

Ideas for How to Take a Break without Technology While Keeping Social Distance

Fun at Home

01

Playing with Other Kids in the Neighborhood

02

Family Nights - Without a Screen

03



Perhaps you, like many find yourselves running low on toilet paper or paper towels. Well, that could come in handy for this project! Collecting the cardboard rolls is the first step to your miniature city. Color the outside of the roll (or paint it if you have the materials) with windows and textures - then make a roof and a door from scrap paper (thicker paper works best). Make as many buildings as you have material for, step back, and enjoy your creation. Oh, and don't forget to name your new city!



Group gatherings don't have to break the rules of social distancing! Plan a lunch or dinner picnic with another family (or families) and enjoy each other's company from 6 ft away. Pick a time and place to meet - a field or large open area in your neighborhood. Everyone can bring their own food and seating and enjoy the company of others. You could have the kids (or adults!) share funny stories from your time at home!



How long has it been since you and your spouse have had a date night, just the two of you? Well, that's not likely in the cards anytime soon... but how about a family date night? We often leave our fancy dinners for Thanksgiving and Christmas, but there's no rule that says we can't do it other times throughout the year! Plan a special dinner - have someone be responsible for decorating, someone on cooking (or ordering delivery), and someone on coming up with a "program," or activity to do together after the meal. Then, when it's time, everyone get dressed up really fancy and come to the feast! Be sure to take pictures - you'll want the memories of your festive coronavirus night-in!

That's all for this week.
Come back next Sat. for more ideas of things to do with family or friends while social distancing.
- Denelle

