

SOMETHING FOR SATURDAY

Ideas for How to Take a Break without
Technology While Keeping Social Distance

Fun at Home

01

Playing with Other Kids in the Neighborhood

02

Family Nights

03

Living Room Forts

Fun at Home

01



A simple, tried-and-true activity - building forts in the house. Perhaps you, like me, grew up making these every so often. Somehow everything is more fun in a fort! Put a lamp underneath if there's not enough light, and then play board games, do homeschooling work, or just make-believe to your hearts' content.

Alphabet Chalk

Playing with Other Kids in the Neighborhood

02



This is a game the whole neighborhood can enjoy - together! Find an open sidewalk or cul-de-sac area and draw the letters of the alphabet in random order. Then, taking turns, send kids into the sea of letters to run to each of the letters in order to see who is the fastest. For older kids, try spelling words that others come up with. The best part is that you can play this game while all staying at least 6 feet apart!

03

Things to Do TOGETHER

Family Nights

Take a break from the news, screens, and doing your own thing and spend some time truly together.

1. Look through those old photo albums you haven't opened in years and let the kids guess what was happening or tell a story with the pictures. They just may ask questions about your life and childhood.
2. Break out a board game and have everyone join in - if you have younger kids who don't know what to do, let them "team up" with a parent or an older sibling. I played an intense game of Trouble recently... I had forgotten how much strategy can go into that game!
3. Try a few rounds of Charades! Let everyone put x number of words into the mix and then draw at random. For some reason, this always means LOTS of laughter!

That's all for this week. Come back next Sat. for more ideas of things to do with family or friends while social distancing.
- Denelle

