

TRIBE ATHLETICS

NOVICE TEAM HANDBOOK

2026-2027



ourtribeathletics.com



Revised 9.20.2026

OUR MISSION AT TRIBE ATHLETICS

At TRIBE Athletics, our mission is to empower every member to become the best version of themselves, both as an individual in the world and as an Athlete on the mat. We are dedicated to fostering a culture that prioritizes Teamwork and selflessness, embracing a Team-first mentality where WE triumphs over ME. Our goal is to not only excel in Athletic performance but also to nurture personal growth, character development, and a strong sense of community among our Athletes, Staff, and Families.

Together, we strive to inspire each other to reach new heights, both on and off the mat, embodying the values of respect, unity, and unwavering support for one another. We will work to change lives for the better each day, week, month, and season.

WE OVER ME

We believe in putting the WHOLE OF THE TEAM above the individual. When the Team wins, so does the individual. We will demonstrate this with the placement of our Staff, our Athletes onto Teams, and in everything we do and work to accomplish in the gym. The strength of a group and community always outweighs the strength of one.

GOOD VIBES ONLY

We believe that positivity is the way to win daily. While the world presents various challenges and negativity that our Athletes, Families, and Staff face in their lives, we will aim to be a space full of positivity and seeing the good in each situation. We will work with Athletes and Families in a positive way, and will expect our Families and Athletes to reciprocate a positive culture and model of communication.

FRIENDSHIP

We will work alongside our peers to make each other better as members of our TRIBE develop lifelong friendships.

POSITIVITY

We will spread positivity through our words and actions in the gym, out of the gym, and in our daily lives.

ENERGY

We will create an energy that attracts and motivates those around us to be their best.

INTEGRITY

We will choose the hard right over the easy wrong and always work to take accountability for our words and actions.

TRUTH

We will be honest with one another by honoring our words and intentions.

2026-2027 SEASON

NOVICE IMPORTANT DATES

MONTH	DATE
OCTOBER 2026	Friday, October 30 - Registration Closes
NOVEMBER 2026	- Sunday, November 1 - Novice Sizing Day and First Practices - Monday, November 23 - Friday, November 27: Gym Closed for Thanksgiving Break - Sunday, November 29: Gym Reopens for Team Practices and Classes
DECEMBER 2026	Monday, December 21 - Saturday, January 2: Gym Closed for Holiday Break
JANUARY 2027	- Sunday, January 3: Gym Reopens for Team Practices - January 27: Picture Day For ALL Athletes - January 31: Half Year POW△WOW - Required - Time TBD
FEBRUARY 2027	- Saturday, February 13: Competition Day - CSG Coralville - REQUIRED - Sunday, February 14: NO Novice Practice (due to Competition Weekend)
MARCH 2027	- Saturday, March 6: Competition Day - Spirt Sports Des Moines - REQUIRED - Sunday, March 7: NO Novice Practice (due to Competition Weekend) - Friday, March 12 - Friday, March 19: Gym Closed for Spring Break - Sunday, March 21: Gym Reopens for all Team Practices and Classes - Sunday, March 28: Gym Closed For Easter
APRIL/MAY 2027	- Saturday, April 17: Competition Day - US FINALS Coralville - REQUIRED - Sunday, April 18: NO Novice Practice (due to Competition Weekend) - Sunday, May 2: 11th Annual Festival of Feathers Awards Banquet - Sunday, May 2: TBD: End of Season Showcase (Required for All Teams) - TBD: 2027-2028 Elite + Full Year Prep Team Registration

GYM EXPECTATIONS

At Tribe Athletics, we are dedicated to maintaining high standards every day, grounded in love, positivity, and sharing good vibes! We kindly ask all members of our community to always represent our gym and gym Family with pride and respect, both inside and outside the gym.

We believe in creating a positive and supportive environment for our Athletes, their Families, and our Coaching staff. Negative talk about other Parents, Athletes, Coaches, or the Gym is not tolerated, as we strive to cultivate a community built on respect and encouragement.

If you or your Athlete have/has a question or concern, please encourage them to speak directly with their Coach first to resolve the matter. Open communication helps us grow together as a positive and unified community, as well as serves as an opportunity for our growing Athletes to work on their communication skills and both providing and receiving feedback.

All Team-related groups or chats—whether for Parents or Athletes—are expected to remain positive. If negative comments are made, individuals will be removed from the group. For any concerns, please reach out to us at office@ourtribeathletics.com. We kindly ask that all unofficial groups or chats about Tribe Athletics include at least one coach to ensure a positive and supportive environment.

