

SOMETHING FOR SATURDAY

Ideas for How to Take a Break without
Technology While Keeping Social Distance

Fun at Home

01

Playing with Other Kids in the Neighborhood

02

Family Nights - Without a Screen

03

Shadow Art

Fun at Home

01



Many of us have tried tracing shadows before - whether for art class or for fun - so the basic set up for this is easy to imagine. This time, however, get creative with how you make your shadow. Try stacking boxes, blocks, adding toys or things around the house to change the shape of the shadow. Using chalk (if you're outside) or pencil and paper, trace this creative shape. You can shoot for something recognizable, or altogether new - either way, have fun as you design it and color it in!



02

Shoebox Races

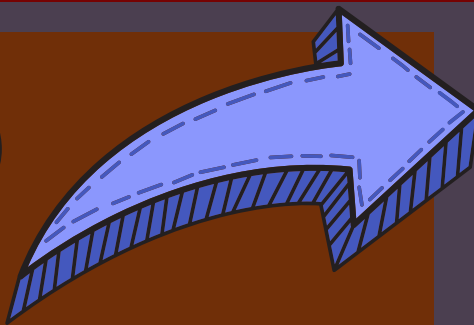
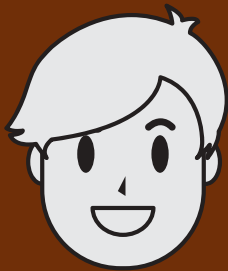
Playing with Other Kids in the Neighborhood

All you need for this are two shoe boxes per kid and a list of "races" to complete. This is BEST done on grass, as it's not uncommon for someone to fall. Running in shoe boxes isn't easy! Kids can race from point A to point B, balancing things in their hands (the standard cup of water or ball on a spoon), or doing whatever you think would be challenging and fun. Be sure to take pictures - there's bound to be a lot of laughter!

B - bold

E - energetic

N - nice



Acrostic Poem Circle

Family Nights
- Without a Screen

03

For those who don't remember, an acrostic poem is where you take a word (in this case someone's name) and choose a different word that describes it (or that person) for each letter of the word. If you have a lot of people at home these days, simply trading names and writing a poem for one other person may be enough for an evening. Other options are to choose people who *don't* live at your house, and sending the finished poem to them - or taking turns choosing words for each letter, one person at a time - or rotating whose name you're writing about to go for multiple rounds. If you really want to make it challenging, you could make a rule that you can't use a word for someone if someone else already used it for them or you. You can even decorate them when you're done. Whatever you do, remember to build one another up in the process!

That's all for
this week.
Come back
next Sat. for
more ideas of
things to do
with family
or friends
while social
distancing.
- Denelle



D - determined

E - easy going

L - laughs a lot!

I - interested

A - always there

