



Welcome to Holy Name of Jesus Parish

14th Sunday
in
Ordinary
Time

July 4-5,
2026

The Gentle Mastery of Christ

“Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light.” Matthew 11:28-30



1950 Barnum Ave. Stratford CT 06614
203.375.5815 Parishoffice@hnojchurch.org www.hnojchurch.org



Rev. James DiVasto, Pastor
Rev. Churchill Penn, In Residence
Deacon Joseph Huong
Parish Trustees: Carol Bogue and Paul Kravitz

Parish Secretary: Maryjean daSilva
Finance Board Chair: Chris Silhavey
Music Director and Organist: Bob Cloutier

MASSES

Saturday Vigil: 4:00pm
Sunday: 7:30 and 10 am
Weekday: Tues, Thurs: 7:30 am Mass in the
Sts. Cyril & Methodius Chapel (former convent)

Wednesdays – in Church
4:00 pm Exposition of the Blessed Sacrament with
Adoration
4:30pm Reconciliation
5:30 pm Mass

SACRAMENTS

BAPTISM
Families are asked to contact the office before the
arrival of your new child for instructions and
registration.

RECONCILIATION
Wednesdays 4:30pm in Church
Saturdays 2:30-3:30pm (Or by appointment)

MARRIAGE

We celebrate Christian love and family with the
Sacrament of Matrimony. Couples should contact
the office one year in advance.

ANointing of the Sick

Anyone who is ill and in need of prayers, comfort
and/or strength should call the office to arrange to
receive this beautiful Sacrament.

HOSPITALIZATION

If you or a loved one is hospitalized or homebound,
please notify us to receive care. We are not notified
due to HIPAA law.

NEW PARISHIONERS

Welcome! Please call, visit the office or register
online at www.hnojchurch.org

BULLETIN SUBMISSIONS

Please submit to: parishoffice@hnojchurch.org
Bulletin deadline is Friday at 4:00pm

This Sunday's Readings

First Reading: Zechariah 9:9-10
 Responsorial Psalm: Psalm 145
 Second Reading: Romans 8:9, 11-13
 Gospel: Matthew 11:25-30



The LORD is faithful in all his words
 and holy in all his works.
 The LORD lifts up all who are falling
 and raises up all who are bowed down.
 Psalm 145:14

Liturgical Services This Week

Mon 07/06	Tues 07/07	Wednesday 07/08	Thursday 07/09	Friday 07/10	Saturday 07/11	Sunday 07/12
Parish Office Closed	7:30am Mass +Stefan and Leona Leszczynski r/b Anna Leszczynski and family Mass celebrated in Sts. Cyril & Methodius Chapel	4:00pm Exposition of the Blessed Sacrament with Eucharistic Adoration and Reconciliation 5:30pm Mass of the Day +Cheryl Pesche r/b Nicholas Piciw Services celebrated in Church	7:30am Mass For the dead and suffering from natural disasters Mass celebrated in Sts. Cyril & Methodius Chapel	Chapel open for private prayer 9:00am- 2:00pm	2:30-3:30pm Reconciliation 4:00pm Mass +Anna Marticek r/b Nicholas Piciw And +Alberto Parravano r/b Kay Thomas	7:30am Mass +Nelly Ortiz r/b Nancy Ortiz and family 10:00am Mass +Eileen Wilson r/b Larry and MaryAnn Wells And the Deceased of the Parish

MASS INTENTIONS

THIS WEEK'S CANDLE INTENTIONS



4:00pm +Bob and Bobby Hudak
 And the Deceased of the parish
7:30am +Betso Family
10:00am + Gertrude Zalik
 And Patricia Perry



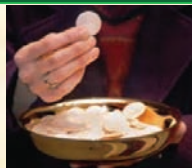
Please remember in prayer, All who are ill.. All
 Healthcare Workers.. All Military Personnel and First
 Responders...All who suffer from violence and
 Injustice...All who are near death.. All who have no
 one to pray for them.. All names and intentions listed in the prayer book
 at Our Lady of Perpetual Shrine....And for all who have died.



*Lord, you are our
 refuge in times of
 trouble. Help us to trust in
 you when life feels heavy.
 Teach us to rely on your
 strength instead of our own.
 Give us peace when we are
 weary. May we always turn
 to you and find rest in your
 loving care. Amen.*



Liturgical ministry is an
 excellent opportunity to
 fulfill your baptismal call of
 service to one another.
 For more information on
 serving as a Reader or
 Extraordinary Minister of Holy Communion
 (EMHC) talk to Fr. Jim or visit [formationreimagined.org/
 liturgical-formation/](http://formationreimagined.org/liturgical-formation/) or call the office. Your participation
 brings life to our celebrations!



