



**GIISHKAANDAGO'IKWE
HEALTH SERVICES**

QUARTER 2 SERVICE REPORT

2022-2023

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PUBLIC HEALTH

Community Health

Our Community Health Team had 5223 encounters during the first and second quarter and provided services to 1205 individuals. The continuation with full service delivery allows for 2 community visits per week. These visits continue to ensure the needs are met for individuals, as well as the community. The Community Health Nurses continue to administer scheduled childhood vaccines, complete prenatal visits and Well Baby visits, along with distributing monthly milk coupons and CPNP vouchers for children under the age of 2.

The Community Health Team continues to spend the first and second quarter ensuring eligible community members are fully vaccinated and receive booster doses for COVID-19. To date, the Community Health Team have held 35 COVID-19 vaccination clinics and administered 398 COVID-19 vaccine doses, 82% of which received their booster dose.

The pediatric COVID-19 vaccine for children six months to four years of age was also offered as a primary series and vaccination clinics were implemented in all eight communities. Vaccination continues to remain one of the most important tools for protection.

Following the announcement from the provincial government of the expansion of eligibility for the COVID-19 bivalent booster, the Community Health Nurses have been actively working with Community Health Directors, Community Health Representatives and other community partners in scheduling vaccination clinics in order to administer booster doses for those individuals eligible.

Going forward the Community Health Nurses will continue to focus on COVID-19 immunizations, as well as COVID recovery. Due to the disruptions of the pandemic, majority of students are behind on their immunizations than usual. Currently the Community Health Nurses are in the planning and implementation process of running catch-up clinics for students, working closely with community schools.

Vaccination clinics continue to remain a high priority in service delivery as data and studies indicate this remains the most important way to provide protection to one another and the communities surrounding.

Moving into the third quarter, the Community Health Team will continue to focus on service delivery of routine and recommended immunizations of school-aged children and adolescents, harm reduction, and sexual health services. Case and contact management will continue to be monitored as well as providing influenza clinics to all communities as well as staff.

Environmental Public Health

In the past quarter, the Environmental Public Health (EPH) Team have been busy with the continuation of developing and providing services within Giishkaandago'lkwe Health Services. The EPH Team is excited to announce the fulfillment of the Water Quality Analyst position. This position allows all ten First Nation communities to continue to have regular monitoring and sampling of all drinking water systems, providing clean, safe and reliable drinking water for all individuals. Through the communication and collaboration with each of the community's Water Treatment Plant Operators, the EPH team provided 11 community visits this quarter, ensuring the proper upkeep of drinking water systems and review of daily plant operational logs.

The EPH Team continues to follow up on a number of Public Health related concerns, such as the investigation of 11 animal bite reports, two cases of Blastomycosis and 5 potential rabies exposures. 108 Food Recall notifications were shared, 10 Boil Water Advisory Alerts were issued and 8 advisories were lifted. The continuation of regular communication and collaboration with communities allow for the facilitated assistance for 3 communities to no longer be on long term boil water advisories.

In addition, the EPH team received 28 service requests, provided 45 consultations and participated in 22 community project meetings, which included water and wastewater projects.

Engagement with communities continues remotely and now by in person, allowing for an expansion of resources, education, support and service delivery. 3 client resource factsheets were developed this quarter, in order to provide clear concise information on Blastomycosis, Lyme Disease, and Confinement for observation following a zoonotic bite incident to communities and individuals.

The EPH Team looks forward to the continuation of collaboration with communities and organizations in order to effectively control factors that may affect individual's health. The team will continue to provide recommendations in order to promote human health and well-being and foster healthy and safe communities.

C MMUNITY

HOME & COMMUNITY CARE

Home Care

The Home Care Team supported 248 community members, received 57 new referrals and provided over 7070 encounters in the home and 12,883 total encounters cumulative from Quarter 1.

Streamlined and timely wound care documentation has been a priority area throughout 2022. The team is happy to share that 33 clients across the service area utilized the Swift Skin and Wound technology with a total of 431 in-person wound care assessments completed this quarter. The data obtained during these assessments will continue to support quality improvement initiatives and provide consistent communication with care providers.

The team welcomed a Homecare Coordinator and an additional Registered Practical Nurse this quarter. Both have completed their orientation and are excited to work within the communities to provide home based nursing services.

A lift and transfer training workshop was completed in July in partnership with Motion, utilizing the beautiful simulation lab out of Seven Generations Institute. The homecare, diabetes education and foot care programs received this annual training to ensure safe, consistent and confident practices in the home or office setting. Highlights included safe use of common lifts, overview and indications for use of slings, and practicing 1 and 2 person transfers from a chair, bed or floor.



