



GIISHKAANDAGO'IKWE

HEALTH SERVICES

NEWSLETTER

NIIBIN (SUMMER) 2025

OUR MISSION, VISION & VALUES

MINO AYAWIN - GOOD HEALTH

We are a leader in innovative health care guided by the Grandmother and Grandfather teachings of the Anishinaabeg inspiring knowledge, strength and empowerment for the purpose of lifelong Mino Ayawin (good health).



Truth



Wisdom



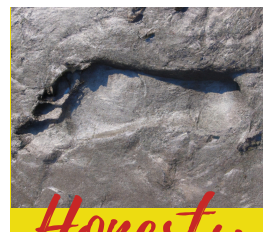
Love



Respect



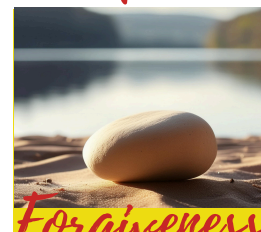
Bravery



Honesty



Humility



Forgiveness

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Truth
DEBWEWIN

NOTABLE DATES

RECOGNISED MONTHS/DAYS

JUNE – NATIONAL INDIGENOUS HISTORY MONTH

JUNE – CANADIAN MEN'S MENTAL HEALTH MONTH

JUNE 7 – NATIONAL HEALTH & FITNESS DAY

JUNE 15 – WORLD ELDER ABUSE AWARENESS DAY

JUNE 21 – NATIONAL INDIGENOUS PEOPLES DAY

JUNE 26 – INTERNATIONAL DAY AGAINST DRUG ABUSE & ILLICIT TRAFFICKING

JULY 20 – 26 – NATIONAL DROWNING PREVENTION WEEK

JULY 24 – INTERNATIONAL SELF CARE DAY

AUGUST 31 – NATIONAL OVERDOSE AWARENESS DAY



UPCOMING OFFICE CLOSURES

Monday, June 23rd – National Indigenous Peoples Day

Tuesday, July 1st – Canada Day

Monday, August 4th – Civic Holiday

The Mino Ayaa Ta Win Healing Centre will remain open with full detox services available during office closures. Please call **807-274-7373** for more information.



If you are in crisis, please call Crisis response Services at **1-866-888-8988**

In the event of an emergency, please call 911 or the emergency service number in your community.



CORPORATE HIGHLIGHTS

MENTAL HEALTH AWARENESS WEEK WALK



The Mental Health Awareness Week Walk took place May 7th, 2025.

We had a sacred fire, hand drummers and traditional prayers to honour mental health awareness week.

Approximately 20 people walked from the BHS building to the Canadian Mental Health Association to collaborate with them on their free BBQ.

400+ Resource bags were handed out at the locations and the event was supported by the Ontario Rainy River District Health Team.



COHI

The **Children's Oral Health Initiative** proudly celebrated Oral Health Month this past April, along with National Dental Hygienists Week™ from April 4–10, 2025, through our "Smiles for the Future" social media campaign. This campaign highlighted the importance of oral care during pregnancy to lay the foundation for a lifetime of good oral health.

We were thrilled with the response – our daily posts sparked over 300 comments in total, and the campaign was even featured on the Canadian Dental Hygienists Association's Facebook page!

To wrap up the celebration, we raffled off an oral health themed wellness basket.

Chi-Miigwech to everyone who joined us in celebrating National Dental Hygienists Week™, and a big congratulations to our "Smiles for the Future" prize winner:
Rain Goodman!



Rain Goodman with Tanner & Ashton Gibbons



SPRING CEREMONY

On Friday, April 25th our Annual Spring Ceremony was held with our drum Aazhawii Giizhik and members of our Elder's Advisory Council present.

Along with Aazhawii Giizhik, our personal bundles, sacred items and cedar ties were feasted.

Following the ceremony, we enjoyed the traditional practice of a shared meal.

Under the guidance and direction from our Elders, a special acknowledgement was held for our hand drums which have been utilized for ceremony, openings in song and programming.

