

GILMOUR PSYCHOLOGICAL SERVICES DOCTORAL PSYCHOLOGY INTERNSHIP PROGRAM

DIDACTIC AND CASE CONFERENCE CALENDAR 2026-2027

421 Gilmour Street, Ottawa, ON K2P 0R5
Tel: (613) 230-4709 | Email: gps@ottawa-psychologists.com

Training Director: Dr. Deanna Drahovzal, C.Psych.
Program Duration: September 2, 2026 - August 31, 2027

CORE SEMINAR SERIES

Weekly Meetings – Didactic Training Seminars and Case Conferences at GPS Headquarters: Tuesdays 10:00 AM - 11:30 AM (1.5 hours)

City-Wide Seminars – Biweekly/Monthly: typically on Fridays, mornings or afternoons (3.0 hours per month, schedule/topics TBD)

In-House Talks/Workshops - Monthly: typically on Fridays, mid-day (2.0 hours per month, schedule/topics TBD)

Off-Site Talks/Workshops - schedule/topics TBD (average 2.0 hours per month)

COMBINED DIDACTIC AND CASE CONFERENCE SCHEDULE

FALL SEMESTER (SEPTEMBER - DECEMBER 2026)

Date	Type	Topic/Activity	Presenter/Facilitator
September 3	ORIENTATION	Program Overview, Policies & Procedures	Dr. Deanna Drahovzal, C.Psych.
September 10	SEMINAR	Ethics and Professional Standards: Canadian Code of Ethics	Dr. Vanessa Scarapicchia, C.Psych.
September 17	SEMINAR	Working with LGBTQ+ and Diversity: Humility & Self-Awareness	Dr. Emma Dargie, C.Psych.
September 24	SEMINAR	Family Systems Theory and Structural Family Therapy	Dr. Victoria Edwards, C.Psych.
October 1	SEMINAR	Assessment Foundations: Methods and Cultural Considerations	Dr. Delyana Miller, C.Psych.
October 8	SEMINAR	Advanced Case Conceptualization	Dr. Vanessa Scarapicchia, C.Psych.
October 15	BREAK	Week of Canadian Thanksgiving	
October 22	SEMINAR	Self-Harm and Suicidal Risk Assessment/Crisis Intervention	Dr. Deanna Drahovzal, C.Psych.
October 29	SEMINAR	Cognitive-Behavioral Approaches: CBT Theory and Foundations	Dr. Emma Murray, C.Psych.
November 5	SEMINAR	Couples Therapy and Emotion-Focused Therapy	Dr. Emma Dargie, C.Psych.
November 12	SEMINAR	Psychodynamic Principals: Integrative Treatment Approaches	Dr. Delyana Miller, C.Psych.
November 19	SEMINAR	Trauma-Informed Care: Trauma and Neurobiological Impacts	Dr. Vanessa Scarapicchia, C.Psych.
November 26	SEMINAR	Motivational Interviewing and Stages of Change	Dr. Deanna Drahovzal, C.Psych.
December 3	GPS EVENT	GPS Holiday Luncheon at the Royal Ottawa Golf Club	
December 10	SEMINAR	Cultural Considerations, Client Feedback and Progress Monitoring	Dr. Emma Murray, C.Psych.

Date	Type	Topic/Activity	Presenter/Facilitator
December 17	BREAK	Close to Holidays	

WINTER SEMESTER (JANUARY - APRIL 2027)