Personal Support Worker, Kathy Bombay, in Lift and Transfer Training with Motion.

The Palliative Care Coordinator was busy this quarter, attending various campaigns and co-planning education sessions across the district. CAPACITI First Nation invited the Palliative Care Coordinator to prepare educational videos for an upcoming education series specific to palliative care in the First Nations communities. Knowledge sharing meetings took place with organizations across the region to discuss implementation of palliative/end of life services in the FN communities. Specifically, utilization of standardized assessment tools and the importance of early identification.

The co-planning journey mapping sessions with the local Sunset Palliative Care Committee was a priority this quarter. Goals include coordinating services and improving access to services for all individuals in the community while also assisting various nurses, providers and care givers involved in palliative care.

The Palliative Care Coordinator and Transitions Coordinator attended a cancer survivorship campaign in Kenora that was hosted by Grand Council Treaty #3. Information on our palliative care program was shared and a gift basket was provided as a door prize.

Diabetes and Foot Care

The Diabetes and Foot Care team supported 414 community members, received 84 new referrals and provided 1759 total encounters cumulative from Quarter 1.

The Diabetes Educator provided 30 screening clinics across the service area, screening 143 community members. The screening included random glucose and blood pressure monitoring to help early identify those at risk of diabetes or hypertension as well as education, information and various resources.

Walk in clinics for diabetes education started in September and are available every Friday at the Foot Care / Diabetes office. Any community member is welcome to drop in.

The Diabetes Education program continued to partner with the Rainy River District Ontario Health Team (RRDOHT) Diabetes Sub-Committee through Q2 to advance the planning on the centralized referral system for the northwest region. The committee continues to meet monthly.

The Foot Care Coordinator provided an in-service on offloading education and indication for the different devices to the Home and Community Care team, ensuring that practice is consistent and follows a best practice approach.



MATERNAL CHILD HEALTH

Indigenous Midwifery

Giishkaandago'lkwe Health Services received the approval for the Indigenous Midwifery Program through the Ministry of Health beginning in 2022-2023. In July 2022, The Director of Maternal Child Health Services role became active to support the development of a sustainable Maternal Child Health Department and the implementation of Indigenous Midwifery, as part of a trial restructuring of Health Services for this fiscal year.

On July 13, 2022, the Director of Maternal Child Health was honored to attend a Birthwork Gathering at the Ojibways of Onigaming round house. The gathering was a partnership between Onigaming and Mishkosiminiziibiing and brought together advocates for Birthwork to share and celebrate this work going forward.

In Q2, advocacy has continued for a coordinated and collaborative approach to Maternal Child Health in Southern Treaty #3 that will realize health service solutions for safe, quality, wholistic care for children and families and close unacceptable and longstanding gaps that are vital for the health of our Nations.

We are looking forward to our Q3 priorities that will include planning for community based education, Midwifery focused gatherings and engagement activities that will further inform the development of this vital program.

Children's Oral Health Initiative

The COHI program held its' "Screenings & Cleanings" program throughout the months of July and August. Forty-four children participated in the event and each child that received a "Screening and Cleaning" was entered into the summer giveaway. Prizes included an iPad Mini, Electric Toothbrush Package (child & adult), and Home Cleaning Bundle (parent prize).

Since April 1, 2022, the COHI team has performed 163 dental screenings, 172 fluoride varnish applications, 21 temporary fillings, and facilitated 48 dental referrals. Throughout the second quarter, the COHI team performed 74 dental screenings, administered 92 fluoride varnish applications, placed 15 temporary fillings, placed 24 dental sealants, and facilitated 26 dental referrals during this quarter.

In collaboration with the Child's First Initiative team, the COHI team launched "Giziiyaabide'on, Mazina'igan, Nibaawin" its Brush, Book, Bed program. A social media campaign that included tips on how to create a healthy night time routine that includes brushing teeth, reading together, and then bed for children of all ages that ran throughout the month of September. Six hundred and fifty Brush, Book, Bed packages were assembled and distributed to community children. To wrap up the campaign, a Giziiyaabide'on, Mazina'igan, Nibaawin grand prize was available to be won by engaging in the weekly Facebook posts and was drawn on October 11, 2022.

The COHI team continues to support children in accessing dental supports through Jordan's Principle and submitted two dental related Jordan's Principle funding proposals during this quarter.

