

NEWSLETTER

November, 2022





We are a centre of excellence and a leader in innovative health care guided by the seven Grandfather teachings of the Anishinaabe inspiring knowledge, strength and empowerment for the purpose of lifelong Mino ayawin (good health).

Our Values



DEBWEWIN (TRUTH)

- Quality assurance, self reflective



NIBWAAKAAWIN (WISDOM)

- By providing innovative practice in wholistic health

DABASENDIZIWIN (HUMILITY)

- Creator/Creation; self; family; community; nation

ZOONGIDE'EWIN (BRAVERY)

- Integrity, fearlessness, and strength in leadership



MANAAJI'IDIWIN (RESPECT)

- Honour individual belief and customs of stakeholders / consumers and communities

ZAAGI'IDIWIN (LOVE)

-Compassion; empathy; understanding Anishinaabe history

GIWEKWAADIZIWIN (HONESTY)

- Accountability and responsibility

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UPCOMING FVFNTS

NOVEMBER 2022





The Giishkaandago'Ikwe Health Services Public Health Program would like to offer congratulations and our sincerest gratitude for all of his hard work and collaboration to Onigaming's Water Treatment Plant Operator Brian Indian.

Brian was this year's Aboriginal Water and Wastewater Association of Ontario's Operator of the Year and he was recently honoured by Indigenous Services Canada at their joint gathering. Our team works very closely with Brian and wanted to share the following:

Brian has a great sense of leadership and practices a structured working routine that is easy to track and easy to learn from. His participation in the water data monitoring program is an A+ and his goals are to see that his community will produce an individual who will carry the torch forward.

Congrats Brian and chi miigwech for all that you do to help keep your Community's water safe.



PUMPKINGARVING party

Hosted by our Mental Wellness Program on October 26.
It was a spooktacular time!!













2022 CDHA Annual Summit



Jen Mosbeck and Angela Degagne

Angela Degagne, Jen Mosbeck, and Lisette Defor at the CDHA Annual Summit

The COHI team had the opportunity to attend a two-day professional development session in Whitehorse, Yukon on September 30 and October 1. The focus of the Summit was to emphasize the importance of reconciliation and build capacity for intercultural understanding, empathy, and mutual respect between Indigenous and non-Indigenous peoples. It encouraged practitioners to embrace the value of traditional healing practices to the health and well-being of Indigenous peoples and incorporate them into treatment plans whenever possible. It also called upon the dental hygiene profession to act as leaders to facilitate change, reduce health inequities, recognize unconscious bias, and address systemic biases identified in the Truth and Reconciliation Commission's Calls to Action.





Strategic Planning 2023 to 2028 Information Update #2

Stakeholder Engagement

A Partner and Community Engagement Plan has been developed.

Giishkaandago'Ikwe Health Services will be utilizing a hybrid approach to engagement with virtual sessions and in person Community engagement sessions outlined.

Virtual Engagement Sessions

will begin in

NOVEMBER 2022

inclusive of virtual interviews and surveys

A series of

In-Person Engagement

are planned for the week of

JANUARY 9-17,2022

to be held in Fort Frances and each of

Formal details and invitations will be forthcoming



Project Background

- This is the second update for the Strategic Plan that Giishkaandago'lkwe Health Services is developing.
- Kenn Richard and Associates (KR/A), in collaboration with LBCG Consulting for Impact (LBCG), have been retained through a competitive RFP process to support Giishkaandago'lkwe Health Services to create a vision for the next five years.
- Health Services aims to develop a strategic plan that embodies principals of Anishinaabe Health and Wellness, embedded with clients and Communities as the leading voice in our program delivery.

Why Are We Doing This

- Giishkaandago'lkwe Health Services believes that services need to be guided by client, family and Community needs and vision.
- The strategic plan will be the foundation of service delivery at Giishkaandago'lkwe Health Services. This planning activity allows dedicated time and resources to ensure that clients, families, Communities and partners have input into the strategic direction of our health and wellness service delivery.
- A comprehensive planning process and clear plan allows the Board to meet the needs of the community in a good way.
- A planning process with broad input ensures the community gets the services it wants and needs.