Sanctuary Tabernacle Candle

Health & Blessings for Sandy Chatlos

Chapel Tabernacle Candle

*In Loving Memory of Stefan and Leona
 Leszczynski*

Sacred Heart of Jesus Candle

*Blessings for our country "one nation,
 under God, indivisible, with liberty and
 justice for all."*

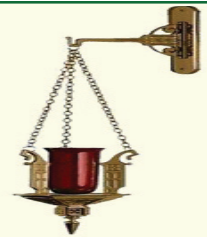
Our Lady of Perpetual Help Candle

In Loving Memory of John Kwochka III

St Joseph Shrine Candle

For all traveling this summer

St Michael Candle *For the intentions of the Members of
 Council 2370 Knights of Columbus*



PRAYER FOR INDEPENDENCE DAY



God, source of all freedom, this day
 is bright with the memory of those
 that declared that life and liberty are
 your gift to every human being. Help
 us to continue a good work begun
 long ago. Make our vision clear and
 our will strong; that only in human
 solidarity will we find liberty, and
 justice only in the honor that belongs
 to every life on earth. Turn our
 hearts towards the family of nations:
 to understand the ways of others, to
 offer friendship, and to find safety in the common good for
 all. We ask this through Christ our Lord, Amen.



If you or a loved one are hospitalized or
 homebound and would like a visit to re-
 ceive Communion or an anointing, please
 call the parish office 203.375.5815

*We acknowledge and thank young-catholics.com
 for the use of their artwork & prayers/reflections*



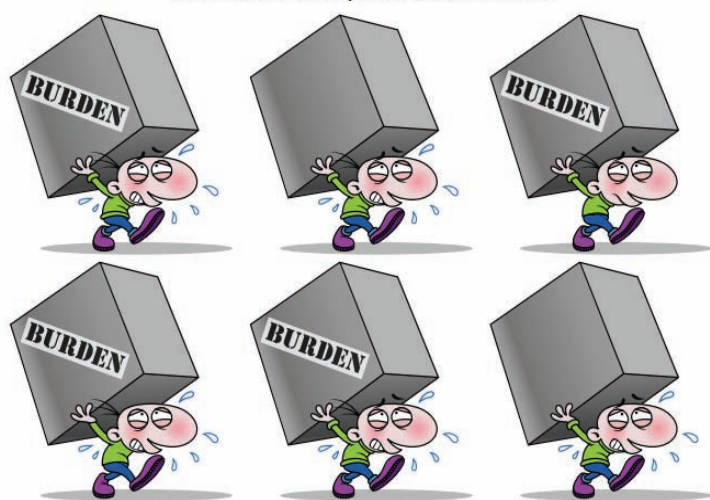
When we hear the term, yoke, we tend to think about the yoke that is used to harness oxen together or the yoke that someone might carry on their shoulder to balance a heavy load. This yoke across the shoulder was adopted into tailoring and so the shoulder piece set into a shirt is also called a yoke. However, in the Jewish tradition there is a completely different meaning to the term. The yoke of a rabbi was his particular interpretation of Torah (the law); his particular teaching. Disciples who followed a particular rabbi sought to take on his yoke; his particular interpretation. The yoke of any rabbi was best identified by asking him, 'Which is

the greatest commandment?" A rabbi's answer to this question revealed his interpretation of Tora. When Jesus is asked that question, he answers, "Love God and love your neighbor," and goes on to say that all of the rest of the Law and the prophets flows on from these two commandments. This is the yoke—the interpretation of Torah—that Jesus taught. Jesus invites us to shoulder his yoke and learn from him for he is gentle and humble in heart. The yoke he invites us to shoulder is the deceptively simple teaching; love God and love your neighbor. To love God is to consciously make a place in our lives for God. The busy spin that tends to be characteristic of so many people's lives today does not allow room for God; does not allow room for prayer and quiet; does not allow room for compassionate response to others.

To love God and love our neighbor we must first make room for them.

Greg Sunter Liturgyhelp.com

Which two of these pictures are the same?



If you are burdened, I will give you rest
Father..heavy..learn..light..one..ordinary..
rest..shoulders..Son..tired..wise..yoke

E K O Y Z S J Y S Y M E K N B U R
V F P E Q T Y R V Y R L P I G G H
L Z Z R W A B K Z A W L R L N C I
Z I S F E T J H F U E W A S I Y G
K U D N S H D S R W B H J O J R V
W M G E L G T R C W R F I N S J F
S G R D N C E A K Y W N Z O N E V
S R W K L A F J F R C S P R X T R
R Q E G O K U S R N T O T Y V F I
X Z B D T G T J M O R E X C C W H
B X T I L S V A E D L I G H T I C
U R R V E U L S I R N K R A K S J
J E G H K G O N G N R A E L F E K
D E B T B J A H A R V L B Y E D S
K O Z A P R K R S X U O T B R D A
P O F A Y T E Z V Q V V Q U H N Y
G J C N J O H J K Y U Y R A L Y M