The COHI program received the final report from Accreditation Canada and is excited to share that 100% of the standards were met in Dental Services!

The COHI team had the opportunity to attend a two-day professional development session in Whitehorse, Yukon on September 30 and October 1. The focus of the Summit was to emphasize the importance of reconciliation and build capacity for intercultural understanding, empathy, and mutual respect between Indigenous and non-Indigenous peoples.

It encouraged practitioners to embrace the value of traditional healing practices to the health and well-being of Indigenous peoples and incorporate them into treatment plans whenever possible. It also called upon the dental hygiene profession to act as leaders to facilitate change, reduce health inequities, recognize unconscious bias, and address systemic biases identified in the Truth and Reconciliation Commission's Calls to Action.

The COHI team is pleased to share that it has expanded the age of eligibility for its preventative dental services within the federal schools of the Giishkaandago'lkwe Health Services catchment area for the upcoming 2022-2023 school year.

Preventative dental services will now be available for children up to grade eight living on reserve and attending Mikinaak Onigaming, Pegamigaabo, and Zhingwaako Zaaga'Iganing schools. Keep a look out for consent packages that have been sent home from school with your child and please complete and return to the school if you would like your child to participate.

Child's First Initiative

Since April 1, 2022 the CFI team has completed 9176 encounters with 397 clients. The Child's First Initiative is a multidisciplinary program supporting children from the 10 First Nation communities in southern Treaty 3, living on and off reserve.

Over July and August, the CFI staff travelled to communities to meet with children and families and participate in a variety of activities. Open air art studios were offered in both Nigigoonsiminikaaning and Big Grassy to encourage healing and mindfulness through art. Play groups for young children were that incorporated fun physical and sensory activities. Children and families were encourage to get outside, play, and enjoy the summer!

In collaboration with the COHI (Children's Oral Health Initiative) team, the CFI program launched Giziyaabide'on, Mazina'igan, Nibaawin (Brush, Book, Bed). This project supported families to establish a bedtime routine for children of all ages that included brushing & flossing teeth, reading a book, and then off to bed – with no technology or screen time. “BBB” packages were delivered to children residing in the communities and included toothbrush, toothpaste, floss, books, routine chart, a bedtime item and information for parents.



On September 14, Family Navigator/Case Manger's were invited to a Jordan's Principle Round Table session hosted by Grand Council Treaty 3. This session provided an opportunity to liaise with community based Jordan's Principle Workers/Navigators across Treaty 3 and discuss opportunities and challenges within the current Jordan's Principle application process and system. These round table sessions will be held quarterly.

The CFI team travelled to Lac La Croix at the beginning of September to meet with staff at Zhingwaako Zaaga'lgan School and discuss the upcoming school year and how CFI can best support students and staff. It was a great opportunity to meet the new teachers and staff and celebrate the new school year! CFI Team members travel weekly to Lac La Croix to offer a variety of services.



Zhingwaako Zaaga'lgan School Staff - Lac La Croix

Following a request from Chief & Council, the CFI program supported Seine River's Family Well Being program in their group applications to Jordan's Principle for food and clothing allowances. Following the application approval for the food allowances, families who chose to participate were provided with store gift cards to offset the cost of purchasing grocery items. The application for clothing allowance is pending.

With the beginning of the school year, CFI has been meeting with new and returning teachers and staff at Mikinaak School to ensure supports are in place for students. The Children's Mental Health Therapist, Speech Language Pathologist, Occupational Therapist, Behavioural Consultant, Infant Child Development Workers, and Family Navigator/Case Managers visit weekly to provide a variety of services and supports to students. Staff have also been collaborating closely with the Jordan's Principle coordinator and workers recently appointed in Onigaming First Nation.

Occupational Therapists are providing weekly classroom based programs at Zhingwaako Zaaga'lgan, Mikinaak, and Pegamigaabo schools focusing on self-regulation, fine motor skills, and activities of daily living. This program will continue throughout the school year.

All CFI service providers are travelling on a regular schedule to see children in school, home and community locations. For more information on staff schedules or to make a referral to the program, contact the CFI office at 274-2042.





MENTAL HEALTH SERVICES

Mental Health Counselling

A total of 873 direct counselling contacts were provided by Mental Health counsellors since April 1, 2022.

The team also supported coverage of the weekly mental health direct line which provided one to one walk in and phone/virtual support services to those experiencing crisis. With the help of other staff within Mental Health Services, the team tended to community level social emergency crisis situations within the quarter to communities where support services were offered through Social Emergency team coordination.