Pathway to Completion

- In order to ensure a meaningful engagement with all 10 First Nation Communities and all of our partners, the strategic planning timeline has been revised. We now anticipated that the process will be complete by April 2023.
- Clients, families, Community Members, Leadership, Partners and Employees will have an opportunity to participate in focus groups, in addition to an anonymous survey.
- If you have questions or comments, please direct them to info@fftahs.org

2) Corner (Quality) Improvement)

Below are updates of Home and Community Care, Diabetes and Foot Care, Children's Oral Health Initiative, and Mino Ayaa Ta Win Healing Centre for our Quarter Service Report period of July 1 - September 30, 2022!

share that 33 clients
across the service area
utilized the Swift Skin and
Wound technology with a
total of 431 in-person
wound care
assessments completed
this quarter

The Diabetes and
Foot Care Educator
provided 30 screening
clinics across the
service area,
screening
143 community
members

The COHI team performed
74 dental screenings,
administered 92
fluoride varnish
applications, placed 15
temporary fillings, placed
24 dental sealants, and
facilitated 26 dental
referrals this quarter

At Mino Ayaa Ta Win
Healing Centre, we have
provided service to 29
individuals in the
residential treatment
program. Our next cycle
begins November 15

Staff Features

Sara Roach, Manager of HCC

Boozhoo, my name is Sara Roach and I am the Manager of Home and Community Care. I started working for Giishkaandago'lkwe Health Services - Homecare program in 2015 as a Registered Nurse. I transitioned into my current role almost 3 years ago and love working for this organization.

Ryan Flamand, RPN/Foot Care Nurse

My name is Ryan Flamand and I am from Fort Frances. I have been employed with Giishkaandago'lkwe Health Services for 6 months, however I have been a practicing nurse for over 13 years. I am currently one of three Foot Care nurses working for the agency and provide service to five of our ten communities.

Katie Bissonnette, Home Care Coordinator

Hi there! My name is Katie Bissonnette and I am the Home Care Coordinator for the Home and Community Care Program. I am brand new to the organization and just started beginning of August. I am really loving my role in the program, and everyone I get to work with is just amazing. I've also really enjoyed being able to connect with and create bonds with our clients.



Staff Features

Krista Hunt, Program Assistant

Boozhoo, my name is Krista Hunt. I am from Devlin, Ontario. I have been working with Giishkaandago'lkwe Health Services for almost 3 years, and have been working with the HCC Department for a little over a year. I am the Program Assistant for the Home and Community Care, Diabetes Initiative, and Foot Care Teams.

Megan Allan, Registered Practical Nurse

Boozhoo, Naawaakwegaabowiik nindizhinikaaz, Mooz nindoodem, Nigigoonsiminikaaning nindoongibaa. My name is Megan Allan and I have been with Giishkaandago'Ikwe Health Services since 2017 working as a Registered Practical Nurse with the Home and Community Care Program.

Chelsea Janveau, RPN, FC Coordinator

Boozhoo, my name is Chelsea Janveau, I moved to Fort Frances approximately 10 years ago and now consider this my home. I completed my nursing education in Thunder Bay and have worked for Giishkaandago'lkwe for the past 5 years. I have had the pleasure of working in many Home and Community Care roles and am now the Foot Care Coordinator. In my current role, I have the opportunity to meet and speak with many new and existing clients, have frequent conversations with community representatives and coordinate care and service delivery across our 10 First Nation communities for Foot Care and Diabetes Education. I always look forward to seeing our clients and the conversations that come with it.



Staff Features

Fred Crowe, Custodian

My name is Fred Crowe and I am a member of Rainy River First Nations. I am the Custodian for the Home and Community Care, Administration, Foot Care, and Community Health Teams. I have been working with Giishkaandago'lkwe Health Services for 5 years.