Date	Type	Topic/Activity	Presenter/Facilitator
January 7	BREAK	Close to Holidays	
January 14	SEMINAR	Professional Advocacy: Navigating Your Voice	Dr. Vanessa Scarapicchia, C.Psych.
January 21	SEMINAR	Sexual Health: Addressing Sensitive Topics with Clients	Dr. Emma Dargie, C.Psych.
January 28	SEMINAR	Treating Sleep Disorders and Problems with Sleep	Dr. Emma Murray, C.Psych.
February 4	SEMINAR	Working with Seniors and Senior-Related Issues	Dr. Delyana Miller, C.Psych.
February 11	BREAK	Week of Family Day	
February 18	SEMINAR	Ethical Use of an AI-report Writing Tool in Assessment	Dr. Deanna Drahovzal, C.Psych.
February 25	SEMINAR	Navigating the Relationship: Dual-Roles, Disclosures and Boundaries Collaborative Case Consultation	Dr. Emma Murray, C.Psych.
March 4	SEMINAR	Enhancing Sexual Desire	Dr. Emma Dargie, C.Psych.
March 11	SEMINAR	Private Practice Business Structures	Dr. Deanna Drahovzal, C.Psych.
March 18	BREAK	Spring Break Week	
March 25	SEMINAR	Effort and Validity Testing	Dr. Delyana Miller, C.Psych.
April 1	SEMINAR	Transitions: Managing Leaves and Termination	Dr. Emma Murray, C.Psych.
April 8	SEMINAR	Treating Addictions	Dr. Delyana Miller, C.Psych.
April 15	SEMINAR	Enhancing the Therapeutic Alliance	Dr. Emma Dargie, C.Psych.
April 22	SEMINAR	Effects of Cannabis in Assessment	Dr. Vanessa Scarapicchia, C.Psych.
April 29	SEMINAR	Teaching and Course Development Skills	Dr. Delyana Miller, C.Psych.

SPRING/SUMMER SEMESTER (MAY - AUGUST 2027)

Date	Type	Topic/Activity	Presenter/Facilitator
May 6	SEMINAR	Neuropsychological Assessment and the Secondary effects of Depression	Dr. Emma Murray, C.Psych.
May 13	SEMINAR	Program Evaluation	Dr. Vanessa Scarapicchia, C.Psych.
May 20	SEMINAR	Helping clients with performance-anxiety and time management	Dr. Deanna Drahovzal, C.Psych.
May 27	SEMINAR	Exposure Work with Specific Phobias using VR	Dr. Deanna Drahovzal, C.Psych.
June 3	BREAK	Week of CPA conference	
June 10	SEMINAR	Clinical Supervision Models of Training	Dr. Emma Dargie, C.Psych.
June 17	SEMINAR	Professional Development and Career Planning	Dr. Deanna Drahovzal, C.Psych.
June 24	CASE CONFERENCE	Collaborative Case Consultation	Dr. Delyana Miller, C.Psych.
July 8	CASE CONFERENCE	Collaborative Case Consultation	Dr. Victoria Edwards, C.Psych.
July 15	CASE CONFERENCE	Collaborative Case Consultation	Dr. Emma Dargie, C.Psych.
July 22	CASE CONFERENCE	Collaborative Case Consultation	Dr. Emma Murray, C.Psych.
July 29	CASE CONFERENCE	Collaborative Case Consultation	Dr. Deanna Drahovzal, C.Psych.
August 5	BREAK	Week of August Long Weekend	
August 12	CASE CONFERENCE	Collaborative Case Consultation	Dr. Vanessa Scarapicchia, C.Psych.
August 19	LAST MEETING	Program Completion, Outboarding, Evaluation	Dr. Deanna Drahovzal, C.Psych.

REQUIRED APPIC DIDACTIC TOPICS COVERED*

- ✓ **Ethics and Professional Standards** (e.g., September 10, February 18)
- ✓ **Individual and Cultural Diversity** (e.g., September 17, October 1, December 10, February 4)

- ✓ **Professional Values, Attitudes, and Behaviors** (e.g., January 14, February 25, April 15, June 17)
- ✓ **Communication and Interpersonal Skills** (e.g., February 25, April 1 and 15)
- ✓ **Assessment** (e.g., October 1, 8, and 22, February 18, March 25, April 22, May 6)
- ✓ **Intervention** (e.g., September 24, October 29, November 5, 12, 19, and 26, January 21 and 28, March 4, April 8, May 27)
- ✓ **Supervision** (e.g., June 10, April 29)
- ✓ **Research and Evidence-Based Practice** (e.g., May 13, Dec 10)

*Note: these topics are integrated throughout supervision, team meetings, the seminars and case conferences

PRESENTER QUALIFICATIONS

Dr. Deanna Drahovzal, C.Psych.