Of the individuals accessing all of our Mental Health Services programming within quarter one and two, 83.8% identified as Indigenous, 1.98% identified as Metis and 14.22% were listed as unknown or non-Indigenous.

The number of clients from each of the communities accessing Mental Health Services during quarter one and quarter two includes: 37 clients from Couchiching First Nation, 37 clients from Ojibways of Onigaming, 19 clients from Lac La Croix, 9 clients from Mishkosimiziibiing, 23 clients from Rainy River First Nations, 11 clients from Seine River, 28 clients from Naicatchewenin First Nation, 13 clients from Nigigoonsiminikaaning, 12 clients from Anishinaabeg of Naongashiing, 11 clients from Mitaanjigamiing, and 46 clients from other communities.

The percentage of individuals who access Mental Health Services with presenting concerns. Addiction and Substance use were reported to be the highest presenting concern identified within the 2nd quarter at 19% of individuals, followed by Grief and Loss at 12% and Depression and Anxiety both at 10%. Relationship Issues were a concern of 9% of the individuals and Suicide Attempt or Ideation was listed as a presenting concern of 6% of individuals serviced.

The average ages of individuals who are accessing our Mental Health Services, much like data reported in the past years and in the first quarter, the largest current age demographic remains between ages 26-32 years.

On the National Day for Truth and Reconciliation, an event was organized in partnership with numerous other community organizations in honour of residential school survivors and honouring the children of today. The Mental Health Services staff assisted in the discussions for the walk and powwow, along set up and take down of the event, which brought nearly 800 people in attendance over the course of the day.

Land-Based Program

The Giishkaandago'Ikwe Health Services Land Based Program consists of two counsellors who provide land-based and culturally safe activities and programming, as well as the delivery of Pre-treatment and After-care Services for individuals addressing their substance misuse. Program workers consistently network and support community events when possible. The Land Based Counsellors have supported with crisis response services within communities when required and other community land-based workshop requests.

The coordination of canoe races in the community of Mishkosiminiziibiing (Big Grassy First Nation) with a total of 6 participants who had made it out for the afternoon of canoeing.



The coordination of canoe races in the community of Couchiching First Nation were supported by the Land Based Program with a total of 60 participants in the event that allowed for 3 flights of races.



International Overdose Awareness Day Walk was supported by the Land Based Program by providing support and resources to a booth at the event along with drumming and songs for healing.

Coordination of men's drumming bi-weekly with Land Based Counsellor and Cultural Support Worker. Workers allow for a culturally supportive space for individuals to connect, share traditional teachings, and sing songs.

Coordination of women's hand drumming is offered bi-weekly for women and girls by the program. A local knowledge keeper facilitates the hand drumming sessions. Women are provided teachings about the songs and the stories behind them. This activity is often utilized as an after-care activity as the women are offered the opportunity to make and practice singing with a hand drum while attending residential treatment.

Coordination of Full Moon Ceremony each month for women and girls occurs through the land-based program. Elders and Knowledge keepers gather with participants to share teachings, a feast and the group make offerings to the sacred fire.

Women's sharing circle was offered by one of our Land Based Counsellors. This opportunity was available for individuals to come together and share any struggles or successes related to recovery and healing.

Pre Treatment services were offered weekly. This program provided opportunities to begin exploring and assessing the nature of one's addictive behavior. The group is open to anyone interested in making changes. The group is free of judgement, and delivered in a culturally safe environment.

Aftercare Services were offered weekly. This program provided opportunities for participants to further explore and assess the nature of one's addictive behavior. The group is open to anyone who has completed an addictions treatment program.



Event/Program	Number of programs offered	Attendance
Women's Hand Drumming	12	109
Men's Drumming	12	80
Full Moon Ceremony	6	34
Sharing Circle	4	6
MATW Sessions	24	62
Pre Treatment Sessions	12	6
After Care Sessions	12	10
After Care Sweatlodge	3	16
Cedar Bath Ceremony	2	5
Clan Teachings	1	12
Community Based Drumming	3	45

Cultural Community Support Program

The Cultural Community Support Worker has been supporting communities by providing support for ceremonies, gathering, gifting grandfathers for sweatlodge ceremony, wood for sacred fires, medicines to Elders, and those in need.

