**Release of Liability, Assumption of Risk, Indemnification**

I have freely elected to participate in First Aid, CPR/AED training, which is provided by Assistance in Training A.i.D. Ready Training LLC, doing business as (D/B/A): A.i.D. Ready Training***.***

I understand that:

1. First Aid, CPR/AED training requires the inherent performance of physical skills that may be arduous and/or hazardous, and I may be exposed to hazards, including, kneeling on the floor, physical strain or overexertion (wrist, elbows, arms, back) from the physical demands of performing CPR , allergic reactions to specific materials used in latex gloves, masks, or from contact with manikins, such as polyurethane or silicone, CPR & first aid supplies that may contain latex, or other allergenic materials, or other injuries from my lack of fitness or conditioning, equipment failures, and negligence of others;
2. I must advise my instructor of any physical limitations prior to participating in First Aid, CPR/AED Training.
3. I understand that passing a skills test is a certification requirement and that my physical limitations may prohibit my receipt of a certificate.
4. As a consequence of these risks, I may be hurt or disabled from the resulting injuries.
5. A.i.D. Readiness Training assumes no responsibility for providing medical care during the First Aid, CPR/AED Training, and I will be responsible for any cost associated with medical care and/or evacuation that I incur as a result.
6. In consideration of the permission to participate in First Aid, CPR/AED Training, I agree with the terms contained herein:

**ASSOCIATED RISKS**

I hereby freely assume the above-mentioned risks as well as other risks not listed that are part of this First Aid, CPR/AED Training, and any harm, injury, or loss that may occur to me or my property as a result of my participation in the First Aid, CPR/AED Training or during any transportation to or from the First Aid, CPR/AED Training. I also understand that any equipment that I use during the First Aid, CPR/AED Training, I use at my own risk and that any such equipment is provided without any warranty about its condition or suitability.

**ASSUMPTION OF THE RISKS**

I hereby RELEASE A.i.D Ready Training, its employees, agents, officers, contractors, the providers of any equipment used in the First Aid, CPR/AED Training, its subsidiaries, and its holding company(ies) FROM ALL LIABILITIES, CAUSES OF ACTION, CLAIMS AND DEMANDS that arise in any way from any injury, death, loss, or harm that occur to me or to any other person or to any property during the First Aid, CPR/AED Training or in any way related to the First Aid, CPR/AED Training, including during transportation to or from the First Aid, CPR/AED Training.

**RELEASE OF LIABILITY**

I also agree NOT TO TAKE LEGAL ACTION or make a claim against the Released Parties for death, injuries, loss, or harm that occur during the First Aid, CPR/AED Training or are related in any way to the First Aid, CPR/AED Training.

**INDEMNIFICATION**

I promise to INDEMNIFY, HOLD HARMLESS AND DEFEND the Released Parties against any and all of this agreement applies, including claims for their own negligence. I also promise to INDEMNIFY, HOLD HARMLESS AND DEFEND the Released Parties against any and all claims for my own negligence, and any other claim arising from my conduct during the First Aid, CPR/AED Training. In accordance with these promises, I will reimburse the Released Parties for any damages, reasonable settlements, and defense costs, including attorney’s fees that they incur because of any such claims made against them.

**Severability**

I agree that the purpose of this agreement is that it shall be an enforceable RELEASE OF LIABILITY AND INDEMNITY as broad and inclusive as is permitted by the Commonwealth of Virginia law. I agree that if any portion or provision of this agreement is found to be invalid or unenforceable, then the remainder will continue in full force and effect. I also agree that any invalid provision will be modified or partially enforced to the maximum extent permitted by law to carry out the purpose of the agreement.