We also ask that you are mindful of the images and posts shared on social media while representing Tribe Athletics and wearing Tribe gear. Let's continue to spread good vibes and positive energy both online and offline.

We always love when our Families and Athletes use #GoodVibeTribe and #GoodVibesOnly in your posts so we can all stay connected and share our favorite Tribe memories.

LOGO USAGE

Third parties are not allowed to use any of the Tribe Athletics logos without license, signed agreement, or other written permission from the Tribe office. All logos and branding, both those trademarked and those not, are protected by US Copyright Law. The image of our gym Family, Culture, and Presence is very important to us, so we have strict usage guidelines for all apparel containing the Gym logos or Team logos. Thanks for understanding – and if there's something you want to see in the pro shop, let us know.



TUITION & FEES

We accept cash, checks, and all major credit cards. Cash and check payments must be paid prior to the end of the month or tuition and fees will be automatically charged to your card on file in our Parent Portal, no exceptions. Monthly Tuition for Novice Teams is billed from November 2026-April 2027 on the first of each month. Athletes with past due balances will not be able to practice until balance is paid.

Late Fees and Program Removal:

A \$25 late fee per charge will be added on the fourth of the month for past due accounts. There will be no refunds made to anyone who is asked to leave the program or that quits the Team. Athletes with past due balances after seven days will have all rec class enrollments automatically dropped.

Additional Fees include the items listed on following pages and are billed according to the fee schedule on page 8. These fees do not include travel costs, extra classes, extra practice wear, or lessons.

Team Commitment & Early Withdrawal Fee:

Participation on a TRIBE Athletics All-Star team is a full-season commitment. Each athlete's role is essential to the success of the team, and changes to the roster after choreography is completed result in significant additional expenses. In the event an athlete withdraws from their team after choreography has been set, the following applies:

Early Withdrawal / Re-Choreography Fee:

A fee of \$300 will be charged to the account on file. This fee is not a penalty, but is intended to offset costs associated with reworking the team routine and music adjustments.

If withdrawal occurs after the team's first competition, the fee will be \$400.

By accepting a position on a TRIBE Athletics team, you acknowledge and agree to this commitment and authorize TRIBE Athletics to charge the card on file for any applicable early withdrawal fees.



REGISTRATION DETAILS

In order to be eligible to register, Athletes must have a birthday
between

January 1, 2011 - December 31, 2023

Parents Must Register Online In Your Parent Portal Account
at <https://portal.iclasspro.com/tribeathletics>

Email cheer@ourtribeathletics.com with any questions.

Team Placement Registration Fee: Due At Registration

\$50 (Non-Refundable)



If you have multiple Athletes, you must register them and proceed through the checkout process **seperately** for each Athlete.

FEE SCHEDULE

MONTHLY TUITION - BILLED TO ACCOUNT 1ST OF EVERY MONTH

NOVEMBER 2026 - FEBRUARY 2027: \$255/MONTH
MARCH - APRIL 2027: \$80/MONTH

MONTHLY TUITION INCLUDES:

ITEM	COST
Athlete Team Tuition Two, 60-min Team Practices Per Week	\$80/month
Apparel: Practice Wear Package	\$75.00
Routine Choreography Camp + Competition Music	\$175.00
All Regular Season Competition Fees New This Season - All Tribe Teams will have US Finals included in tuition	\$450.00

MONTHLY TUITION DOESN'T INCLUDE:

ITEM	REQUIRED?	COST	BILLING DATE
Annual Insurance Fee	Yes	\$60.00	Anniversary
Uniform	Yes	\$220.00	11/1/2026
Shoes	If Needed	\$100.00	11/1/2026
Backpack	If Wanted	\$75.00	11/1/2026
Season 11 Cover Up - Jacket Is No Longer Required	No	TBD	TBD
USASF Registration (pd to USASF)	Yes	\$50.00	12/1/2026

HOURS IN THE GYM FOR NOVICE ATHLETES

2x 1 -Hour Practices Per Week For School Year

- School Year Practices will be held Sundays + 1 weeknight (Monday, Tuesday, or Thursday)

OPTIONAL -

One-Hour Tumbling Class Per Week

- Athletes will be placed in the tumbling class best fit for their skill level if they choose to add a Tumbling Class
- You can add this class from the Parent Portal and will receive a discounted rate of \$40/month (Normal Cost = \$75/month)

Thirty-Minute Classes

- Athletes have the option to add Flyer Flex or Jump Class



ATTENDANCE POLICY

ABSENCES

We understand that you have Families and many of you enjoy spending time away on vacation or for holidays, and we want to ensure you can do that! To similarly ensure the progress and success of our Teams, we will use the following guidelines for attendance and absences:

ABSENCES SHOULD BE ADDRESSED AHEAD OF TIME, never the day of. Please try to plan your vacations during our scheduled closing dates. In the event that your Athlete will miss for a vacation, school event, etc., please record the future absence on the Parent Portal - you do NOT need to email the office any future absences unless they are ahead of time for a competition week practice conflict.

