



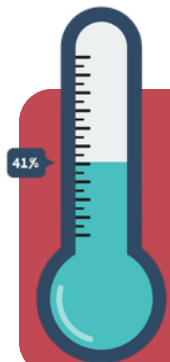
David and Dayziah Rhoads

April 2026 Newsletter

For Dayziah and I, facilitating our *Untying the Knots of the Heart* (UTK) group is always the highlight of our week. It's a rich time, and seeing the impact that it has on participants is such an encouragement for the work we are doing. Midway through the process, participants get the opportunity to share some feedback on their experience. This is what one of our participants had to say:

“This program has helped me to discover why I am the way that I am. I feel like it’s the first time I’ve ever read anything or studied anything that has so explained to me my dysfunction in my family growing up and how it spilled over onto my children from me. I have never read anything that has broken it down the way this program has and I am extremely grateful! Still learning to forgive and love myself through it all. But I am hopeful! Because I know that God loves me and that he is able to do exceedingly abundantly above all I ask or think.”

- I left my job working for Progressive Insurance at the end of February and started full time support raising in March. While the majority of my time right now is focused on reaching my full support, I have had the opportunity to work on some projects at the ministry. One of the main areas I’ve been focused on is helping us grow our team. We’ve been working on creating a careers page for the website, developing a video to give potential staff a clear picture of the ministry, and building out a more defined process for bringing new team members on. The goal in all of this is to make it easier for the right people to step into roles that we deeply need at InnerLife. You can see this work now at innerlifeministries.com/join



As a quick update on support, I am currently at 41% of my monthly support goal, with the hope of being fully funded by August. Reaching my full funding will allow me to shift my full focus onto the ministry work itself rather than splitting my time between support raising and operational responsibilities.



Outside of ministry, one of the highlights of the past couple of months was celebrating the wedding of our friends Lexy and Jonah. Lexy lived with Dayziah and me for almost five years. During her time with us, we had the privilege of baptizing Lexy and walking alongside her in her faith. Since then, she went through UTK, which had a significant impact on her life and helped prepare her for a season of dating. Jonah also went through UTK, and it has been a joy to see how God has worked in both of their lives leading up to their marriage. Dayziah was the matron of honor, and I was one of the groomsmen. We are incredibly happy for them and thankful to see the fruit of God's work in their lives!

Prayer Requests

Support raising: Pray that God would use His people to provide for and support us in doing this work and free me up to focus my full time and attention on strategic projects and operational needs of the ministry.

Building our team: Pray that God would provide the right team members to step into the roles we need as we grow.

UTK Groups: Pray for the facilitators and participants currently going through UTK. That they would comprehend the breadth and length and height and depth of Christ's love that surpasses knowledge.

We are deeply grateful for each of you and for the way you partner with us in this work, whether through prayer, financial support, or encouragement. We regularly pray for those who support us, and it would be a privilege to pray for you as well. If there is anything specific you would like prayer for, please don't hesitate to reach out by text, email, or call.

We'd love to hear from you!

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