- Training Director
- Ph.D. in Clinical Psychology
- Licensed by College of Psychologists of Ontario
- 20+ years clinical experience
- Part-time Clinical Professor, University of Ottawa
- Specializations: Lifespan Assessment and Therapy, Family Therapy, Clinical Supervision, Business Practice

Dr. Emma Dargie, C.Psych.

- Ph.D. in Clinical Psychology
- Licensed by College of Psychologists of Ontario
- Specializations: Sexual Health, Couples Therapy, LGBTQ+ Affirming Care

Dr. Delyana Miller, C.Psych.



- Primary Supervisor
- Ph.D. in Clinical Psychology
- Licensed by College of Psychologists of Ontario
- Specializations: Neuropsychological Assessment and Rehabilitation

Dr. Emma Murray, C.Psych.

- Primary Supervisor
- Ph.D. in Clinical Psychology
- Licensed by College of Psychologists of Ontario
- Specializations: Adult Clinical Services, Research and Evidence-Based Practice

Dr. Vanessa Scarapicchia, C.Psych.

- Primary Supervisor
- Ph.D. in Clinical Psychology
- Licensed by College of Psychologists of Ontario
- Specializations: Comprehensive Psychological Assessment, Integrative Therapy

Dr. Victoria Edwards, C.Psych.

- Primary Supervisor
- Ph.D. in Clinical Psychology
- Licensed by College of Psychologists of Ontario
- Specializations: Family Therapy, Systemic Interventions

PROGRAM NOTES

- All seminars include didactic presentation, case discussion, and interactive exercises
- Program follows Ontario statutory holidays
- Total weekly didactic hours: Minimum 2.25 hours from core program, plus average 7 hours monthly from supplementary seminars (City-Wide, In-House, Off-Site), exceeding APPIC's 2-hour weekly requirement and allowing for flexibility
- This schedule does not include the City-Wide Seminars (3 hours monthly) typically scheduled on Friday mornings or early afternoons with interns from other sites in Ottawa, or the In-House or Off-Site continuing education opportunities.

CITY-WIDE SEMINARS

The City-Wide Seminars typically are scheduled on Friday mornings or early afternoons with interns from other sites in Ottawa (average of 3 hours per month). To give an example, the topics scheduled to be covered in the 2025/2026 academic year included:

- Cultural and individual differences: Disabilities
 - Cultural and individual differences: Gender identity, sexual identity and how they intersect
 - Child Abuse & Neglect
 - Partner violence
 - The practice of professional psychology in the public and private spaces: a discussion with representatives from different sectors
 - Indigenous Interculturalism Learnings: Experiential Blanket Exercise facilitated by the Indigenous engagement team at Ottawa Public Health and an Elder
 - Registration
 - An Ethics Case Study and a chat with the CPBAO registrar
 - Supervision
 - Psychology Registration Process & Questions for the College
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IN-HOUSE SEMINARS

Gilmour Psychological Services offers continuing education opportunities by hosting talks/workshops regularly, averaging one per month. Seminars typically are scheduled on Friday mid-day for approximately 2.0 hours. To give an example, the topics scheduled to be covered in the fall of 2025 include:

- September: Working with Seniors with Dr. Delyana Miller, C.Psych.
- October: Ethical Considerations of AI tools in Psychology with Dr. Deanna Drahovzal, C.Psych.
- November: Assessment and Treatment of Adults with Intellectual Disability with Lucas Walters (PhD student)

This didactic calendar is subject to modification based on training needs, external opportunities, and program evaluation feedback. All changes will be communicated to interns with appropriate notice.