

Our Vision and Mission

MINO AYAWIN - GOOD HEALTH

We are a centre of excellence and a leader in innovative health care guided by the seven Grandfather teachings of the Anishinaabe inspiring knowledge, strength and empowerment for the purpose of lifelong Mino ayawin (good health).

Our Values



DEBWEWIN (TRUTH)

- Quality assurance, self reflective

NIBWAAKAAWIN (WISDOM)

- By providing innovative practice in wholistic health care

DABASENDIZIWIN (HUMILITY)

- Creator/Creation; self; family; community; nation

ZOONGIDE'EWIN (BRAVERY)

- Integrity, fearlessness, and strength in leadership

MANAAJI'IDIWIN (RESPECT)

- Honour individual belief and customs of stakeholders / consumers and communities

ZAAGI'IDIWIN (LOVE)

-Compassion; empathy; understanding Anishinaabe history

GIWEKWAADIZIWIN (HONESTY)

Accountability and responsibility

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JULY 2022



On June 16, we at Giishkaandago'lkwe Health Services held our 2021/22 Annual General Meeting and celebrated 15 years of service.

"On behalf of the Giishkaandago'lkwe Health Services Board of Directors, I would like to congratulate our team and the organization on 15 years of service. We are honoured to continue to contribute to the health and wellness of our Anishinaabe people and to have achieved this major milestone. Throughout those 15 years, the organization has overcome many challenges, seen many changes, and celebrated many successes. We contribute our success to all of our dedicated staff, our supportive community leaders, partners and amazing clients and families." - David Paul, 2021/22 Chair

We would like to congratulate Chief Wayne Smith on celebrating 15 years of service as a Board Director - chi-miigwech for all of your contributions over the years.

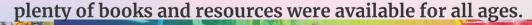
Miigwech to Chief Brian Perrault and Couchiching First Nation for hosting our AGM.

Miigwech to our employees, clients, Elders, Chiefs and Board Directors that joined us in this annual celebration.





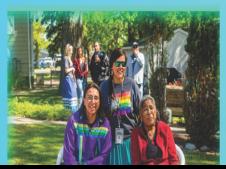
In June we celebrated PRIDE by holding a breakfast event complete with rainbow pancakes, 3 amazing guest speakers, and giveaways of mugs, t-shirts and lawn signs. Our agency drum was present and the day was a wonderful way to gather and show our support for the 2SLGBTQQIA+ community and build awareness. Other service provider booths and





Chii-Miigwech to everyone who supported the event and our 2SLGBTQQIA+
Committee and helpers who made the day possible! A total of 180 people attended
with plenty of giveaway items sent to our surrounding communities.









Client and Family Advisory Committee (CFAC)

What is client-and-family-centered care?

Accreditation Canada describes client-and family-centered care as "an approach that fosters respectful, compassionate, culturally appropriate, and competent care that is responsive to the needs, values, beliefs, and preferences of clients and their family members. It supports mutually beneficial partnerships between clients, families, and health care service providers.

What is a client and family advisor?

A client and family advisor is a person who has had a recent experience being a client or the family member of a client. Advisors partner with FFTAHS providers to give direct input into policies, programs, and practices that affect client care and services. Client and family advisors help shape the future of health care in the community by serving as advisors on many committees, councils, research projects, and improvement events.

Expectations

As a client and family advisor, you can expect to:

- have processes and terms explained to you as needed for clarification and understanding;
- be listened to and respected for your insights and suggestions;
- be assigned an FFTAHS employee to address any questions or concerns; and,
- attend an orientation meeting; receive training relevant to the role, or both.

As a client and family advisor, you are expected to:

- attend meetings as scheduled and advise organizers when you're not able to participate;
- come to the session prepared to contribute;
- respect the collaborative process and understand that final decisions about care delivery and process improvements are the responsibility of health care administrators; and.
- respect the confidentiality of materials about clients and organizations.

How to Join

Contact Ginny Heilman at 274-2042 or email gheilman@fftahs.org

Health and Wellness

JULY 24TH IS... INTERNATIONAL SELF-CARE DAY

Today, we recognize the importance of maintaining balance and ensuring wellness in the areas of physical, mental, emotional & spiritual health. Not sure where to start? Here are some simple ideas to get you started...

Drink a glass of water

Listen to music you love, drum or attend a powwow Set goals for the next month

Re-read your favorite book

Find a new podcast to listen to

Call a family member or friend attend a sweatlodge ceremony

Sit by a stream and listen to the water

Buy a coffee for the person behind you in line Get moving by dancing, doing yoga, stretching

Health and Wellness

GOLF FOR WELLNESS

GOLF PROVIDES MENTAL WELLBEING BENEFITS.
RESEARCH HIGHLIGHTS THAT GOLF CAN HELP
INDIVIDUALS IMPROVE THEIR CONFIDENCE,
SELF-ESTEEM AND ANXIETY LEVELS.