It was shared with us that each hand drum requires a sole individual to be responsible for them. When numerous individuals use them, the drums take on all of the energy from those individuals, which may at times cause the drums to break.

Through ceremony, the hand drums were honoured and acknowledged for the work that they have helped us to do over the years. With support and guidance of our Elders, the drums were dismantled and put into the bush to rest.





STAFF ACCOMPLISHMENTS

Congratulations to Ginny Heilman and Tarra Peterson on their accomplishment of obtaining their First Nations Health Manager certification.

Both were presented with their certificates in Calgary in November.

We are so proud of their accomplishments and celebrate their commitment to improving the health and well being of the clients we serve.



Tarra Peterson, Manager of Administration



Ginny Heilman, Manager of Social Emergencies

MMIWG2S+ SUMMIT



Our second annual MMIWG2S+ Summit commenced on May 1 with an opening ceremony and prayers offered by our Elder. The ceremony was enriched by the presence of local women hand drummers, who came together to share songs of honour and healing.

The following day, community members participated in a MMIWG2S+ awareness walk, beginning at the Fort Frances water tower and concluding at Behavioural Health Services building. Families of MMIWG2S+ courageously shared their stories, reminding us all of the deep impact of the ongoing MMIWG2S+ crisis.

A number of events took place over the weekend, included a conference which held at the Metis Hall, a crafting session and a women's sweat lodge ceremony. The summit concluded with a closing ceremony on May 5th with Elders, drummers



We extend our deepest gratitude to the MMIWG2S+ families who joined and bravely shared their stories us. We also want to thank our Elders, fire keepers, Community Partners and volunteers who supported the MMIWG2S+ summit. Chi-miigwech.



SUMMER SAFETY

SUN SAFETY

Avoid being in the sun for long periods of time.

When possible, stay indoors or in the shade during the hottest time of the day, 10am to 2pm.

Always protect babies from the sun:

- Limit sun exposure, especially during peak hours
- Cover your baby in loose clothing and make sure they are wearing a hat with a wide brim and back flap to protect the back of the neck
- Use a stroller sunshade to cover your baby
- At least 30 minutes before heading outside, properly apply SPF sunscreen on exposed areas (Note: sunscreen is not recommended for babies under 6 months old, because they can rub it in their eyes and mouth)
- Make sure your child's favourite play areas have a shady spot, or bring along a sun umbrella

PREVENT HEAT ILLNESS & DEHYDRATION

Encourage your child to drink plenty of fluids, especially water. Children don't necessarily feel thirsty while at play.

Be alert for signs that your child is experiencing illness and needs to go inside. These include: thirst, fatigue, leg or stomach cramps, and cool, moist skin, which can be a sign of heat exhaustion.

Bring your child inside or into a cool, shady area and offer frequent small sips of water.

Removing extra clothing and fanning can help your child cool down slowly.

WATER SAFETY

Teach them early – teach children to get comfortable in the water, swim at an early age and educate them early about water safety

Active supervision – always actively supervise children when they're both in and around the water

Buddy-up – never let children swim alone; always designate swimming buddies before visiting the pool or beach

Stay hydrated – Ensure that kids drink plenty of water to stay properly hydrated, especially on hot days

Suit up – always wear a lifejacket and use proper water safety and floatation devices. Children should always wear a PFD (personal floatation device) while on a boat.





PREVENT TICK BITES

- Wear light coloured clothing so ticks are easier to spot.
- Keep covered with long pants and a long-sleeved shirt.
- Wear closed footwear, socks, and tuck your pants into your socks.
- Use a tick repellent that has "DEET" (follow the manufacturer's directions).
- Put a tick and flea collar on your pets, and check them for ticks periodically.
- Search your body well for ticks after being in grass or bushy areas. Pay special attention to groin, scalp, and armpits. Use a mirror to check your back.

