

Be more informed with the myDNA Comprehensive Health Test

Genetics play a key role in understanding your health.

Our DNA is unique to each of us, so the myDNA Comprehensive Health Test results will be personalised based on your unique genetic profile. This information combined with other factors such as diet, lifestyle and the environment can help shape a picture of your overall health. By understanding your DNA, you can be more informed and make better health decisions.

How to take the test

1. Your Practitioner will order the kit.
2. A kit will be sent to your home.
3. Complete the simple at home cheek swab.
4. Send back to NutriPATH in the envelope provided.
5. Your DNA is analysed in an accredited Laboratory.
6. Your report is sent to your practitioner and they will take you through your results.

Benefits of the test

- One test, with your unique DNA results, that lasts a lifetime.
- Helps to get to the root of health concerns.
- Identifies ways to be proactive in optimizing your health and wellness.
- A tailored management plan, based on your unique DNA, to maximise health outcomes.

What the test covers



DIGESTION



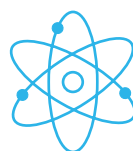
ENERGY



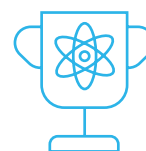
HORMONES



STRESS & COGNITIVE PERFORMANCE



INFLAMMATION & LONGEVITY



ATHLETIC PERFORMANCE



DNA PROTECTION & REPAIR



DETOXIFICATION

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