



## Snack Procedures

The following procedures will need to be followed in order for the Preschool to be in compliance with NC Licensing Policies. You will need to bring your child a snack from home each day to eat while at Preschool. If they are staying for Extended Care, you will need to bring 2 snacks. Please follow these procedures when packing your child's snack:

- **All snacks should be nut-free** (see attached for suggestions). This includes any items processed in a facility that also processes nuts.
- **Only send in snacks that do not require refrigeration**. (No cheese sticks, yogurt, etc.)
- **Do not send grapes, berries or any cut fruit**, as these require refrigeration. Acceptable fruits would be whole bananas, whole apples, whole oranges, etc.
- You do not need to send in a beverage for your child for snack time. We will provide water during snack time.
- Snacks should be individually wrapped or in small ziplock bags.
- Please **label** all snacks with your **child's name**, their **room number** and the **current date**. If your child is in extended care and needs 2 snacks, please label one **AM** and one **PM**.
- Place all snacks in your child's backpack.

Thank you for your cooperation with these snack policies!