The Diocesan Formation Reimagined site offers dozens of resources for Catholics of all ages. Visit, thedigitalpantry.org which includes **Catholic Chat**—use AI to ask any questions you may have about the Catholic Faith. Resources for Parents- **First Witness**—weekly guidance and suggestions, **Preparing your child for First**

Catholic Chat



Communion- Managing the Middle, navigating the teen years with weekly tips -**Start with Sunday**, preparing for the upcoming Mass - **Family Movie Night -The Face of Prayer -Let Me Be Frank** episodes - **Caring for Creation - The Catholic Grandparents association** and more. Coming September 18, **Bishop Frank Teaches the Faith** with 3 minute animated videos teaching a different topic about our faith.



JULY BACK-TO-SCHOOL DRIVE TO BENEFIT STERLING HOUSE During the month of July we will have boxes at the back of church for dona-

tions. Items most needed include: Pencils, Pens, Rulers, Folders, Loose Leaf Paper, Bookbags, Glue sticks, Binders, Notebooks, Pencil Boxes,

Highlighters, Markers, Scissors, Calculators, Crayons, Dry Erase Markers



Thank you for your generosity!

Parish Financial Support

Due to an early bulletin deadline our Parish Financial Support will be updated next weekend.

Thank you! Your generosity is a blessing.



ONLINE GIVING - Make an Impact! - Support our Ministries!" SIGN UP TODAY ON OUR PARISH WEBSITE
WWW.HNOJCHURCH.ORG
AND CLICK ON "GIVE"



Upcoming Events...Mark Your Calendar!

Wednesdays 4:00pm Adoration of the Blessed Sacrament
4:30-5:00pm Reconciliation
5:30pm Mass



July 4-5 Parish Nurses

July 13, 27 CT FoodShare—HNOJ parking lot 9:15-10:15am

July 18-19 Coffee And...

July 25-26 Monthly Food Collection

The Order of
St. Augustine
Vicariate of
Tanzania



One Mind,
One Heart,
on the way
to God

MISSION

Regular July offertory envelopes also include
Monthly Outreach, Monthly
Repairs & Improvements,
Co-op Sunday, Air
Conditioning and HNOJ Annual
Collection for Parish
Campus repairs



Our 2026/2027 HNOJ Parish Annual Collection

envelope will be included in the July envelope mailing. Our goal is to raise \$17,500 to help repair several areas of the church grounds including the handicap ramp to the Church, sidewalks, staircases and railings at the church, hall and parish office. We want all our parishioners to feel safe and comfortable when entering and leaving the grounds. Your generosity will help ensure that our parish grounds remain safe, welcoming, and accessible for all.



PARISH FALL TAG SALE—We are now accepting donations of jewelry. You may bring your donations to Church or drop them off at the parish office—Tuesday-Friday. Thank you!



Most Reverend Frank J. Caggiano will celebrate the Annual Diocesan Wedding Jubilee Mass on Saturday, October 3, 2026 at 11:00am at the Cathedral of Saint Augustine in Bridgeport. Couples celebrating their 25th, 40th, 45th, 50th and more years of marriage are eligible to attend. All couples

who are recognized at the Mass will receive a commemorative certificate in recognition of this important milestone in their married life in addition to pictures with the Bishop. Sharon Colihan is coordinating the registration process for the Mass and is available to answer whatever questions you may have. She can be reached at Sharoncolihan@diobpt.org or 203.416.1454 and she will provide instructions on how to register.



KNIGHTS OF COLUMBUS Interested in joining the Knights of Columbus? Please let me know.

Larry Wells Deputy Grand Knight 203-395-7073
Lawman1156@gmail.com



BIBLE STUDY WITH FR. JIM

Saturday, July 11 at 10:00am
Lesson 5, pages 87-103



MEN'S REFLECTION GROUP -

Upcoming Date: Saturday July 18.

Guys are invited to gather at 7:45am in the Parish Community Room—Reflections on the Readings at 8:00- 9:00am.



Mobile Food Pantry CT Foodshare distributes a variety of free & nutritious food to families every other Monday in our parish parking lot. **July 13, 27 9:15 10:15am** Bring your own bags.



