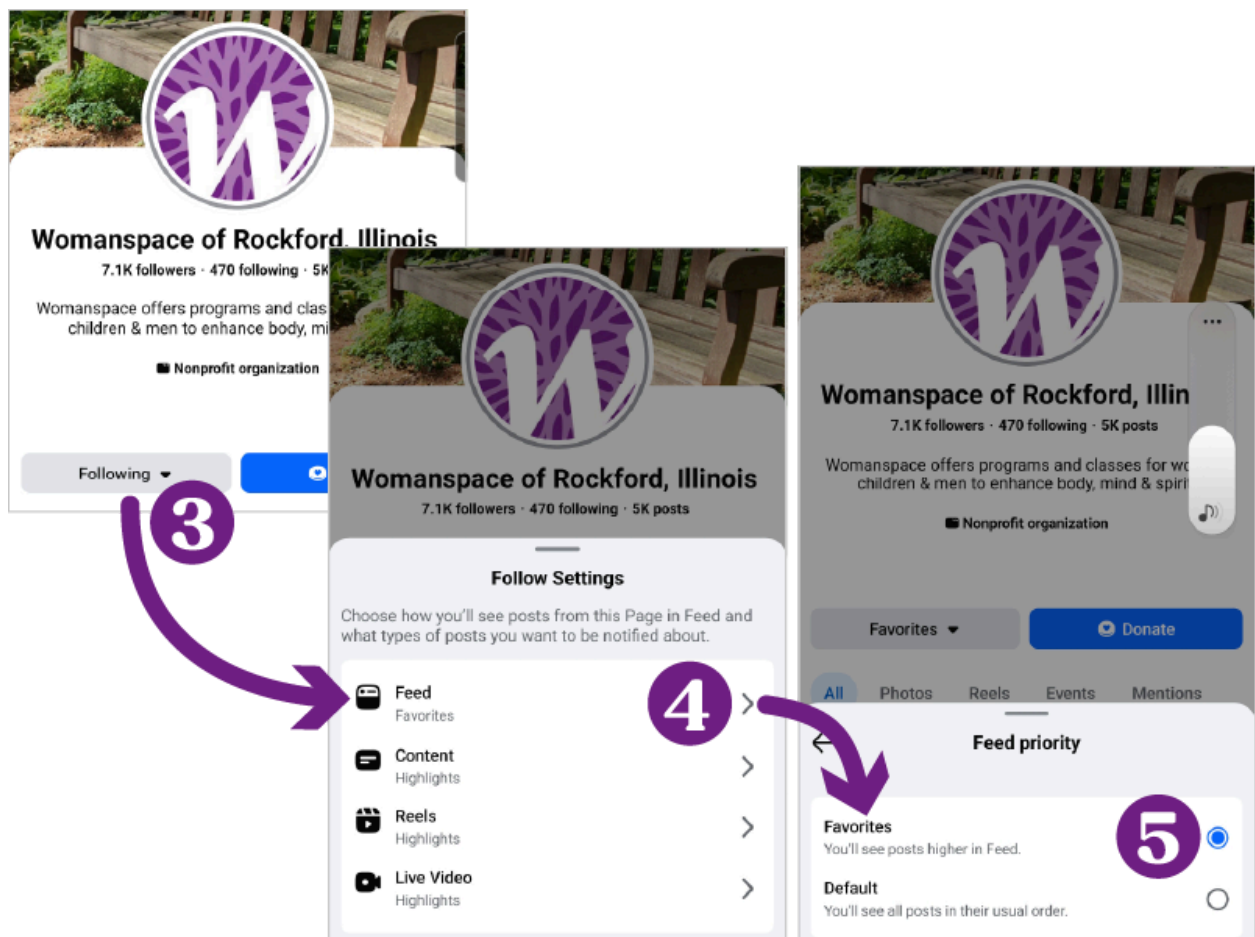
Facebook

First, make sure you're following the Womanspace Facebook page.

Then you can add Womanspace to your Favorites. Facebook gives posts from people and organizations in your Favorites higher priority in your feed.

Steps (See Image Below)

1. Visit the Womanspace Facebook page.
2. Make sure you are following the page (click the Follow button if you're not).
3. Click the down arrow on the **Following** button.
4. Click the **Feed** arrow.
5. Select **Favorites**.



Important!

It is also important to interact with Womanspace posts when you see them. Liking or reacting to a post, leaving a comment, sharing it, or clicking to read more helps Facebook understand that Womanspace content interests you. That makes it more likely that our posts will display in your feed.

