

GILMOUR PSYCHOLOGICAL SERVICES®

Doctoral Psychology Internship Program

Didactic and Case Conference Calendar 2026–2027

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Training Director: Dr. Deanna Drahovzal, C.Psych. | **Program Duration:** September 1, 2026 – August 31, 2027

In-House Core Internship Seminar Series

Weekly Meetings — Didactic Training Seminars and Case Conferences at GPS Headquarters: Tuesdays, 9:30 AM – 11:00 AM (1.5 hours) – (some weeks might be 9-10:30am)

Additional Mandatory Seminars:

City-Wide Seminars and CCPPP Seminars — Fridays, each are hosted three times per year

In-House Talks/Events — typically on Fridays (sometimes Mondays), mid-day

Off-Site Talks/Workshops — TBD (typically Fridays)

Fall Semester (September – December 2026)

Date	Type	Topic / Activity	Presenter / Facilitator
September 1	<i>ORIENTATION</i>	<i>Program Overview, Policies & Procedures</i>	Dr. Deanna Drahovzal, C.Psych.
September 8	SEMINAR	Major ethical considerations in therapy	Dr. Vanessa Scarapicchia, C.Psych.
September 15	SEMINAR	Working with Sexual and Gender Minority Clients: Humility & Self-Awareness	Dr. Emma Dargie, C.Psych.
September 22	SEMINAR	Family Systems Theory and Structural Family Therapy	Dr. Deanna Drahovzal, C.Psych.
September 29	SEMINAR	Cognitive-Behavioural Approaches: CBT and Schema Work	Dr. Emma Murray, C.Psych.
October 6	SEMINAR	EFT work with individual adults	Dr. Brandin Glos (C.Psych., SP)
October 13	<i>BREAK</i>	<i>Week of Canadian Thanksgiving</i>	—
October 20	SEMINAR	Stages of Change/ Motivational Interviewing	Dr. Deanna Drahovzal, C.Psych.
October 27	SEMINAR	Self-Harm and Suicidal Risk Assessment / Crisis Intervention	Dr. Deanna Drahovzal, C.Psych.
November 3	SEMINAR	Trauma-informed Treatment of Addictions	Dr. Iris Jackson, C.Psych.

November 10	SEMINAR	Differential Diagnosis and Case Conceptualization	Dr. Deanna Drahovzal, C.Psych.
November 17	SEMINAR	Major ethical considerations in assessment	Dr. Vanessa Scarapicchia, C.Psych.
November 24	SEMINAR	Mentalization-Based Treatment	Dr. Jennifer Fernie, C.Psych.
December 11	<i>GPS EVENT</i>	<i>GPS Holiday Luncheon at the Royal Ottawa Golf Club</i>	Friday, Dec 11
December 8	SEMINAR	Emotion-Focused Couple Therapy	Dr. Emma Dargie, C.Psych.
December 15, 22, 29 January 5	<i>BREAK</i>	<i>Weeks around the Holidays</i>	—

Winter Semester (January – April 2027)

Date	Type	Topic / Activity	Presenter / Facilitator
January 12	SEMINAR	Sexual Health and Enhancing Sexual Wellness: Addressing Sensitive Topics with Clients	Dr. Emma Dargie, C.Psych.
January 19	SEMINAR	Helping Clients with Perfectionism, Performance Anxiety and Time Management	Dr. Deanna Drahovzal, C.Psych.
January 26	SEMINAR	Treating Sleep Disorders and Problems with Sleep	Dr. Emma Murray, C.Psych.
February 2	SEMINAR	Ethics and Professional Standards: How to avoid college complaints	Dr. Iris Jackson, C.Psych.
February 9	SEMINAR	Effects of Cannabis in Assessment	Dr. Vanessa Scarapicchia, C.Psych.
February 16	<i>BREAK</i>	Week of Family Day	—
February 23	SEMINAR	Feedback and Report Writing	Dr. Deanna Drahovzal, C.Psych.
March 2	SEMINAR	Working with Seniors	Dr. Delyana Miller C.Psych.
March 9	SEMINAR	Cultural Considerations and Client Feedback: Therapeutic Alliance and Progress Monitoring	Dr. Emma Murray, C.Psych.
March 16	<i>BREAK</i>	<i>Spring Break Week</i>	—

March 23	SEMINAR	Helping Clients Navigate Polyamory/Open Relationships	Dr. Emma Dargie, C.Psych.
March 30	SEMINAR	Best Practices for transitions with clients: leaves and terminations	Dr. Emma Murray, C.Psych.
April 6	SEMINAR	Working with Psychometrists	Dr. Deanna Drahovzal, C.Psych.
April 13	SEMINAR	Private Practice Business Structures	Dr. Deanna Drahovzal, C.Psych.
April 20	SEMINAR	Ethical Use of an AI Tools in Clinical Practice	Dr. Deanna Drahovzal, C.Psych.
April 27	SEMINAR	Ambiguous Loss	Dr. Caroline Ostiguy, C.Psych.