Absences will be limited to the following:

NOVEMBER 1, 2026 - APRIL 2027: UP TO, but not more than, THREE total absences for any reason

If an Athlete is 15 minutes late to a practice OR leaves 15 minutes early, it will count as a HALF absence. If Athlete is more than 15 minutes late or leaves more than 15 minutes early, it will count as a WHOLE absence.

Practices during competition season are essential to the success of the Team, and our Staff are always looking for the best ways to help our Teams succeed. Please understand that our Staff may replace missing Athletes in parts of routines if an Athlete is on vacation during competition season - these changes may be temporary or permanent.

COMPETITION WEEK PRACTICES

During prime competition season January through May, **attendance is the MOST important factor to the success of your Athlete's Team.** Please limit extended travel during the competition season (January-May) when possible and check ahead of time for our gym closure dates around the holidays.

The 2 practices the week prior to all competitions and required performances are 100% mandatory.

Athletes not in attendance may be removed from the routine for that competition or for the season. The only exceptions are as follows:

- » Funeral with documentation
- » Athlete hospitalization or medical emergency - must provide documentation
- » Required school event with at least 60 days notice

Please check the competition schedule, INCLUDING any changes to the schedule as the season progresses, and plan any trips over breaks accordingly.



COMPETITION SCHEDULE

2026-2027 COMPETITION + SCHEDULE

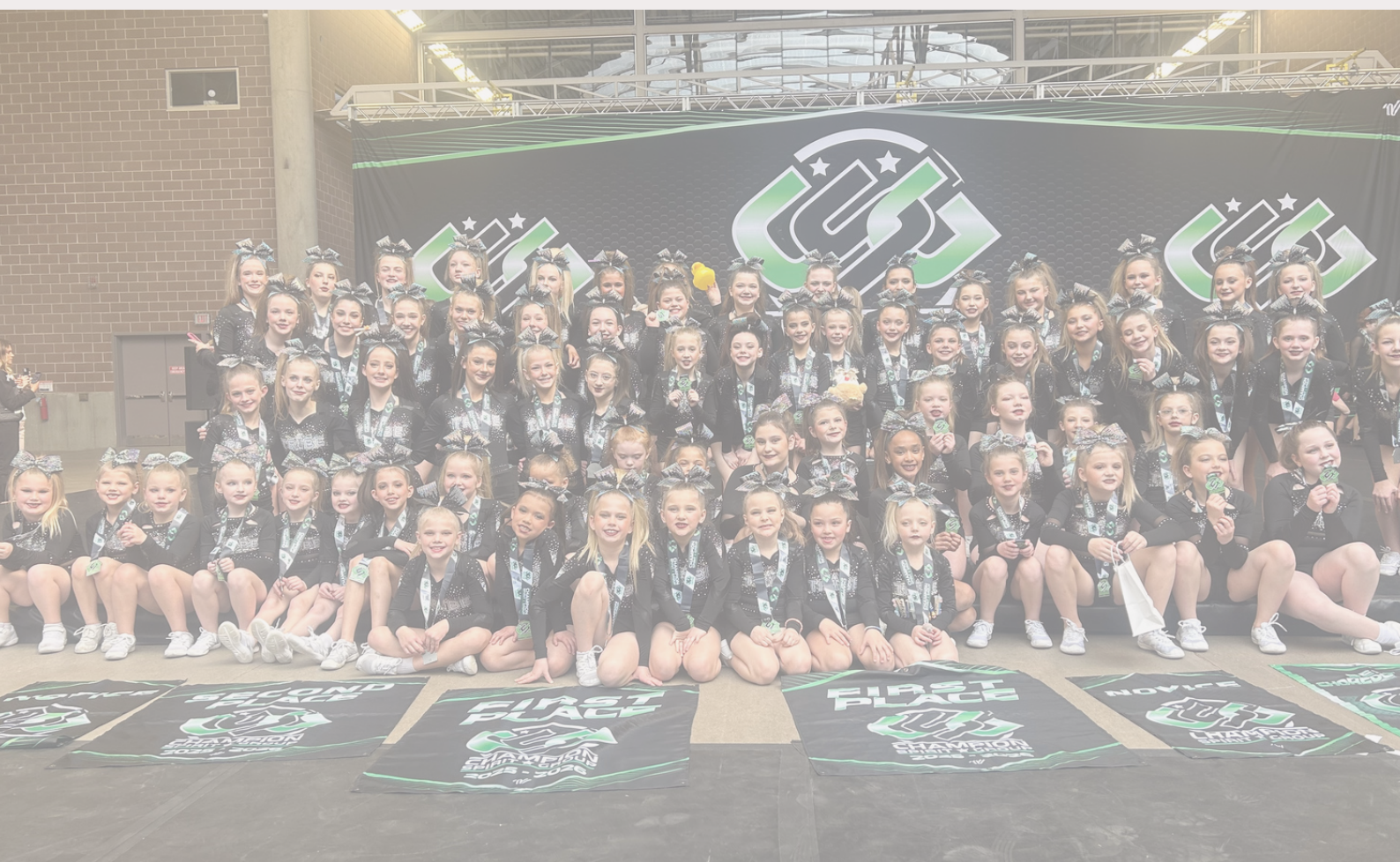
As a reminder, all dates and competitions are REQUIRED for all Athletes, there are no exceptions. Please note this schedule is subject to change in the event of a competition changing, dates changing, venue changing, etc. Block off the entire day of all dates listed below - A Schedule including the time Athletes will compete is not provided to us until the final week leading up to an event. A Schedule will be emailed out and posted in all Team Bands the Tuesday before each event. For any two day events listed, Elite will compete BOTH days (Saturday and Sunday). Prep/Novice will only compete ONE day (Saturday).