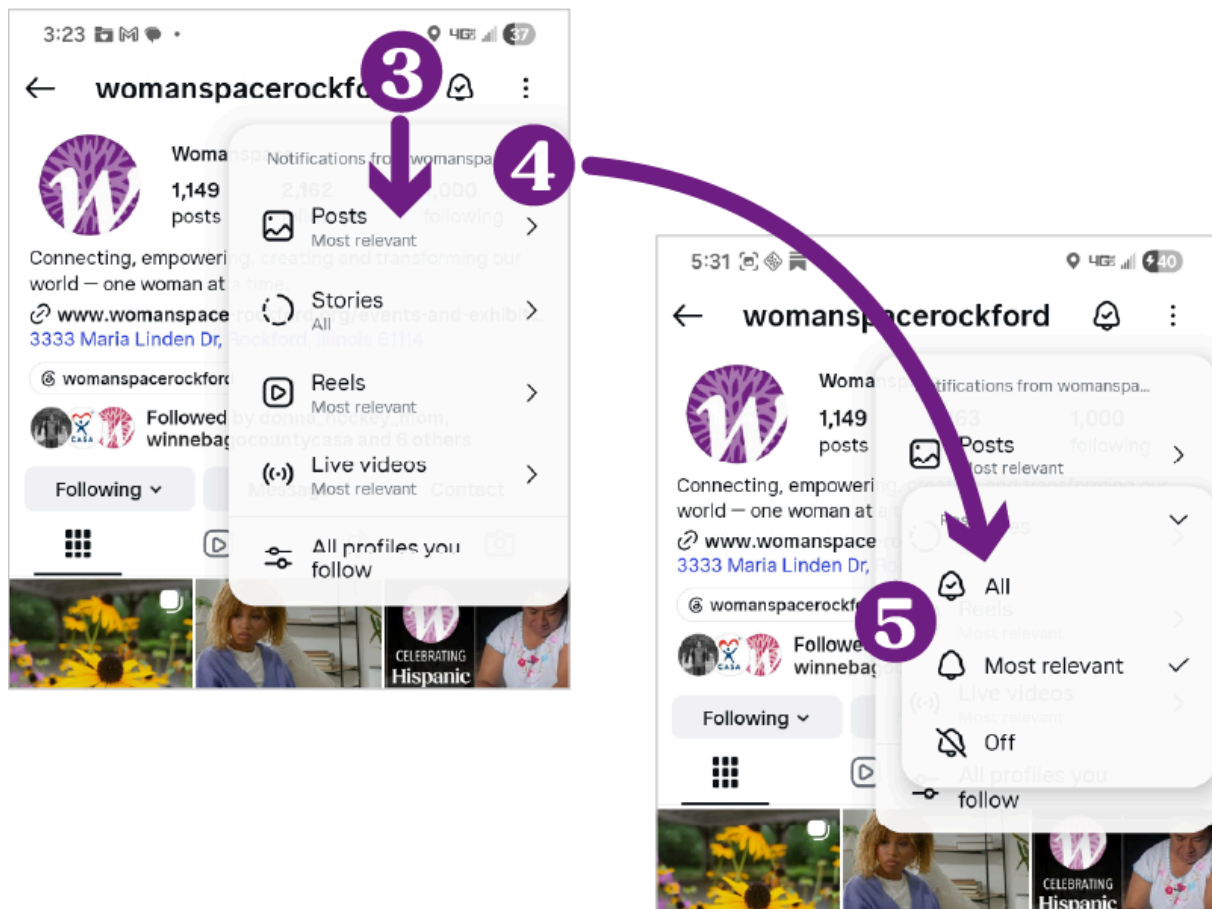
Instagram

First, make sure you're following the Womanspace Instagram account.

Then, turn on notifications so Instagram can alert you when Womanspace shares new content.

Steps (See Image Below)

1. Visit the Womanspace Instagram profile.
2. Make sure you are following the account (click the Follow button if you're not).
3. Tap the **Notifications** bell at the top of the profile.
4. Click the type of Womanspace content you'd like Instagram to notify you about, such as posts, stories, or reels.
5. Click **All** or **Most relevant**.
6. Repeat steps 4 and 5 for each type of content for which you want to receive notifications.



As on Facebook, interacting with Womanspace posts helps Instagram learn that you're interested in our content.

An Important Note

These steps can help, but there's no way to guarantee that Facebook or Instagram will put every Womanspace post in your regular feed. That's why we recommend signing up for our weekly newsletter, too!