BLASTOMYCOSIS

Blastomycosis is a lung infection caused by *Blastomyces dermatitidis*, the fungus that grows in moist soil, leaves, and rotting wood. It can also spread to the skin or other parts of the body. People can get blastomycosis after breathing in small particles of this fungus in the air into the lungs. It can then spread through the blood to other parts of the body. It does not spread from person to person or from animals to people.

To reduce the risk of exposure to blastomycosis:

- avoid areas close to rotten wood and vegetation or old hollow trees
- wash hands thoroughly with soap and water after being in contact with soil, dust, and rotting wood or vegetation
- cover all open wounds
- limit the amount of time you are exposed to soil or dust

DISCOURAGE TICKS FROM YOUR PROPERTY

- Mow the lawn regularly
- Remove leaf litter, brush and weeds.
- Keep tree branches and shrubs trimmed to let in more sunlight.
- Move children's swing sets and sandboxes away from the wooded or bushy edges of a play area. Consider placing swing sets and sandboxes on a woodchip or mulch foundation.
- Ticks often attach themselves to rodents, deer and birds. Keep rodents away by sealing stone walls and small openings around the yard. Use plants that do not attract deer or consider fencing to keep deer out of the yard. If you have a bird feeder keep it away from the house.





Wisdom



PROGRAM HIGHLIGHT

INDIGENOUS MIDWIFERY PROGRAM

POSTPARTUM CARE & SUPPORT FROM MIDWIVES

HOLISTIC APPROACHES TO MATERNAL HEALTH

The journey of childbirth does not end with labor and delivery; it extends into the postpartum period, a critical time for both the mother and the newborn. Postpartum care provided by midwives is integral to ensuring the physical, emotional, and spiritual well-being of families as they transition into new roles. Midwives play a vital role in supporting new mothers during this time, offering a blend of traditional and modern practices that cater to the unique needs of each family.

UNDERSTANDING POSTPARTUM CARE

Postpartum care encompasses a wide range of services aimed at supporting the mother's recovery, promoting infant health, and facilitating the adjustment to parenthood. This period typically lasts for six weeks after childbirth but can extend longer depending on individual needs. Midwives provide continuous care throughout this time, monitoring the mother's physical health, offering emotional support, and ensuring the baby's development.

PHYSICAL HEALTH & RECOVERY

The physical recovery of a mother after childbirth is paramount. Midwives conduct regular assessments to monitor the healing process, address any complications, and ensure that the mother is recovering well. This includes checking for signs of infection, managing pain, and providing guidance on postpartum exercises and nutrition. Midwives also support breastfeeding, helping mothers with positioning, latch techniques, and addressing any challenges that may arise.

EMOTIONAL & MENTAL HEALTH SUPPORT

The postpartum period can be emotionally challenging for many mothers due to hormonal changes, sleep deprivation, and the demands of caring for a newborn. Midwives are trained to provide emotional and mental health support, recognizing the signs of postpartum depression and anxiety. They offer a listening ear, practical advice, and referrals to mental health professionals if needed. This holistic approach ensures that mothers feel supported and understood during this vulnerable time.

con't on next pg



Anishinaabe families
residing in Southern
Treaty Three
Communities can access
the Indigenous Midwifery
Program.

To find out more or to
book an appointment or
an education event for
you or your community,
please contact:

Elaine Ross , Elder – Midwife

(807)274-3666
sagepwr@hotmail.com
or call
Giishkaandago'lkwe
Health Services,
Indigenous Midwifery
Program at
(807)-274-2042 x 5299



SPIRITUAL & CULTURAL PRACTISES

For many families, the postpartum period is not only about physical recovery but also about embracing cultural and spiritual practices that honor the new life. Anishinaabe Midwifery, for example, integrates traditional ceremonies and protocols into postpartum care. Midwives work closely with knowledge keepers and elders to reclaim and practice these traditions, which might include blessing ceremonies, naming rituals, and other cultural practices that foster a sense of community and continuity.

