



Behavioral Clinics

Facility	Address	Phone Number	Fax Number	Website	Psychology (Counseling)	Psychiatry (Medication Management)	Insurance Accepted
Behavioral Pediatric and Family Therapy Program	1520 S 70th St #200, Lincoln, NE 68516	402-483-1936	402-483-7314	https://www.bplincoln.com	X		Yes MDD
Midwest Behavioral Health, LLC	1530 S 70 th St., Suite 200 Lincoln, NE 68506	402-327-0073	402-327-0204	https://www.mwbehavioral.com/	X	X	
Encompass Care	5539 S, 27 th St., Suite 101 Lincoln, NE 68512	402-261-6212	402-817-4949	https://encompass101.com	X	X	Yes MDD
Alivation Health	8550 Cuthills Circle Lincoln, NE 68526	402-476-6060	402-476-6809	https://alivation.com	X	X	Yes MDD-
Behaven Kids	*1145 High St. Lincoln, NE 68502 *2320 S 48 th St. Lincoln, NE 68506	*402-423-6464 *402-218-4667	402-423-6465	https://behavenkids.com	X		
Blue Valley Behavioral Health	3901 Normal Blvd. Suite 201 Lincoln, NE 68506	402-261-4017	402-261-4137	https://bvbh.net	X	X	Yes MDD
Bryan Psychiatry	Bryan West Campus- Professional Office Building 2221 S 17 th St., Suite 310 Lincoln, NE 68502	402-483-8555	402-483-8554	https://www.bryanhealth.com/locations/physician-offices/profile/bryan-psychiatry		X	No CHI
Bryan Counseling Center	Bryan West Campus- Professional Office Building 2221 S 17 th St., Suite 201 Lincoln, NE 68502	402-481-5991		https://www.bryanhealth.com/services/counseling-mental-health/counseling-center	X		No CHI
Cheney Psychiatric Associates	3701 Union Dr, Ste 100 Lincoln, NE 68516	402-875-9270	402-875-9272	https://www.cheneypsych.com	X	X	Yes MDD
HopeSpoke (formerly Child Guidance Center)	2444 O Street Lincoln, NE 68510	402-475-7666	402-476-9623	https://hopespoke.org	X	X	Yes MDD
Jennifer Perry, PH.D. Licensed Psychologist	7111 A Street, Suite 104 Lincoln, NE 68510	402-477-0507	402-477-0820	https://www.jenniferperryphd.com	X		
Pine Lake Behavioral Health & Medical	9100 Andermatt Dr., Suite 1 Lincoln, NE 68526	402-434-2730	402-434-3970	https://pinelakebh.com	X	X	Yes MDD (only UHC Plan)

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Lincoln Psychiatric Group							
Lincoln Wellness Group	*8101 E O St., Suite 300 Lincoln, NE 68510 *1919 S 40 th St., Suite 206 Lincoln, NE 68506	402-261-3714	888-959-0716	https://www.lincolnwellnessgroup.com	X		
Prairie Psychiatric LLC	8101 O St, Suite 300 (inside Lincoln Wellness Group)	402-413-5448	402-858-2121	https://www.prairiepsych.com/		X	No Blueprint BCBS-Yes MDD TotalCare
Vest Psychiatric Services, LLC	4001 S 8 th Street, Suite 101 Lincoln, NE 68502	402-817-0897	402-817-0901	https://www.vestpsychiatricservices.com/index.html		X	
Williamsburg Behavioral Psychology	8525 Executive Woods Dr. Suite 100 Lincoln, NE 68512	402-489-2218	402-489-3666	https://wbplincn.org/	X		
Kelly Brey Love, PhD	7121 A Street, Suite 102	402-488-6100	402-488-6210	https://kellybreylovephd.com/	X		
Monarch Counseling	620 N 48 th Street, Suite 202 Lincoln, NE 68504	402-489-6196	402-904-4896	https://monarchcounseling-lincoln.com/	X		
Daring Minds	5550 S. 59 th Ste 11 Lincoln, NE 68516	531-289-1005	531-289-1002	https://daringmindstherapy.info/	X		
Wellspring Behavioral Health	*1600 South 70 th St., Suite #200 Lincoln, NE 68506 *610 J St, Suite 110 Lincoln, NE 68508	402-937-8323	402-937-8324	https://www.wellspringbh.com/index.html	X	X	Yes MDD
Nebraska Peace of Mind Behavioral Health	6301 Orchard St, Lincoln, NE 68505	402-520-6616	402-520-6610	https://nebraskapeaceofmind.com/		X	UHC MDD Only
Heather Jackson	5561 S 48 th St #215H Lincoln Ne 68516	402-975-2318	402-625-0312	https://www.hjacksonlimhp.com/	X		Yes MDD
BeSpoke Psychiatric	153 S 70 th St Lincoln NE	531-242-6965	531-242-5285	https://www.bespokepsychiatric.com/		X	Yes MDD
South Lincoln Psychiatry-18+	2001 Pine Lake Rd Ste 300 Lincoln NE	402-447-7221	402-447-7222	https://www.southlincolnpsychiatry.com/		X	No MDD
Lincoln Psychiatric Group	4444 S 86 th St Ste 102, Lincoln NE	402-476-7557	402-476-9912	https://www.lincolnpsychiatricgroup.com/	X	X	

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Kindred Psychology	8001 S. 15th St. Ste C Lincoln, NE	402-483-7900	402-483-7971	https://kindredpsych.com/	X		
Lifespan Psychology Associates	1617 Normandy Court Ste 100 Lincoln NE	402-420-1617	402-420-1619	https://lifespanpsych.com/	X		
Genesis Psychiatric Group	2130 South 17th Street, Suite 100, Lincoln, NE	402-454-7454	888-490-1927	https://genesispsychiatricgroup.com/	X	X	Yes MDD
Plaza West Psychiatry- 1 provider sees Pediatrics-	2222 S. 16th St., Tower A, Suite 410 Lincoln, NE	402-483-8340	402-474-1611	https://www.bryanhealth.com/locations/profile/plaza-west-psychiatry/		X	Yes MDD
Nebraska Family Behavioral Health	8101 O Street, Suite 112 Lincoln, NE	402-765-4635	402-207-6056	https://www.nebraskafbh.com/	X	X	
Immaculate Heart Counseling	8055 O Street, Suite 301, Lincoln, NE.	402-489-1834	402-489-2046	https://www.immaculateheartcounseling.org/	X		
A1 Family Psychiatry		402-817-5813	308-318-2953	https://www.a1familypsychiatry.com/	X	X(mostly)	No MDD/UHC BCBS has to be PPO

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