A total of 16 sweatlodge ceremonies were held at our 601 Kings Hwy location with 12-30 people in attendance at each since April 1, 2022. Sweatlodge ceremonies were also supported in several communities by our Cultural Community Support Worker and additional sweatlodge ceremonies were offered separately from our regular bi-weekly lodges. A total of 44 activities have occurred since April 1, 2022 involving our Cultural Community Support Worker. These ceremonies have resulted in 1805 contacts by our Cultural Community Support program. Coordination and scheduling of drummers as needed was also supported by the Cultural Community Support Worker throughout the quarter such all staff meetings, the agency annual general meeting, Ontario Health Team ceremony, community powwows, and as well as our event for the National Day of Truth & Reconciliation.

Men's drumming nights has continuously occurred bi-weekly since April 1, 2022 with 7-12 men in circle each evening. Supporting the men in learning traditional songs and drumming is an ongoing role of the Cultural Community Support Worker.

Our Cultural Community Support Worker along with our Land Based Counsellors supported the Lakehead University Forestry students with their culturally based placement and teachings by introducing them to the lodges and supporting their learning. A total of 30 students attended the lodge to learn about the ceremonial processes and teachings with the support of a community elder and knowledge keeper. Our Cultural Community Support Worker provided support to the Fort Frances Jail throughout the quarter with the support of an elder and traditional knowledge keeper.

Cultural Community Support Worker Statistics April 1, 2022 – September 30, 2022

Event/Program	Number of Programs offered	Attendance
Bi-Weekly Sweatlodge Ceremony	16	238
Other Sweatlodge Ceremony	8	89
Men's Drumming	12	80
Other Events/Meetings Ceremony Support	8	1398

The Fort Frances Jail and other external resources are often brought medicines and provided with teachings when asked. A sweatlodge ceremony was supported for the staff of other organizations such as Canadian Mental Health Association. The staff were from Fort Frances, Kenora, Dryden, and Red Lake.

Participants were invited to a sweatlodge ceremony in which they received teachings surrounding the sweatlodge from local knowledge keepers.

A total of 23 participants engaged in this programming.





MINO AYAA TA WIN HEALING CENTRE

Residential Treatment

Since April 1, 2022, the Mino Ayaa Ta Win Healing Centre has provided service to 44 individuals. The second quarter we provided service to 29 individuals in the residential treatment program.

During the second quarter we were able to host three residential treatment cycles. Residential Treatment clients participated in weekly Sweatlodge Ceremonies as part of their treatment.

Clients participated in other land based and cultural teachings including:

- Tobacco Teachings
- Drum Making
- Cedar Teachings
- Ribbon Skirt Making
- Ribbon Shirt Making
- Spirit Naming Ceremonies

Withdrawal Management

To date, the Withdrawal Management has provided detox services to a total of 80 clients.

Withdrawal Management has provided detox services to 53 clients during the second quarter.



Rapid Access Addiction Medicine Clinic

Our Withdrawal Management Clinical Coordinator (WMCC) has been incredibly busy working with our Community Partners at the Rapid Access Addiction Medicine (RAAM) Clinic.

RAAM has been working with Dr. Carfagnini, who is an Addiction Doctor from the RAAM Clinic in Thunder Bay and Dr. Jeff Gustafson who is a local Doctor working for GHAC.

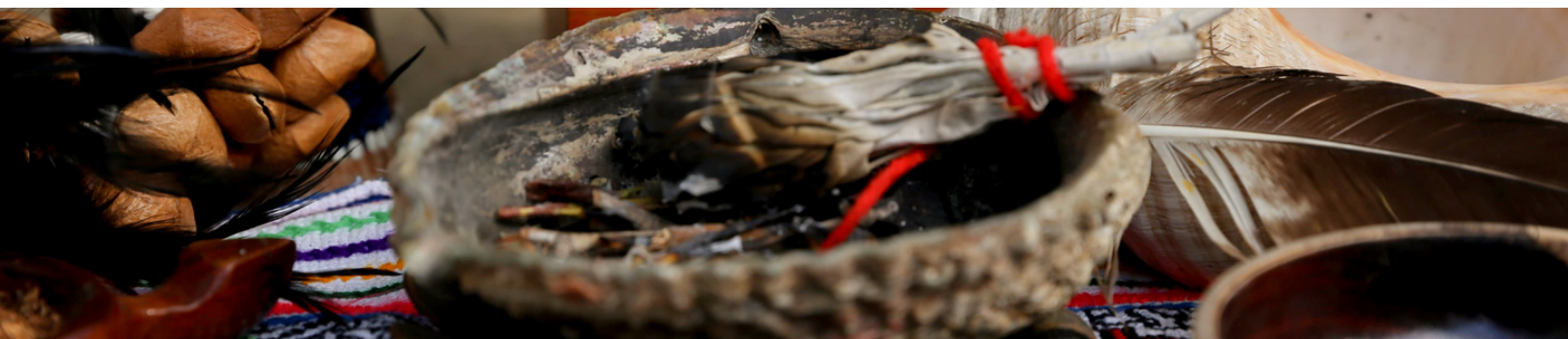
They have been running clinics generally twice weekly and have been able to induct individuals on Opioid Agonist Therapy and other medications for peoples with addictions. RAAM also provides counselling (Riverside Community Counselling) and peer support services (CMHA).