THE ROLE OF FAMILY & COMMUNITY

Postpartum care is not limited to the mother and baby; it involves the entire family and community. Midwives recognize the importance of including family members in the care process, understanding that grandparents, uncles, aunties, siblings, and friends play crucial roles in supporting the new parents. During initial visits, midwives explore the family's ideas and desires, ensuring that everyone feels included and valued.

COLLABORATION WITH OTHER HEALTHCARE PROVIDERS

Midwives often collaborate with other healthcare providers, such as community health nurses and doctors, to offer comprehensive care. Community health nurses might be the first contact for families, providing initial support that complements the care from midwives. Doctors contribute their medical expertise, particularly during complications or emergencies, ensuring a holistic approach to maternal health that addresses both physiological and emotional needs.

CREATING A BIRTH PLAN

A significant aspect of postpartum care is the development of a birth plan that reflects the family's preferences and values. Midwives assist parents in articulating their vision for labor and delivery, postpartum practices, and breastfeeding support. This plan might include who will be present during labor, the integration of ceremonies, and the type of emotional and mental health support desired. By tailoring care to the family's needs, midwives foster an environment of trust and respect.

CONTINUOUS SUPPORT AND FOLLOW-UP

Postpartum care does not end with the initial weeks after childbirth. Midwives provide continuous support and follow-up visits to ensure that the family is adjusting well. These visits might include further assessments, additional breastfeeding support, and ongoing emotional and mental health check-ins. Midwives remain accessible to families, offering guidance and support as they navigate the challenges and joys of parenthood.

THE IMPORTANCE OF POSTPARTUM CARE

The postpartum period is a time of profound change and adaptation. The support provided by midwives is essential in helping families transition smoothly into their new roles. By offering comprehensive care that addresses physical health, emotional well-being, and cultural practices, midwives ensure that mothers and families feel supported, empowered, and connected. This holistic approach to postpartum care reflects the values of Anishinaabe Midwifery and other traditional practices, emphasizing the importance of community, continuity, and respect.

In conclusion, postpartum care from midwives is a cornerstone of maternal health that extends beyond medical support to encompass emotional, mental, and spiritual well-being. Through collaboration with families and other healthcare providers, midwives ensure a seamless transition into parenthood, honoring the unique needs and values of each family. As communities increasingly embrace traditional practices and ceremonies, the role of midwives in postpartum care continues to be cherished and valued, fostering a holistic approach to maternal health that benefits families and communities alike.



Love
ZAAGI'IDIWIN

INDIGENOUS PEOPLES DAY



GIISHKAANDAGO'IKWE

HEALTH SERVICES

PROUDLY CELEBRATES

National Indigenous Peoples Day



On this day we celebrate the history, heritage, resilience and diversity of First Nations, Inuit and Metis across Canada.





Love



SUMMER SELF CARE



**INTERNATIONAL
SELF CARE DAY
JULY 24TH**

Summer is a great time to engage in land-based self care, which can involve reconnecting with nature and engaging in activities that foster well-being through the land.



Camping allows you to immerse yourself in nature and disconnect from daily life.



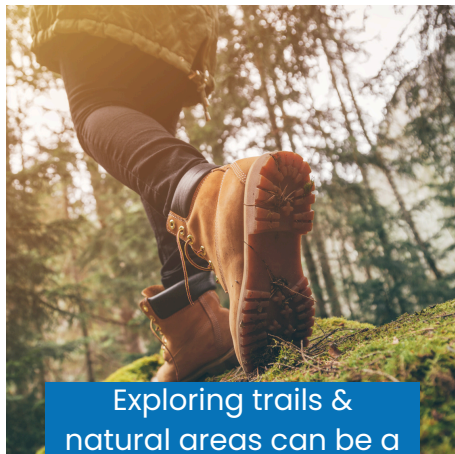
Fishing can be a relaxing activity that allows you to connect with nature & enjoy the outdoors.



