

Ideas for How to Take a Break without Technology While Keeping Social Distance

Fun at Home

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Playing with Other Kids in the Neighborhood 02

Connecting with Others - Without a Screen

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If you have an iPad, smart phone, or webcam, you have a news show waiting to be made! Get creative - write the stories you WISH you could hear on the news - whether they're possible or not. Have fun with it! Then, get dressed up, find a coffee table or desk to sit behind, and film away! You can even have fun making backdrops and images to help illustrate in the "studio."



Similar to Alphabet Chalk, this is one best played on a cul-de-sac or little-used street. Begin by making large circles (about 6ft in diameter), each about 10-15ft apart. In each circle, give instructions for a different activity - jumping jacks, spinning in circles, making an animal sound, etc. Then connect the circles in any order you like, leaving one start and one finish point. Let the races begin!



One of the most shocking moments in my adulthood thus far was when I received a handwritten letter from a former high school student. The envelope was so poorly addressed, I was amazed it made it's way to my house - and even more amazed that this young adult didn't know how to send a letter!

Whether that is the case for anyone in your home or not, take some time today polishing that skill. Think of someone you haven't talked to in a long time. Rather than sending them a text or Facebook message, why not sit down and write them a letter? Think of how much fun it is to receive a letter - knowing the time and thought it takes to write it, address it, and send it off (not to mention scouring the house for that elusive stamp you know you have *somewhere*). You just may get one back!

*Note: If you DON'T have a stamp (or just can't find one), try: https://store.usps.com/store/home

That's all for this week.
Come back next Sat. for more ideas of things to do with family or friends while social distancing.
- Denelle