Our WMCC Currently has 95 clients on her RAAM caseload.

- 31 Clients are receiving Alcohol Use Disorder Medication
- 51 clients started Suboxone, 12 are currently still prescribed it
- 30 clients switched from oral Suboxone to injectable Sublocade , 25 remain on Sublocade
- 3 are receiving Methadone
- 2 Clients have completed the RAAM program with induction of suboxone and were transferred back to their health care providers to continue their care through them. Both remain in successful recovery.

We are very excited to share that we have recently hired a Community Addictions RPN who will be going in to the Community's to support Community members with addictions medicine.

She will be contacting all of the Community's in the next several weeks to set up times to do presentations and to meet the NNADAP Worker's and Health Manager's.





SOCIAL EMERGENCIES

Mental Wellness

Throughout the second quarter, counselling and wellness services were completed both in-person and virtually which allowed for more flexibility for clients to engage in services through means that reduced client barriers. Caseloads remained at 15 youth per Mental Wellness worker with 77 clients utilizing Mental Wellness services since April 1, 2022. Solution focused, strength's based services, referral supports and wellness plans assisted in maintaining brief services and service user interactions which resulted in minimizing waitlists for individuals completing referrals for programming.

In addition to the caseloads within community, Mental Wellness workers continued to assist in crisis response and scheduling as well as continuing coverage of the Mental Health Direct Line with the support of the Mental Health team. Cumulatively, this fiscal, the Mental Health Direct Line responded to 128 face to face crisis incidents including in office throughout the 10 First Nations Communities as well as 47 phone calls. This quarter, 5 calls from communities requesting crisis support were received. These 5 crisis situations were met with a total of 22 employees from the Social Emergencies and Mental Health team.

As of the beginning of this fiscal year, Mental Wellness workers had 139 direct client contacts which was split between 59 face to face sessions, 63 phone sessions, 14 interactions through correspondence (mail/ letters) and 3 emails

Out of the 24 clients who were on Mental Wellness worker caseloads this quarter, ages 22 and 17 made up the largest demographic totaling 32%.

Service users who identified as Indigenous, First Nations and Metis made up 88% of individuals who accessed Mental Wellness Services.

The Mental Wellness Team Completed "Golf for Wellness" again this year with 100% engagement. This program ran from July until September and provided 50 passes to Heron Landing

and 50 passes to Kitchen Creek. These passes included 18 holes, cart and clubs if needed. Passes were picked up by members of the 10 First Nation communities. There were over 100 members that accessed this program as adults that signed up were allowed to bring children 12 and under for free.



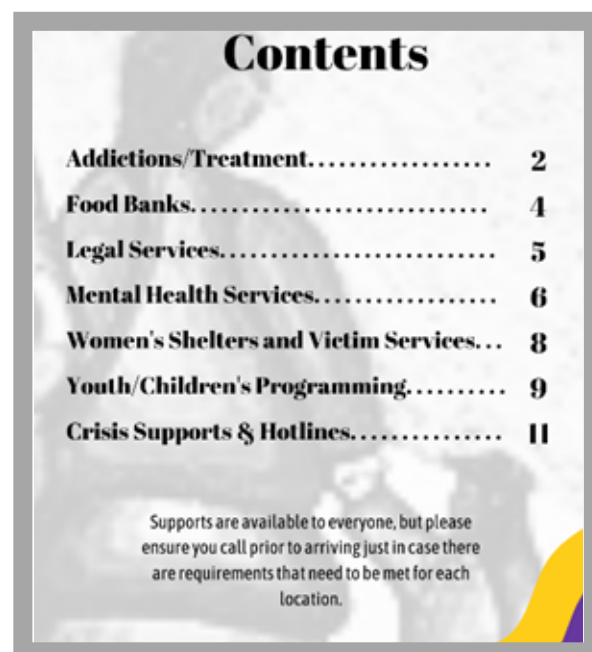
In July, our Mental Wellness worker assisted Rainy River First Nation's recreation worker and volleyball team in their penny table fundraiser. The volleyball team was raising funds to attend the Ontario Summer Indigenous Games in Ottawa. They set up a penny table at The Wes Fest festival that was being held at the town square in Fort Frances.