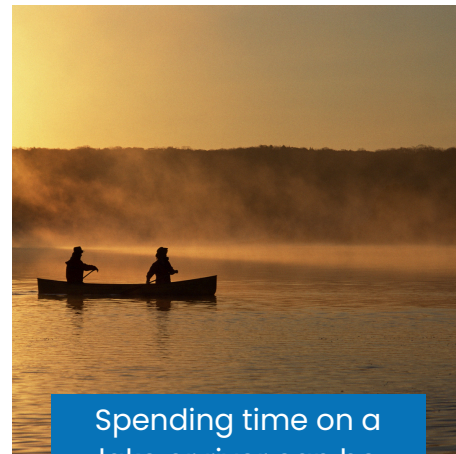
Gardening provides a sense of accomplishment and connection to the earth.



Berry picking can be a fun and productive way to spend time outdoors.



Exploring trails & natural areas can be a great way to de-stress and appreciate the beauty of outdoors.

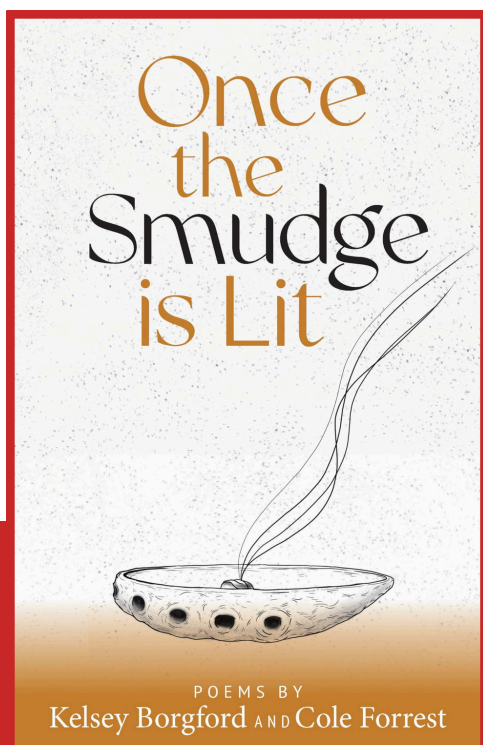


Spending time on a lake or river can be refreshing and provide a sense of peace.



Respect
MANAJI'IDIWIN

CULTURAL CORNER



Once the Smudge is Lit

Ceremony, community and connection – the poems of *Once the Smudge is Lit* carry the reader into deeply spiritual elements of Nishnaabe/Ojibwe culture. Co-written by Cole Forrest and Kelsey Bogford, the poetry of *Once the Smudge is Lit* highlights the Indigenous experience in post-colonial times through explorations of themes ranging from love to community. Bogford's and Forrest's verses seek to open multiple windows into the experience of being Nishaabe in the modern world. A profound sense of movement and continuity is emphasized by Tessa Pizzale's beautifully evocative illustrations, which include a line of smudge smoke flowing from page to page.

ODEDEWI-GIIZHIGAD (FATHER'S DAY) VOCABULARY

AWENEN? WHO?

Nindede	my father
Nimishoomis	my grandfather
Inzhishenh	my uncle (mother's brother)
Nimishoomenh	my uncle (father's brother)
Nisayenh	my older brother

NICE THINGS TO SAY ABOUT HIM

S/he is beautiful	Miikawaadizi
S/he is kind	Gizhewaadizi
S/he is smart	Gikendaaso
S/he is funny	Wawiyadendaagozi
S/he has a good heart	Minode'e
S/he is strong	Mashkawizii

NICE THINGS TO SAY TO HIM

I love you	Gizhawenimin
I am thankful for you	Gimiigwechiwenimin
You are handsome	Gimiikawaadiz
You are kind	Gigizhewaadiz
You are smart	Gigikendaas
You are funny	Giwawiyadendaagoz
You have a good heart	Giminode'e
You are strong	Gimashkawizii