FREE ROUNDS OF GOLF FOR COMMUNITY MEMBERS AT KITCHEN CREEK & HERON LANDING GOLF COURSES.

PASSES ARE LIMITED REGISTER TODAY!

Cart rental & club rental included 12 & under do not require a pass

To register, contact Ruthann McGinnis at: rmcginnis@fftahs.org or (807) 274-2042 ext. 4246



Health and Wellness

Children's Oral Health Initiative

Summer Screenings & Cleanings Event

Each child that receives a screening and cleaning between July & August will be entered into our summer giveaway!

Prizes include:

1st Prize: iPad Mini

2nd Prize: Electric Toothbrush Package (child & adult)

3rd Prize: Home Cleaning Bundle

*prizes will be drawn on September 6, 2022

Please contact your community COHI Aide or your COHI team at 274-2042 or 271-1652 to arrange an appointment for your child to receive a screening & cleaning.

*Children aged 4-13 residing in the 10 First Nations the FFTAHS COHI program provides services are eligible to participate.



CHANCE TO WIN 1 OF 3 PRIZES!



ZHOOMIINGWEWINAN NIIGAAN EYAAGIN Smiles for the Future

Staff Feature

Kayla Caul-Chartier, CEO

Kiitackamigook mishtadim Boozhoo. indigoo, nindoodem, Devlin niindonnjii, Kayla Caul-Chartier nindishinkaaz. I My background and passion is nursing. I have worked for the organization for 6 years and started my employment as a casual home and community care nurse. I immediately fell in love with the organization and enjoyed working with the clients and teams so much, that when the opportunity for Director of Health Services became available, I applied. I worked as the Director of Health Services for 2.5 years becoming the CEO. I am grateful to be able to work for such an amazing organization and feel so fortunate to be able to work with our amazing staff, clients, and communities who inspire me daily.

Alex Bruyere, Manager of Human Resources

Boozhoo, my name is Alex Bruyere and I am from Couchiching First Nation. I have been with Giishkaandago'Ikwe Health Services as the Manager of Human Resources since July 2020. I enjoy working in a growing fast-paced environment. I enjoy spending my free time with my family and playing various sports.



Stacey Yerxa, Human Resources Intern

Boozhoo! Paybomsat, Waabaanong-kwe, Indizinikaazh, Atik Dodem. My name is Stacey (Jack) Yerxa, I am originally from Mishkosiminiziibiing but I reside in Fort Frances. I have been with Giishkaandago'Ikwe Health Services for over 9 months. My role with the organization is the Human Resources Intern. Miigwetch!

Bobbi Maxwell, Accounts Payable Assistant

I've been working with the Giishkaandago'lkwe Health Services administration team since June 2020 as the Accounts Payable Assistant. I am very proud of the work that we do and looking forward to the knowledge and experiences to come!

Danielle Lee, Receptionist

Boozhoo, my name is Danielle Lee. I have been with the organization since 2015. Currently I am the agency's receptionist and am also a casual Residential Support Worker. I have had the honor of attending many teachings and ceremonies, and have gained much knowledge. I am honored to be working for Giishkaandago'Ikwe Health Services to help bring Mino Ayawin to communities and our clients. In my spare time you can find me doing photography, woodworking, or baking/cooking, or enjoying some camping or gardening, playing games with friends or enjoying a bonfire with my friends.





I am a proud mother to 5 sons. I enjoy attending ceremonies and pow wows with my family. I love hockey in general and am a huge Washington Capitals fan. My passion for my culture and my traditional lifestyle led me to my position as Cultural Coordinator, which I have been in since Spring 2020. I enjoy bringing our cultural teachings and helping to incorporate our medicines, ceremonies, and language into our everyday lifestyle as well as helping to build a bridge between staff and elders. Connecting with the Elders Advisory Council and local elders and visiting our First Nation communities is definitely favorite role my part of my Giishkaandago'lkwe Health Services.

Jena Thomasson, Executive Assistant

Boozhoo!

Waasko Anang Indigoo

Jena Thomasson nindizhinikaaz

Couchiching nindoonjii

Makwa nindoodem

I worked for the organization from 2018 to 2020 and rejoined in April 2022. I have always enjoyed working for Giishkaandago'lkwe Health Services and couldn't be happier to rejoin such an amazing team. I am grateful for all of the opportunities we are given to practice and learn more about Anishinaabe culture (I was able to make my first ribbon skirt last month!). In my spare time I can be found fishing, gaming, playing with my fur babies, or dancing away at a music festival.