The penny table was very successful and raised \$2,600.00. The team did attend the tournament and did very well with the girls coming home with bronze medals and the boys coming home with silver medals.

As identified by community members, navigating local supports and resources has been a challenge.

We recognized the need to have a support booklet that compiled resources for addictions, mental health, food banks, women's shelters etc.

To solve this, we compiled a list of services within the Thunder Bay, Fort Frances, and Kenora area to distribute the booklet throughout all 10 First Nation communities.



To celebrate International Youth Day we held a craft event outside our Behavioural Health Services office. We had 22 youth and 10 adults in attendance. The purpose of this event was to recognize our youth and the accomplishments and contributions they have made to their communities. Participant's tie dyed t-shirts, got their faces painted, played games, and enjoyed a small snack.



August 31 is International Overdose Awareness Day.

The Social Emergencies Team and Mental Health Team had the honour of assisting the family of Chauncey, Couchiching First Nation, Grand Council Treaty 3 and other organizations in planning, donating and facilitating a memorial walk to help end the stigma of addiction and bring awareness to deaths caused by overdose. Presentations were delivered on our RAAM clinic,

Mobile Crisis Response Program, Naloxone Training and kits delivered. Brave family members and survivors had the opportunity to tell their personal stories and shared their experiences of how substance use has played a role in their lives.

This event was very successful and had a huge turnout with approximately 150 people in attendance.

Additional Events / Engagements	Description
Rainy River First Nation's PD Family Activities	Mental Wellness assisted the Recreation and Family Well Being Worker with their PD Day activities. There were approximately 45 youth and 25 adults that attended this event.
International Self Care Day Giveaway	Our Mental Wellness Team held a virtual contest through our Facebook page in order to promote International Self Care Day. 14 participants engaged by commenting how they incorporated self care into their routine.
Grand Council Treaty 3 Compassionate Connection for Families Impacted by Substance Abuse	Two workers attended this workshop that was facilitated by Grand Council Treaty 3. There were approximately 25 participants that broke out into working groups and brain stormed strategies and resources needed to help people and their families in active addiction.
Mitanjigaaming First Nations Princess/Brave Pageant	Mental Wellness was honoured to be asked to judge Mitanjigaaming's Princess/Brave Pageant at their annual Pow-wow.
Big Island Every Child Matter's Walk and Ceremony	Two workers attended Big Island's Truth & Reconciliation ceremony and walk. Approximately 40 youth and 30 adults attended the walk.
Back to School First Nations Communities Hampers	The Mental Wellness Team provided 120 community food hampers to 12 homes of school aged youth in each community. Hampers included a good variety of school snacks, juice boxes and basic necessities for quick meals.

Memengwaawag Anti-Human Trafficking Program

The Memengwaawag team provides one-on-one and group peer support to individuals and survivors who are looking for human trafficking related services. The Anti-Human Trafficking program works with community partners and human trafficking committees to provide a wholistic prevention and awareness opportunities throughout the Southern Treaty area.

In addition, the Memengwaawag Anti-Human Trafficking Program was able to assist with providing support to the Mental Health Direct Line 19 times throughout this quarter.