Respect



TREATY #3 ANISHINAABE NATION POW WOW TRAIL 2025

McIntosh 5th Annual | May 30-31
Abinoojii Family Services - Wauzhushk Onigum | May 30-June 1
Dryden High School | May 23
Fort Frances High School | June 4
Beaver Brae Secondary School | June 4
KCDSB St. John Paul II School - TA Field | June 6
Northwest Angle 33 First Nation (Dogpaw) | June 6-8
Mitaanjigamiing First Nation | June 13-15
Rainy River (Manitou Rapids) First Nation | June 13-15
Red Lake Keesic Beach | June 14
Indigenous Peoples Day - Dryden Recreation Complex | June 21
Indigenous Peoples Day - KCA Youth and Family Wellness Camp | June 21
Lac des Mille Lacs First Nation | June 21-22
Couchiching First Nation | June 27-29
Ojibways of Onigaming First Nation | July 4-6
Naotkamegwanning First Nation | July 11-13
Seine River First Nation | July 18-20
Wauzhushk Onigum Nation | July 18-20
Naicatchewenin First Nation | July 25-27
Niisaachewan Anishinaabe Nation | July 25-27
Weechi-it-te-win Family Services - Nanicost Grounds | July 31
Migisi Sahgaigan (Eagle Lake) First Nation | August 1-3
Sagkeeng First Nation | August 1-3
Iskatewizaagegan #39 Independent First Nation | August 8-10
Mishkosiminiziibiing (Big Grassy) First Nation | August 8-10
Asubpeeschoseewagong First Nation | August 15-17
Lac Seul First Nation | August 15-17
Naongashiing (Big Island) First Nation | August 15-17
Gakijiwanong Anishinaabe Nation | August 22-24
Wabaseemoong Independent First Nation | August 22-24
Washagamis Bay First Nation | August 22-24
Wabigoon Lake Ojibway Nation | August 29-31
Nigigoonsiminikaaning First Nation | September 5-7
Ogimaawabiitong KCA - Wauzhushk Onigum | September 5-7
Orange Shirt Day GCT3 - Dryden Recreation Complex | September 30

Information Provided by First Nation Communities | Updated on April 29, 2025



Respect



National Indigenous History Month

June is National Indigenous History Month in Canada, an opportunity to learn about the unique cultures, traditions and experiences of First Nations, Inuit and Métis. It's a time to honour the stories, achievements and resilience of Indigenous Peoples, who have lived on this land since time immemorial and whose presence continues to impact the evolving Canada.

Discover stories, traditions and cultures

The best way to gain a deeper understanding of First Nations, Inuit and Métis experiences is through their own voices. Enjoy Indigenous storytelling by picking up a book, attending a show, watching a movie or listening to music from Indigenous artists.

Local Learning Opportunities

Kay Nah Chi Wah Nung
Historical Centre

- Shaw Rd, Stratton ON
- Wed – Sun 11am – 6pm

St Margaret Residential School
Monument

- Nanicost Grounds,
Couchiching First Nations



Respect



TRADITIONAL MIDWIFERY

The Importance of Anishinaabe Midwifery

From Elaine Ross, Elder-Midwife

With Anishinaabe Midwifery it is important to understand that as a strong nation we have many strengths and weaknesses. Our history has had many challenges that changed how we practice across our life span, from the beginning to end. It is refreshing to see that through Knowledge Keepers and Elders we are reclaiming those practices that initially guided the way in which we do life. With ceremonies and protocols these steps toward reclamation of Anishinaabe ways are becoming more practiced and valued.

Birth today is a wonderful way in which our communities are moving toward embracing this beautiful ceremony. As a Midwife, I bring many teachings, skills and resources to offer a holistic approach to the support for families. When we recognize the circle of supports in the expectant family and can see the way each member plays their roles, we see families in their entirety from grandparents to uncles, aunties, siblings and friends who support the pregnant person. It is essential that we include those individuals who will be there to support the couple who will have a baby.

The initial visit involves exploring the family's ideas and desires with an Elder Midwife, and valuing other practitioners like community health nurses who often play a crucial role. Doctors also collaborate with midwives, providing medical expertise during pregnancy, labor, and postpartum care, ensuring comprehensive maternal health. It is the parents and family who will express how they



view the "birth plan" from the kinds of support, who will be in labor and delivery, the practice of ceremony and postpartum as well as breastfeeding supports. A Midwife may have more time to offer emotional supports, mental health supports and spiritual supports.

