

Ideas for How to Take a Break without Technology While Keeping Social Distance

Fun at Home 01

Playing with Other Kids in the Neighborhood 02

Family Nights - Without a Screen

03



This one is easy and super adaptable - all you need is chalk and some tape (not Scotch -- painters' tape or masking tape work best). Be sure all your strips of tape connect, so that all the shapes are closed. When you're ready, color each shape however you want - solid colors work the best. Lastly, pull the tape away to reveal your "stained glass" masterpiece! Try making simple designs, or branch out to more complicated pictures.



This is a variation on a classic game that, with a little parent coordination, can be easily successful while keeping proper distance. Parents - come up with a list of items found somewhat easily in both/all of your houses. DON'T share the list with the kids. Then, standing outside equidistant from your houses (and at least 6 ft from the other families), have them race to find the items, one at a time, and bring them back to the starting point. Keep score or just enjoy!,



That's right, this week, try an evening where everyone picks two (or three, or four...) items to give away. You could focus on clothes, or toys, or just let it be anything.

## THIS IS MORE FUN THAN YOU MIGHT THINK.

After everyone comes back to the meeting point (the living room or front door, or wherever you choose), you all have 15 minutes to decide if YOU want to keep something someone else is choosing to give away. If you <u>do</u>, you have 5 minutes to get something of your own to add in its place. Each time new items are added, the 15 minutes of decision time restarts. It's fascinating to see what comes out!

That's all for this week. Come back next Sat. for more ideas of things to do with family or friends while social distancing.

- Denelle