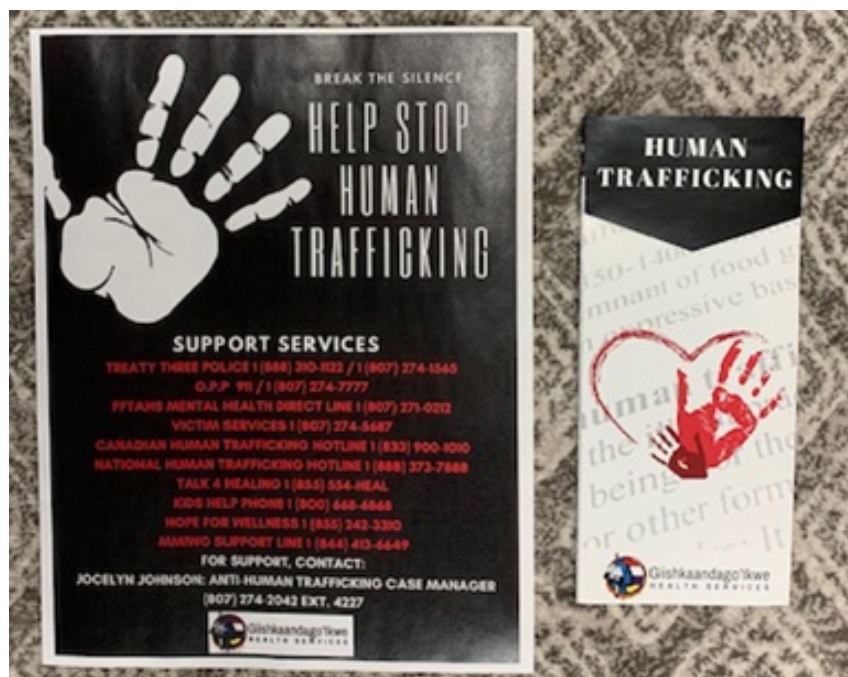
This table below highlights a cumulative number of Anti-Human Trafficking Program engagement and service user engagement throughout this fiscal year.

Description	No.
Number of service provider training and support activities	9
Number of service provider organizations who received training and support services	47
Number of community engagement, education, and awareness activities	6
Number of survivors engaged and supported	36
Number of individuals who received training, education, and awareness activities	112
Number of community visits: education and awareness of program	9



Throughout this quarter, the Memengwaawag Wellness Coach assisted individuals on a regular basis through their caseload as well as through crisis support and community engagement in Fort Frances and the 10 First Nations Communities. Supports that were provided include one-on-one counselling, safety plans, short term food and shelter assistance, basic necessity supplies and case management referrals. In addition to direct client services, the Anti-Human Trafficking (AHT) program attends communities,

local areas of identified AHT concern and schools in order to provide education and awareness as well as build relationships and share information about the program.



With the removal of some COVID-19 guidelines, re-activation of the Be the Voice Committee was able to happen and community partners were able to meet for an in-person meeting. During this committee meeting, we were able to continue the work on the development of the Terms of Reference for the Committee while also having a round table of discussions on human trafficking, homelessness and violence within families. A total of 14 community partners were able to attend Be the Voice Committee Meeting.

The Memengwaawag Anti-Human Trafficking Program worked on a project this quarter in response to requests for supportive services and handouts. A brochure was created that explains what Human Trafficking is as well as warning signs and potential targets. Listed on the back of the brochure are 10 resource phone numbers in which individuals can access for additional support. 350 brochures have been distributed locally throughout Fort Frances (Health Centers, Schools, Social Service Buildings, and Residential Treatment etc.) as well as within the 10 First Nations Communities (Information Fairs, Band Offices, Health Centers, etc.)

Mobile Crisis Response

The Mobile Crisis Response Worker provides support to individuals who have concerns related to Mental Health and/or substance misuse and are in crisis. The Mobile Crisis Response Worker, works in collaboration with the Treaty Three Police services to assist with stabilization and facilitation of safe transfers between various required services as well as providing follow up and wellness checks. The Mobile Crisis Response Team has been fortunate to have had the opportunity to build positive, working relationships within the surrounding communities, as well as build on partnerships with multiple service providers.



Throughout this quarter, the Mobile Crisis Response Worker has assisted 33 individuals with multiple contacts per client depending on their need for ongoing case management / referral follow-ups, wellness checks and repeated calls to Treaty Three Police. Throughout this fiscal, the Mobile Crisis Response Worker has made 115 client contacts.



When looking at client contact and ongoing presenting issues, below shows a snapshot of the highest areas of concern for service users.

- 10 Clients presenting trauma issues
- 12 Clients presenting suicidal ideation
- 11 Clients presenting specific symptoms of serious mental illness
- 19 Clients presenting problems with substance abuse
- 15 Clients presenting depression

Substance abuse is the most common and shared presenting issue out of the clients who have had Treaty Three Police contact and are suitable to receive services from the Mobile Crisis Response Worker.

The Mobile Crisis Worker had the opportunity to attend 6 community events and engagements throughout this quarter. Those events have included; Treaty Days, Overdose Awareness Day, The Smiles Campaign, Truth and Reconciliation Day Pow-wow, and the Fall Harvest.

Throughout these engagements, the Mobile Crisis Response Worker had the opportunity to network with community members and service providers, engage with current and potential service users, and participate in traditional and cultural opportunities as well as share program information and resources with those who could benefit.