The Creation Story can offer a spiritual understanding to this 13 Moons Ceremony of Birth to life. As well, it is recognized how the ancestors practice and how different communities and family lines celebrated this time. Some basic teachings tell moms to eat well and walk every day. This helps during labor and last stages of pregnancy. Traditional medicines may be used to assist during the latter stages of pregnancy. Raspberry leaf tea can be used in the 3rd trimester and offers relatively gentle support in preparation for Birth. Also, it is wonderful to welcome family members who will sing baby into the world, softly singing and or offering massage or advocacy to ensure mom feels supported and heard.

Anishinaabe Midwifery involves reclaiming traditional practices with the guidance of Knowledge Keepers and Elders. Birth ceremonies are becoming more embraced by communities. As a midwife, I offer holistic support, recognizing the roles of all family members.



Bravery
ZOONGIDEWIN

HEALING SPIRIT

MINO AYAA TA WIN TREATMENT CENTRE WITHDRAWAL MANAGEMENT RAAM

MEDICALLY SUPERVISED WITHDRAWAL MANAGEMENT (DETOX)

- ♥ 3 beds available; first come, first serve basis
- ♥ Nursing staff on duty 24 hours a day, 7 days a week
- ♥ Short term; length of stay varies by individual
- ♥ For adults 18 years and older
- ♥ Case management; referrals to RAAM, assist with aftercare plans
- ♥ Clients must complete a pre-screen questionnaire with nurse to determine eligibility

To complete a pre-screen please call
(807) 274-7373
to speak with the on duty nurse

RAPID ACCESS ADDICTION MEDICINE

- The overall goal of the RAAM model is to stabilize patients in the short term and subsequently link them to community care provider(s) for ongoing monitoring, support and rehabilitation of their substance use disorder
- ♥ RAAM is accepting of all clients 16+ - no referral is necessary
 - ♥ RAAM provides evidence based addiction medicine, which includes Buprenorphine (Subobone/Sublocade), Methadone and alcohol urge reduction medication



To make an appointment, please contact
Nicki at (807) 274-2042 ex. 6230 or
nsandelovich@fftahs.org



MENTAL HEALTH DIRECT LINE

If you are in need of urgent same day/walk-in mental health stabilization supports, please call the Mental Health Direct Line.

1-807-271-0212

Available Monday – Thursday 8:30 a.m. – 4:30 p.m.

Friday 8:30 a.m. – 4:00 p.m.

If you are in a crisis outside of business hours, please call **1-866-888-8988** or text **741741**

In the event of an emergency, call 911 or the emergency service number in your community



INTERNATIONAL OVERDOSE AWARENESS DAY

**AUGUST
31ST**

According to the Center for Disease Control, the International Overdose Awareness Day (IOAD) is the world's largest campaign to end overdoses.

The first ever IOAD was celebrated in 2001 as a BBQ remembrance event at the Salvation Army needle exchange in Melbourne Australia and grew from there.

Goals of International Overdose Awareness Day

- Provide an opportunity for people to publicly honour loved ones.
- Tell people who use drugs and people in recovery that they are valued.
- Inform people around the world about the risk of drug overdose.
- Provide basic information on the range of support services that are available.
- Prevent and reduce drug-related harms by supporting evidence-based practice

Signs of Opioid Dependence or Addiction

- Needing to take more to get the same effect
- Increasing the amount you use or using for longer than you planned to
- Spending increased time and effort getting opioids
- Experiencing withdrawal if you stop taking opioids or reduce your dose
- Reducing the amount of time you spend on other activities like work, sport or family
- Continuing to use even though it is causing problems with work, home life and/or relationships.

