WELL-CHILD VISIT GUIDE

Small Screenings. Big Picture.

Why we ask, what we check, and how it supports your child.

ABOUT INSURANCE

- Screenings and assessments will be billed separately from the well-child care examination.
- Insurance coverage and benefits vary by plan and may change from year to year. Services covered this year may not be covered next year, and services not covered this year may be covered in the future.

WHEN ADDITIONAL CHARGES MAY APPLY

- If your child comes in for a well check-up and you also share a new concern (an ear that's been hurting, a rash, a medication issue, etc.), addressing it may add an acute visit charge to the appointment. Insurance is then billed for two separate services on the same day, which often results in a copay or deductible charge. **This is an insurance billing rule, not a Lincoln Pediatric Group policy.** We would rather care for your child today than make you come back.

Screening helps identify concerns early, even those not obvious at home or during an exam. Screenings do not diagnose conditions but help determine if follow-up or further evaluation may be needed.

HEARING

Ages 3 to 21 | CPT 92551

WHY IT MATTERS Hearing affects speech, communication, learning, and social development. Changes can be gradual and easy to miss.

VISION

Ages 3 to 21 | CPT 99173 Ages 2 to 3 | CPT 99177

WHY IT MATTERS Clear vision supports reading, classroom participation, coordination, and confidence. Children may not know that their vision is blurry.

DEPRESSION

Ages 11 to 21 | PHQ-9 | CPT 96127

WHY IT MATTERS Depression may show up as irritability, low energy, sleep changes, loss of interest, or difficulty functioning. Routine questions can identify concerns earlier.

ANXIETY

Ages 12 to 21 | GAD-7 | CPT 96127

WHY IT MATTERS Anxiety can affect sleep, school, relationships, activities, and physical symptoms. Young people may not volunteer these concerns unless asked.

SUICIDE RISK

Ages 12 to 21 | ASQ | CPT 96127

WHY IT MATTERS Direct, routine questions help identify young people who may need timely support. The Ask Suicide-Screening Questions (ASQ) is brief and designed for medical settings.

WELL-CHILD CARE

At every well-child visit | CPT 99391-99395

WHY IT MATTERS Physical, developmental, behavioral, emotional, family, and social factors all influence health. Looking at the whole picture supports better decisions and early disease detection.

Questions about coverage or charges? Ask to speak with the Lincoln Pediatric Group Billing Team before completing the forms.

Patient education sources: American Academy of Pediatrics Bright Futures; CDC hearing and vision resources; NIMH ASQ Toolkit; U.S. Preventive Services Task Force.

Well visits have one job: keeping your child healthy

We want to give every concern the time and attention it deserves, and that means scheduling the right visit for the right reason.

GREAT FOR WELL VISITS

- Growth & development check
- Vaccines & immunizations
- Routine screenings
- Nutrition & sleep questions
- School or sports forms
- "Is this normal?" questions

DESERVES ITS OWN VISIT

- Ongoing or recurring symptoms
- Behavioral or mood concerns
- Learning or attention issues
- Skin, stomach, or pain issues
- Problems from a past visit
- Anything that's been worrying you

When something is on your mind, don't wait for the well visit. A quick call, message, or sick visit means we can dig in, follow up, and actually solve it, not just acknowledge it at the end of an appointment.

Our goal is to give your child our full attention, every time.

We're always happy to schedule a dedicated visit for any concern, big or small.