St. Mary Recycle Mission will be in our area mid July. They accept items of Religious nature such as:- Holy Cards, Framed Religious Pictures, Used Musical Instruments, Prayer book, Crucifixes, Holy Medals, Statues, Rosaries (damaged ok **Please hold any donations you may have until the second week of July.**



Martha's Ministry Invitation Would you be willing to give an hour or two each month to help keep our church looking beautiful? If so, please consider joining our Martha's Ministry team of dedicated volunteers who serve once a month, helping to dust and sweep the main body of the church, as well as the sanctuary, sacristy, and vestibule areas. Your time and care would be a wonderful gift to our parish community! If you are interested in helping, please contact the parish office at 203-375-5815



EVERY GIFT AT WORK.



2026 Annual Bishop's Appeal -

We have raised 104 gifts worth \$34,715.03 from 89 donors bringing our parish to 92.6% of our \$37,500.00 goal.

Thank you to all who have made their pledge or donation to the

Annual Bishop's Appeal 2026.

In-Pew gift total will be updated next weekend

Fr. Jim's Column—Just One More Thing!

Dear Parish Family, blessed and happy Independence Day! How blessed we are to be able to celebrate the 250th anniversary (our semiquincentennial) of the founding of our nation.

Like many of you, I remember fifty years ago in 1976 when we celebrated our nation's bicentennial. I was just graduating high school and Jimmy Carter was president. On July 4, 1976, Operation Sail happened. A majestic fleet of 225 international sailing vessels (including 16 tall ships) from 30 nations gathered in New York Harbor. And beginning its journey in April 1975, the American Freedom Train, a massive steam locomotive, hauled historic U.S. artifacts—including George Washington's copy of the Constitution and the original Louisiana Purchase treaty—on a 21-month, 25,388-mile tour across the contiguous 48 states.



Now as we begin celebrating our 250th, there's plenty to see and enjoy like **Mobile History Lessons**. Six state-of-the-art "Freedom Trucks" are traveling across the 48 contiguous states to bring mobile museums and exhibits directly to many communities. There are large-scale celebrations happening in Washington, D.C., **National Mall Events**, which include the return of the Great American State Fair, 360° projection mapping on the Washington Monument, and the Freedom 250 Grand Prix.

Of course, Connecticut is hosting many 250th events across the state. Check out the official [CTvisit America's 250th Guide](#). And here in Stratford there are events galore!

Stratford Celebrates America at 250 (July 2, 9:30 AM): A special celebration featuring music and iconic speeches held at the **Stratford Town Hall Green**.

Stratford Fireworks Display (July 2, 9:00 PM): The town's major 250th-anniversary fireworks celebration will take place at **Short Beach** (Rain date: July 6).

Stratford Celebrates America with Art (July 3): A patriotic art exhibit and celebration hosted at **Stratford Town Hall**.

Historical District Walking Tour (July 21): A guided tour exploring the town's roots, departing from the **Baldwin Senior Center**.

Revolutionary Bus Tours (Select Dates): Guided, 90-minute bus tours retracing General Lafayette's 1824 reunion tour of Stratford, highlighting Revolutionary-era homes and history departing from the **Baldwin Center**.

For a full directory of local history projects, interactive maps, or to share your own family stories, check out the official [America250-Stratford Page](#). To guarantee your spot on the guided historical bus tours, you can check availability on the [Town of Stratford Bus Tour Registration](#).

God bless us all + And God Bless America! +



July Saints Quiz

- On July 14, the church honors this Mohawk woman who is the first Native American to be canonized as a saint. Who is she?
A. St Rose of Lima B. St Kateri Tekakwitha
B. C. St Josephine Bakhita D. St Maria Goretti
- July 16 marks the Feast of Our Lady of Mount Carmel. According to tradition, what specific sacramental did the Virgin Mary present to St. Simon Stock for spiritual protection?
A. The Miraculous Medal B. The Rosary
B. C. The Brown Scapular D. The Crucifix
- Which Apostle has his major feast day on July 25, traditionally celebrated with a famous pilgrimage in Spain?
A. St Peter B. St John C. St James D. St Andrew
- July 31 is the feast day of the founder of the Society of Jesus (the Jesuits). Before surrendering his life to Christ, what was his original profession?
A. doctor B. farmer C. military soldier D. fisherman

1. B. St Kateri Tekakwitha 2. C. The Brown Scapular
3. C. St James 4. C. Military soldier

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To Pray For



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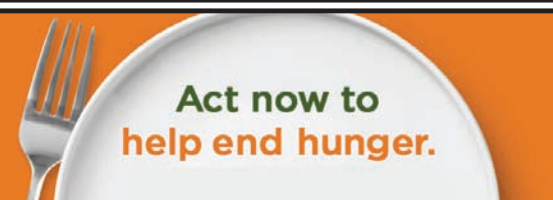
Jay Callahan

p: 203-375-1383 c: 203-556-4818

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jcallahan@burnsconstruction.com

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For more information, email sue@bonventure.net

You sure I'm in the
right car seat?



NHTSA.gov/TheRightSeat

NHTSA



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