Boozhoo indinawemaaganidok! Waabishkii Giniw Ikwe indigoo Mackenzie Archie nindizhinikaaz Mishkosiminiziibiing nindoonjii Makwa nindoodem Cultural Coordinator indanokiiwin



Wental Health Service,

Pesidential Treatment,

& Withdrawal Management Services

WE ARE HERE TO HELP

Mental Health Direct Phone Line

807-271-0212

Triaged Walk-in/Call-in
Services

Call or Text 8:30am - 4:30pm Monday to Thursday

8:30am - 4:00pm Fridays

YOU ARE NOT ALONE

Services We Offer

Residential Treatment

28 day residential treatment program delivered through group processing therapy, 1:1 comprehensive case management and solution focused interventions, 1:1 mental health counselling.

The next co-ed treatment cycle is beginning August 1, 2022

Withdrawal Management Services

Provides medically supervised detox services with comprehensive case management and aftercare planning.

FOR MORE INFORMATION CALL 807-274-7373







SUPPORT SERVICES

TREATY THREE POLICE 1 (888) 310-1122 / 1 (807) 274-1565 O.P.P 911 / 1 (807) 274-7777

FFTAHS MENTAL HEALTH DIRECT LINE 1 (807) 271-0212

VICTIM SERVICES 1 (807) 274-5687

CANADIAN HUMAN TRAFFICKING HOTLINE 1 (833) 900-1010

NATIONAL HUMAN TRAFFICKING HOTLINE 1 (888) 373-7888

TALK 4 HEALING 1 (855) 554-HEAL

KIDS HELP PHONE 1 (800) 668-6868

HOPE FOR WELLNESS 1 (855) 242-3310

MMIWG SUPPORT LINE 1 (844) 413-6649

FOR SUPPORT, CONTACT:

JOCELYN JOHNSON: ANTI-HUMAN TRAFFICKING CASE MANAGER

(807) 274-2042 EXT. 4227





JULY FULL MOON & WOMEN'S SWEATLODGE

CEREMONY

July 13th, 2022 @ 6:00pm

Participants are asked to wear a skirt and bring:
Asemaa (Tobacco) and a gift for our helper
(If needed offerings can be provided)

On-site Outdoor Teachings and Sweatlodge

Behavioural Health Services Building (601 Kings Hwy)

For more information contact Audrey: 807-274-2042 amikkelsen@fftahs.org *Covid-19 Screening in effect



Seventh Moon of Creation "Miskomini Giizis"



Berry Moon is the time fertility, growth, for family, and change. We come together to gather berries and medicine to sustain us for the coming winter. During this with we act moon, kindness that reflects the appreciation we have for one another, knowing our interconnectedness with one another and all of Creation.

This moon is also known as Raspberry Moon, Blueberry Moon, Buck Moon, Feather Moulting Moon, Thunder Moon, Salmon Moon, as well as many others.



Learn more at http://www.wakingupojibwe.ca

"Do it!"

(simple command phrases)

Ambe omaa	Come here	Uhm-beh oh-maw
Bizindan	Listen	Bih-zin-duhn
Biindigen	Enter	Been-dih-gehn
Wiisinin	Eat	Wee-sih-nihn
Namadabin	Sit down	Nuh-muh-duh-bin
Niibowin	Stand up	Nee-boh-win
Gawishimon	Lay down	Guh-wish-ih-mohn
Nibaan	Sleep	Nih-bawn
Biinichigen	Clean up	Bee-nih-chih-gehn
Webinan	Throw it away	Weh-bih-nuhn



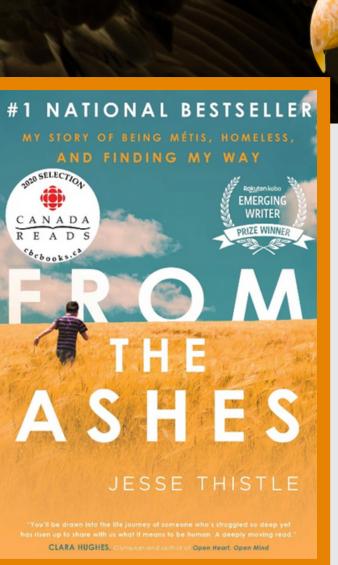


https://isaacmurdoch.com/tools-for-teachers/



https://www.onwa.ca/full-moon-ceremony





Book of the Month

Abandoned by his parents as a toddler, Jesse Thistle briefly found himself in the foster-care system with his two brothers, cut off from all they had known. Eventually the children landed in the home of their paternal grandparents, whose tough-love attitudes quickly resulted in conflicts. Throughout it all, the ghost of Jesse's drug-addicted father haunted the halls of the house and the memories of every family member. Struggling with all that had happened, Jesse succumbed to a self-destructive cycle of drug and alcohol addiction and petty crime, spending more than a decade on and off the streets, often homeless. Finally, he realized he would die unless he turned his life around.