Jennifer Bedard, Registered Practical Nurse

Hello, my name is Jennifer. I am an RPN with the Home and Community Care Program. I was recently hired at the beginning of October. My family and I have just moved back to the Rainy River District after living in Thunder Bay for the past 18 years. I have been a community nurse for the last 15 years in Thunder Bay. I am happy to be back home and excited to provide nursing care for the people in our communities.

Taylor Gouin, RPN/Case Manager

Boozhoo, my name is Taylor. I am originally from Manitoba but relocated to Fort Frances in 2006. I've been with Giishkaandago'Ikwe Health Services since July 2019. I'm currently an RPN/Case Manager for Home and Community Care and the communities I case manage is Mishkosiminiziibiing First Nation and Anishinaabeg of Naongashiing.





Mental Health Service,

Pesidential Treatment,

Withdrawal Management Services

Services We Offer

Residential Treatment

28 day residential treatment program delivered through group processing therapy, 1:1 comprehensive case management and solution focused interventions, 1:1 mental health counselling.

Withdrawal Management Services

Provides medically supervised detox services with comprehensive case management and aftercare planning.

FOR MORE INFORMATION CALL 807-274-7373



WE ARE HERE TO HELP

Mental Health
Direct
Phone Line
807-271-0212

Triaged Walk-in/Call-in Services

Call or Text 8:30am - 4:30pm Monday to Thursday

8:30am - 4:00pm Fridays

YOU ARE NOT ALONE



NATIONAL DOMESTIC VIOLENCE AWARENESS MONTH

GIISHKAANDAGO'IKWE HEALTH SERVICES MENTAL HEALTH DIRECT LINE Monday-Thursday 8:30AM-4:30PM, Friday 8:30AM-4:00PM CALL 1-807-271-0212

TALK 4 HEALING

Available 24 hours a day / 7 days a week CALL or TEXT 1-855-554-HEAL or ONLINE CHAT at www.talk4healing.com

HOPE FOR WELLNESS

24 hours a day / 7 days a week
CALL 1-855-242-3310 or ONLINE CHAT www.hopeforwellness.ca

VICTIM SERVICES

Monday-Friday 8:30AM-4:00PM CALL 1-807-274-5687

CRISIS TEXT LINE

24 hours a day / 7 days a week TEXT "WELLNESS" to 741741



INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN

UNITE! ACTIVISM TO END VIOLENCE AGAINST WOMEN AND GIRLS.

GIISHKAANDAGO'IKWE HEALTH SERVICES
MENTAL HEALTH DIRECT LINE
Monday-Thursday 8:30AM - 4:30PM, Friday 8:30AM - 4:00PM
CALL 1-807-271-0212

TALK 4 HEALING

Available 24 hours a day / 7 days a week

CALL or TEXT 1-855-554-HEAL or ONLINE CHAT at www.talk4healing.com

MMIWG SUPPORT LINE 24 hours a day / 7 days a week CALL 1-844-413-6649

CANADIAN HUMAN TRAFFICKING HOTLINE
24 hours a day / 7 days a week
CALL 1-833-900-1010 or EMAIL hotline@ccteht.ca

CRISIS TEXT LINE
24 hours a day / 7 days a week
TEXT "WELLNESS" to 741741





2022 Co-Ed Cycles
MINO AYAA TA WIN RESIDENTIAL TREATMENT PROGRAM

	November						
Su	Мо	Tu	W	Th	Fr	Sa	
		1	2	3	4	5	
6	7	8	9	10	11	12	
13	14	15	16	17	18	19	
20	21	22	23	24	25	26	
27	28	29	30			2	

The next cycle begins November 15, 2022



Eleventh Moon of Creation "Midaaswi ashi-bezhig Giizis"

November

Freezing Moon is the time that we come to know the power of spirit. During this moon, we share our sacred teachings and songs. This is the time for rest and reconnecting with family. We begin the winter moons by looking inward and giving appreciation for everything we have received from the previous seasons.

This moon is also known as the Beaver Moon, Frost Moon, Whitefish Moon, and well as many others.



