

Mitome™



Optimize Mitochondrial Function for Lasting Energy

The future of health is built on your mitochondria.



Your mitochondria generate the energy that powers every cell throughout your body. When they underperform, your entire body suffers—from energy crashes and mental fog to accelerated aging. We measure your mitochondrial function to identify what's limiting your cellular energy production, then create a personalized plan to restore your vitality and slow cellular aging at its source.



Mitochondrial Health Assessment

This breakthrough analysis reveals targeted interventions that enhance your cellular efficiency at its source, optimizing your body's fundamental processes through precise measurement of respiratory chain complexes.



Custom Recommendations

Faster, more accurate insights that lead to immediate, personalized optimization strategies tailored to your unique mitochondrial profile. These results and recommendations are tailored to YOUR unique type.



Personalized Protocol

Based on these personalized insights, we provide targeted nutritional support and specific factors that activate the correct cellular pathways, restoring your mitochondria to peak performance.



Mitome™ Analysis Kit

Through advanced analysis of your electron transport chain activity, we uncover your unique cellular blueprint and exact optimization pathways. A simple 5-minute buccal cheek swab you can do at home.

Mitome goes beyond basic testing. As the first to measure and analyze actual mitochondrial function, we're revolutionizing how people optimize their cellular health and longevity.



Mitochondrial Performance



Energy Production



Aging Optimization



Metabolic Function