In this heart-warming and heart-wrenching memoir, Jesse Thistle writes honestly and fearlessly about his painful past, the abuse he endured and how he uncovered the truth about his parents. Through sheer perseverance and education — and newfound love — he found his way back into the circle of his Indigenous culture and family.

"From the Ashes is a remarkable memoir about hope and resilience, and a revelatory look into the life of a Métis-Cree man who refused to give up.

An eloquent exploration of the impact of prejudice and racism, From the Ashes is, in the end, about how love and support can help us find happiness despite the odds." (From Simon & Schuster)





Important Jates & (proming Events

JULY 1: OFFICE CLOSURE

JULY 5: SWEATLODGE CEREMONY @BHS 6PM

JULY 11: WOMEN'S SHARING CIRCLE @BHS 6PM

JULY 12: MEN'S HAND DRUMMING @BHS 6PM

JULY 13: FULL MOON CEREMONY @BHS 6PM

JULY 19: SWEATLODGE CEREMONY @BHS 6PM

JULY 24: INTERNATIONAL SELF CARE DAY

JULY 25: WOMEN'S SHARING CIRCLE @BHS 6PM

JULY 26: MEN'S HAND DRUMMING @BHS 6PM

For more support please contact:

FFTAHS mental health direct phone line:

(807) 271-0212

GCT3 IRS team: (807) 548-4214

GCT3 IRS additional crisis support:

(807) 464-0037

IRS Survivors Society: 1-800-721-0066 or reach out to your local regional health organization for mental health supports.







GIISHKAANDAGO'IKWE HEALTH SERVICES

EMPLOYMENT NEWS



"For the purpose of lifelong Mino Ayawin - Good Health"

ABOUT US

Giishkaandago'lkwe Health Services is a multi-faceted, accredited organization with a diversity of programs and is a leader in innovative wholistic services that promote a bi-cultural approach to health and wellness. We work closely with the 10 Fort Frances region First Nation communities, partners and funders to improve the health and wellness of the communities it serves.

JOIN OUR TEAM

At Giishkaandago'lkwe Health Services our competitive compensation, work schedule, opportunities for training and development, and our benefit plans (including extended health, dental, pension, and generous vacation) provide our employees with an incredible work life balance.

For current postings and details on how to apply visit: www.fftahs.com/careers

LOCATIONS & HOURS

(807) 274-2042

Administration

1458 Idylwild Drive Mon. to Thurs. 8:00am–4:00pm Fri. 8:00am–3:30pm

Home & Community Care

1460 Idylwild Drive Mon. to Thurs. 8:00am—3:00pm Fri. 8:00am—2:30pm

Child's First Initiative

375 Scott Street Mon. to Thurs. 8:00am—3:00pm Fri. 8:00am—2:30pm

Diabetes & Foot Care

540 Kings Hwy (Units E) Mon. to Thurs. 8:00am—3:00pm Friday 8:00am—2:30pm

Children's Oral Health Initiative

540 Kings Hwy (Units D) Mon. to Thurs. 8:00am—3:00pm Friday 8:00am—2:30pm

Community Health

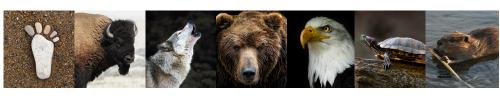
540 Kings Hwy (Units D & F) Mon. to Thurs. 8:00am—3:00pm Friday 8:00am—2:30pm

Behavioural Health Services

601 Kings Highway Mon. to Thurs. 8:30am—4:30pm Fri. 8:30am—4:00pm

Mino Ayaa Ta Win Healing Centre

Fire#1107 Highway 11 Mishkiki Miikaan Road Mon. to Fri. 8:00am—4:00pm



Our website is updated with monthly program calendars, community newsletters, all current employment opportunities, and staff contact information

Plus so much more!

https://www.fftahs.com/events-calendars



Our Facebook Page has all the latest program Information, pictures and events! We have giveaways and client surveys, prizes drawn often! Check it out!

Hiring Committee

Mail: P.O. Box 608, Fort Frances. ON. P9A 3M9

E-mail: humanresources@fftahs.org

FFTAHS is an equal opportunity employer, Accessibility accommodations are available for all parts of the recruitment process. While we appreciate all who apply, we will only contact those persons selected for an interview.

Miigwech, thank you.