Manitou Mounds Anishinaabemowin Phrase of the Day

www.manitoumounds.com

Biindaakoojigedaa noongom	Let's all make a tobacco offering today		
Zhoomiingwenidaa Noongom	Let's all smile today		
Anishinaabemodaa noongom!	Let's speak the Anishinaabe language today		
Mino giizhigad noongom	It is a good day today		
Anwebidaa noongom	Let's rest today		
Niminjimenimaanaanig noongom	We are keeping them in our thoughts today		
Nookwezigedaa	Let's smudge!		
Gimiigwechiwenimin	I am thankful for you		
Gimaamakaadendaagoz	You are amazing		
Apane go anokiin enigok	Always work hard		
Mino doodawididaa	Let's treat each other well		
Apiitendaagwas gibimaadiziwin	Your life is important		
Manaajitoon aki apane	Always respect the land		



Mational Indigenous Veterans Day







This November 8th is National Indigenous Veterans Day, a day of remembrance and commemoration of the contributions of Indigenous veterans in the First and Second World Wars, as well as the Korean War. This Indigenous Veterans Day, we would like to express our gratitude for the contributions Indigenous veterans have made to Canada and the world.

National Indigenous Veterans Day began in Winnipeg in 1994 when Indigenous veterans were not recognized in Remembrance Day activities, and is now celebrated in many communities across Canada. Over 12,000 Indigenous people are estimated to have volunteered in all three wars, including 7,000 First Nations members, and approximately 300 died during these conflicts.

On November 8th, we will come together to mark National Indigenous Veterans' Day, honouring the important contributions of Indigenous Peoples in service to Canada. As we reflect, we remember those who lost their lives, and those whose lives were forever changed.

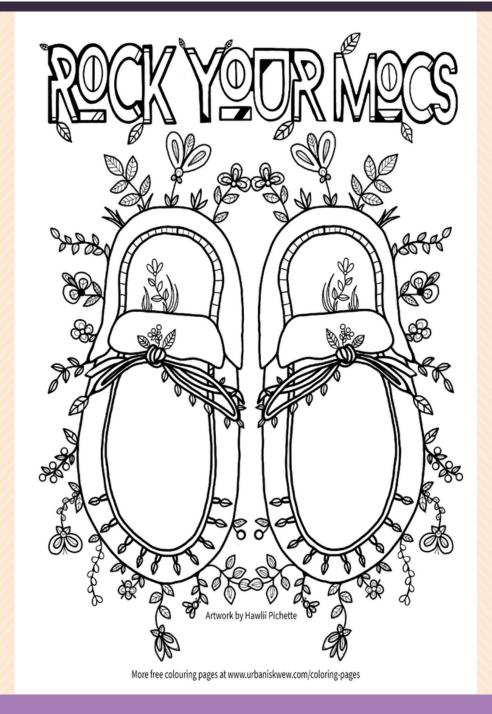


For more information, please visit https://www.righttoplay.ca/en-ca/national-offices/national-office-canada/whats-new/honouring-indigenous-veterans-this-national-aboriginal-veterans-day/ or Scan our OR Code



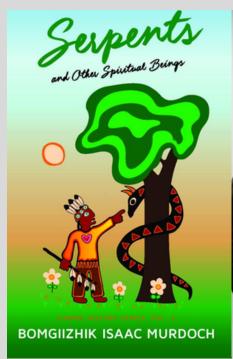
Cultural Corner

Mazinabii'igedaa











Serpents and Other Spiritual Beings is the second book in a series by renowned Ojibwe storyteller Bomgiizhik Isaac Murdoch, following on The Trail of Nenaboozhoo and Other Creation Stories (2019). Serpents and Other Spiritual Beings is a collection of traditional Ojibwe/Anishinaabe stories transliterated directly from Murdoch's oral storytelling.

Part history, legend, and mythology, these are stories of tradition, magic and transformation, morality and object lessons, involving powerful spirit-beings in serpent form. The stories appear in both English and Anishinaabemowin, with translations by Patricia BigGeorge. Murdoch's traditional-style Ojibwe artwork provides beautiful illustrations throughout.