*****ELITE Teams will practice on Tuesday AND Thursday 7-9pm of all BOLDED competition weeks.*****

FYP = Full Year Prep, HYP = Half Year Prep

DATE(S)	EVENT	LOCATION	EVENT CENTER	Elite	FYP	HYP	Novice	Arrows
9/27/2026	Elite Full Out Day	Grimes, IA	Tribe Athletics					
10/25/2026	Full Year POWWOW - Showcase	Grimes, IA	Tribe Athletics					
12/12 - 12/13/2026	America's Best - Grand Nationals	Kansas City, MO	Kansas City Convention Center					
1/9 - 1/10/2027	American Heartland	Council Bluffs, IA	Mid America Center					
1/16 - 1/17/2027	JAMfest - Cheer Super Nationals	Indianapolis, IN	Indiana Convention Center					
1/27/2027	Team Picture Day	Grimes, IA	Tribe Athletics					
1/31/2027	Half Year POWWOW - Showcase	Grimes, IA	Tribe Athletics					
2/6 - 2/7/2027	CSG - Grand Nationals	Schaumburg, IL	Schaumburg Convention Center					
2/13/2027	CSG - Iowa Challenge	Coralville, IA	Xtream Arena					
3/6 - 3/7/2027	Spirit Sports - Nationals	Des Moines, IA	Jacobsen Event Center					
4/17/2027	The U.S. Finals	Coralville, IA	Xtream Arena					
5/2/2027	Summit Send Off, End Of Season Showcase, Banquet *Pending Final Venue Contract*	Des Moines, IA	TBD					
5/6/27 - 5/10/27	The DII Summit	Orlando, FL	ESPN Wide World Of Sports					

If yellow, Teams MUST receive a bid in order to be eligible to compete. A Summit bid can be earned at any TWO day events throughout the season - Tribe will only accept At-Large, Partial Paid, and Paid Summit Bids, we will not accept Wild Card Bids as Wild Card Teams compete a day earlier (this would require travel a day earlier).



COMMUNICATION METHODS

OFFICE, DAN

office@ourtribeathletics.com

- Billing Questions
- Parent Portal Related Questions

ALL-STAR DIRECTOR, BAYLEE

cheer@ourtribeathletics.com

- Travel/Hotel Related Questions
- Questions Regarding Placements
- Team Questions (if not first resolved by Team Coaches)
- Questions Regarding Scoring (if not first resolved by Team Coaches)
- Competitions
- Uniform/Practice Wear Questions

TUMBLING DIRECTOR, AMY

tumbling@ourtribeathletics.com

- Tumbling Class Related Questions
- Athlete Tumbling Skill Progression
- Tumbling Class Evaluation
- Questions Regarding Tumbling Class Move Up/Down
- Skills Clinics

TEAM COACH

via phone # or Facebook

- Routine or Practice Related Questions
- Scoring Questions
- Absences
- Injuries
- Team Specific Questions

Please allow at least 24 hours for a reply and respect that all of our staff have families and lives outside of the gym. If calling or texting, please use normal business hours.



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