How to Recognize an Overdose

- Small, constricted "pinpoint pupils"
- Falling asleep or loss of consciousness
- Slow, weak, or no breathing
- Choking or gurgling sounds
- Limp body
- Cold and/or clammy skin
- Discolored skin (especially in lips and nails)

Recognizing an overdose can be difficult. If you are not sure, it is best to treat the situation like an overdose - you could save a life. Administer naloxone, if it is available, and call 911 immediately

AVOID USING ALONE - USE WITH SOMEONE ELSE WHO CAN HELP IN AN EMERGENCY

IF USING ALONE, DOWNLOAD AND USE THE **LIFEGAURD APP OR CALL AND USE THE NATIONAL OVERDOSE RESPONSES SERVICE AT 1-888-688-NORS (6677)**

CARRY NALOXONE AND KNOW HOW TO USE IT

If you require a Naloxone kit:

Contact your Community Health Nurse
Monday-Friday 8:00am - 4:00pm
807-274-2042

Request one at the RAAM Clinic:
Monday - Friday 9:00am - 5:00pm
206 Victoria Ave

Contact your closest Pharmacy

REACH OUT FOR SUPPORT & SERVICES

Community Addictions Nurse/RAAM
Call 807-274-2042 ext. 6233
Text 807-789-2025

Drop in at the Fort Frances RAAM at 206 Victoria Ave
Mino Ayaa Ta Win Healing Centre - Withdrawal
Management Services
Call (807)-274-7373



GUIDING IMPROVEMENT

Your feedback assists us to guide some of the actions shared with you in our Strategic Plan.

CLIENT SATISFACTION SURVEY

“

The Anishinaabeg will lead the organization so that Giishkaandago' Ikwe successes are the communities' successes

To achieve this, we will:

- Be a partner in advocating for an improved and connected Anishinaabe health system.
- Engage and action the direction from community leadership, workers, and members in all aspects of our work...

~ 2023-2028 Strategic Plan (Direction One)

”



Scan the QR code to
share your thoughts
on **how best to**
support you.

NEWSLETTER SURVEY



Scan the QR code to
share your thoughts
on **what is most**
valuable to you.

“

Deepen the mutual understanding and relationships between the Anishinaabeg and Giishkaandago' Ikwe

To achieve this, we will:

- Promote education and awareness of Giishkaandago' Ikwe services, so that more clients access the full scope and balance of services available to them...

~ 2023-2028 Strategic Plan (Direction Two)

”



Hamility
DABASENDIZOWIN

CONTACT US

LOCATIONS & HOURS

 (807) 274-2042

Administration

1458 Idylwild Drive
Mon. to Thurs. 8:00am–4:00pm
Fri. 8:00am–3:30pm

Human Resources

540 Kings Hwy (Unit B)
Mon. to Thurs. 8:00am–4:00pm
Friday 8:00am–3:30pm

Home & Community Care

1460 Idylwild Drive
Mon. to Thurs. 8:00am–4:00pm
Fri. 8:00am–3:30pm

Diabetes & Foot Care

540 Kings Hwy (Unit D)
Mon. to Thurs. 8:00am–4:00pm
Friday 8:00am–3:30pm

Child's First Initiative

780 Kings Hwy
Mon. to Thurs. 8:00am–4:00pm
Fri. 8:00am–3:30pm

Maternal Child Health

375 Scott Street
Mon. to Thurs. 8:00am–4:00pm
Fri. 8:00am–3:30pm

Children's Oral Health Initiative

375 Scott Street
Mon. to Thurs. 8:00am–4:00pm
Friday 8:00am–3:30pm

Public Health

540 Kings Hwy (Units E & F)
Mon. to Thurs. 8:00am–4:00pm
Friday 8:00am–3:30pm

Behavioural Health Services

601 Kings Highway
Mon. to Thurs. 8:30am–4:30pm
Fri. 8:30am–4:00pm

Mino Ayaa Ta Win Healing Centre

Fire#1107 Highway 11
Mishkiki Miikaan Road
Mon. to Fri. 8:00am–4:00pm



To find our Newsletters and more on our website, www.fftahs.com scan the QR Code.
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