Spring / Summer Semester (May – August 2027)

Date	Type	Topic / Activity	Presenter / Facilitator
May 4	SEMINAR	Neuropsychological Assessment and the Secondary Effects of Depression	Dr. Emma Murray, C.Psych.
May 11	SEMINAR	Trauma-Informed Care: Trauma and Neurobiological Impacts	Dr. Vanessa Scarapicchia, C.Psych.
May 18	SEMINAR	Navigating the Relationship: Dual Roles, Disclosures and Boundaries	Dr. Emma Murray, C.Psych.
May 25	SEMINAR	Working with Clients Who are Using Artificial Reproductive Technology to Create Their Families	Dr. Emma Dargie, C.Psych.
June 1	<i>BREAK</i>	<i>Week of CPA Conference (June 3-5)</i>	—
June 8	SEMINAR	Therapy Modalities and Processing Models in Trauma Work	Dr. Jennifer Fernie, C.Psych.
June 15	SEMINAR	Professional Advocacy: Navigating Your Voice	Dr. Vanessa Scarapicchia, C.Psych.
June 22	CASE CONFERENCE	Collaborative Case Consultation: Family Therapy case	Dr. Deanna Drahovzal, C.Psych.
July 6	CASE CONFERENCE	Collaborative Case Consultation: Child Therapy case	Dr. Deanna Drahovzal, C.Psych.
July 13	CASE CONFERENCE	Collaborative Case Consultation: Assessment case	Dr. Deanna Drahovzal, C.Psych.
July 20	CASE CONFERENCE	Collaborative Case Consultation: Adult therapy case	Dr. Emma Dargie, C.Psych.

July 27	CASE CONFERENCE	Collaborative Case Consultation: Teen/Adult/Senior Therapy case	Dr. Vanessa Scarapicchia, C.Psych.
August 3	<i>BREAK</i>	<i>Week of August Long Weekend</i>	—
August 10	CASE CONFERENCE	<i>Program Evaluation/ Project Presentations</i>	Dr. Deanna Drahovzal, C.Psych.
August 17	<i>LAST MEETING</i>	<i>Program Completion, Outboarding, Evaluation</i>	Dr. Deanna Drahovzal, C.Psych.

Note: Program follows Ontario statutory holidays

GPS In-House Talks/Events

- An Introduction to Inference-Based Cognitive Behaviour Therapy for OCD by Dr. Stephenie Davies, C.Psych. on Monday, September 14th, 2026, at 11am
- Mock Oral Exam by GPS Supervised Practice Supervisors on Friday, November 30th at 3pm
- GPS Holiday Luncheon at the Royal Ottawa Golf Club on December 11th, 2026, at 11:30am
- Virtual Reality (VR) Exposure Work by Dr. Deanna Drahovzal, C.Psych. on January 15th, 2027 (presentation followed by our retreat event – lunch and VR play, TBA)

The GPS In-House Talks/Events are scheduled a few months in advance. Stay tuned for our Winter, Spring and Summer Events. There may be off-site continuing education opportunities, as well.

City-Wide and CCPPP Seminars

The City-Wide Seminars are in-person at the ROMHC and scheduled on three Friday mornings (8:30am-12noon) with other interns from other sites in Ottawa. The CCPPP Seminars are on-line and scheduled on three Friday afternoons (12noon-2pm) with other interns across Canada. The three CCPPP Seminars are scheduled for October 23rd, 2026, February 5th, 2027, and May 7th, 2027. The City-Wide Seminar schedule will be announced shortly.

To give an example, the topics scheduled in previous years included:

- Cultural and individual differences: Gender identity, sexual identity and how they intersect, disabilities
- Child Abuse & Neglect, Partner violence
- The practice of professional psychology in the public and private spaces: a discussion with representatives from different sectors, Registration, Supervision
- Indigenous Interculturalism Learnings: Experiential Blanket Exercise facilitated by the Indigenous engagement team at Ottawa Public Health and an Elder