Important Pates & (peoming Events

NOV 1: SWEATLODGE CEREMONY @ BHS 6 PM

NOV 7: FULL MOON CEREMONY @ BHS 6 PM

NOV 8: MEN'S HAND DRUMMING @ BHS 6 PM

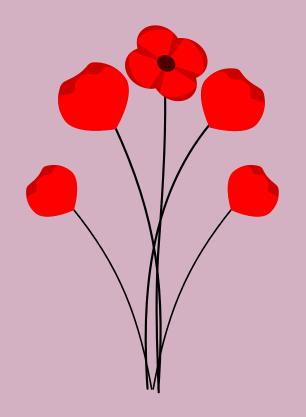
NOV 9: WOMEN'S HAND DRUMMING @ BHS 6 PM

NOV 11: REMEMBRANCE DAY / OFFICE CLOSURE

NOV 15: SWEATLODGE CEREMONY @ BHS 6 PM

NOV 21: WOMEN'S HAND DRUMMING @ BHS 6 PM

NOV 22: MEN'S HAND DRUMMING @ BHS 6 PM



For more support please contact:
Giishkaandago'lkwe Health Services Mental
Health Direct Phone Line:

(807) 271-0212

GCT3 IRS team: (807) 548-4214 GCT3 IRS additional crisis support:

(807) 464-0037

IRS Survivors Society: 1-800-721-0066 or reach out to your local regional health organization for mental health supports.



EMPLOYMENT NEWS

"For the purpose of lifelong Mino Ayawin - Good Health"

ABOUT US

Giishkaandago'lkwe Health Services is a multi-faceted, accredited organization with a diversity of programs and is a leader in innovative wholistic services that promote a bi-cultural approach to health and wellness. We work closely with the 10 Fort Frances region First Nation communities, partners and funders to improve the health and wellness of the communities it serves.

JOIN OUR TEAM

At Giishkaandago'lkwe Health Services our competitive compensation, work schedule, opportunities for training and development, and our benefit plans (including extended health, dental, pension, and generous vacation) provide our employees with an incredible work life balance.

For current postings and details on how to apply visit: www.fftahs.com/careers

LOCATIONS & HOURS

(807) 274-2042

Administration

1458 Idylwild Drive Mon. to Thurs. 8:00am-4:00pm Fri. 8:00am-3:30pm

Home & Community Care

1460 Idylwild Drive Mon. to Thurs. 8:00am-3:00pm Fri. 8:00am-2:30pm

Child's First Initiative

375 Scott Street Mon. to Thurs. 8:00am-4:00pm Fri. 8:00am-3:30pm

Diabetes & Foot Care

540 Kings Hwy (Units E) Mon. to Thurs. 8:00am-3:00pm Friday 8:00am-2:30pm

Children's Oral Health Initiative

540 Kings Hwy (Units D) Mon. to Thurs. 8:00am-3:00pm Friday 8:00am-2:30pm

Community Health

540 Kings Hwy (Units D & F) Mon. to Thurs. 8:00am-4:00pm Friday 8:00am-3:30pm

Behavioural Health Services

601 Kings Highway Mon. to Thurs. 8:30am-4:30pm Fri. 8:30am-4:00pm

Mino Ayaa Ta Win Healing Centre

Fire#1107 Highway 11 Mishkiki Miikaan Road Mon. to Fri. 8:00am-4:00pm



Our website is updated with monthly program calendars, community newsletters, all current employment opportunities, and staff contact information Plus so much more! https://www.fftahs.com/eventscalendars

Find us on (f)



Our Facebook Page has all the latest program Information, pictures and events! We have giveaways and client surveys, prizes drawn often! Check it out!

Hiring Committee

Mail: P.O. Box 608. Fort Frances, ON, P9A 3M9

E-mail: humanresources@fftahs.org

Giishkaandago'lkwe Health Services is an equal opportunity employer, Accessibility accommodations are available for all parts of the recruitment process. While we appreciate all who apply, we will only contact those persons selected for an interview.

Miigwech, thank you.