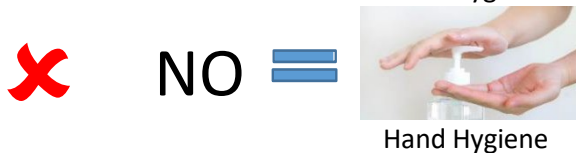


PERSONAL RISK ASSESSMENT (PRA)

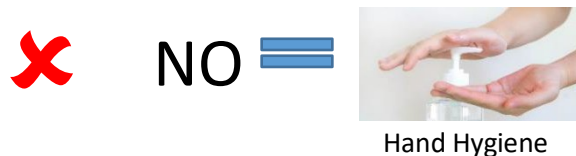
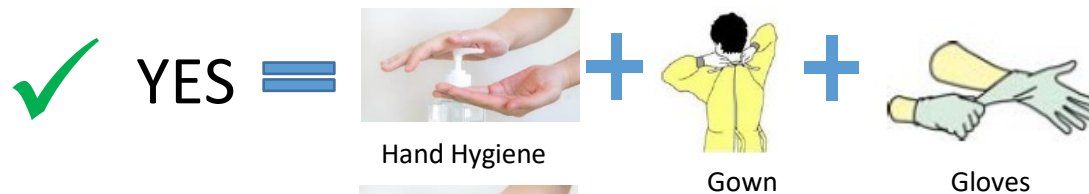
By identifying your level of risk, a **PRA** helps you protect yourself from the people you are caring for by ensuring the correct use of **Personal Protective Equipment** for each situation.

IN ADDITION TO WEARING A MASK, ASK YOURSELF THESE 3 QUESTIONS BEFORE ENTERING:

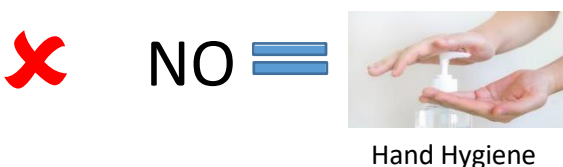
1. Is there a risk my hands will be contaminated (e.g. body fluids, soiled items)?



2. Is there a risk my clothing or skin will be contaminated (e.g. body fluids, soiled items)?



3. Is there a risk my face (eyes, nose or mouth) will be contaminated (e.g. body fluids, soiled items) or be within 2 metres (6 feet) of a coughing or vomiting resident?



ALWAYS PERFORM HAND HYGIENE BEFORE AND AFTER PPE USE