



## Upcoming Events

### December

11<sup>th</sup> 4-year-old Programs Christmas Concert

24<sup>th</sup> - January 2<sup>nd</sup> School closed  
Christmas Holiday

### January

5<sup>th</sup> School re-opens

19<sup>th</sup> School closed for Dr. Martin Luther King Jr. Day

'Hope' is the thing with feathers  
That perches in the soul  
And sings the tune without the words  
And never stops  
At all

- Emily Dickinson



Merry Christmas and wishing you and yours  
peace and all good things.

-Roxann



## OVERHEARD IN PRESCHOOL



Reid C: Dinos Do eat turkey

Chase: NO, they don't!

\*Continues to discuss\*

Chase: ... Well, I've never SEEN a dinosaur eating turkey...  
(while crossing his arms)

Someone's coming! Who's coming?  
JESUS is coming!

During December, we will see, hear, and tell the story of Jesus' birth during chapel. We will use costumes, songs, and Bible stories to learn about the baby who was born, born, born in Bethlehem. On December 14th, the Chapel Storytellers are invited to help me tell the Christmas Story during 9:30 Woods Church worship as the Children's Moment. Then, Ms. Roxann and I will celebrate with your children with a party in the CDC classrooms. There is so much excitement! Children's voices telling the story of the birth of Jesus is a really special kind of holiday magic.

Merry Christmas and Happy Holidays,  
Kat. Green

Director of Children's Ministry and Chapel Storyteller



How much Tylenol or Ibuprofen should your child receive?

When your child has a fever, it's natural to wonder if the medicine is working. Sometimes the instructions on the box are rounded down, which can mean your child isn't getting the most effective dose. Here's what you can do:

- Write down your child's most recent weight.
- Call your pharmacist and ask them to calculate the best dose for your child.

This way, you'll know your child is getting the right amount to help bring the fever down.

A few reminders:

- Medicine can take up to 90 minutes to work.
- Always check with your pharmacist or pediatrician before alternating Tylenol and Ibuprofen.

Wishing you and your family a healthy respiratory season!

Allie Barden  
RN, Health Consultant



# The Wisdom of Woods

## Traditions Became the Heart of the Holiday Season

by Scarleth Raudales

The holiday season is a time of joy, celebration, and togetherness. Beyond the festive decorations and bustling preparations, what truly makes this time of year special are the family traditions that bring us closer. Whether it's baking cookies with your children, making tamales with grandma, gathering around the table for a holiday meal, or singing favorite Christmas carols, these rituals have a profound impact on children's emotional and psychological well-being.

Family traditions create strong bonds between loved ones. They help children feel connected not only to their immediate family but also to past generations and diverse cultures. These moments become cherished memories that shape a child's sense of identity and belonging, reinforcing the comforting message: "We're in this together." Here are some Christmas traditions from your teachers:

- "I remember when I was little, Santa Claus would drive past my house on a decorated firetruck with Christmas lights, handing candy canes to all the children."
- "When my daughter Maggie was little, we baked and decorated cookies for Santa. Now our tradition is to share them with our neighbors."
- "As children, my sister and I waited for Baby Jesus to deliver presents on Christmas Eve. We would hear a bell from the Christmas tree, and gifts would be ready for underneath."
- "Christmas Day has always meant a house full of family, cooking together, playing games, watching football, and finally gathering around the table to enjoy every dish."
- "On Christmas Eve, we dress in new fancy clothes, share dinner, and attend midnight church service. At 12:00, we watch fireworks and exchange Christmas hugs with everyone."
- "Every Christmas afternoon, my sons and I sit on the couch and watch Polar Express and Home Alone with a big bowl of popcorn and the fireplace on."
- "On Christmas morning, my family and I play pickleball, share Christmas lunch together, and then open presents."
- Our Christmas celebration began at noon on Christmas Eve with the Feast of the Seven Fishes, then homemade raviolis for dinner, and listening to the Christmas story. After Midnight Mass, we could open one present. Happy memories!

While traditions are powerful, it's important to remember that they can evolve over time. Families change, children grow, loved ones move, and new members join. It's natural for traditions to adapt as needs and circumstances shift. The true purpose of traditions is to foster connection and joy and not to create pressure or stress. If a tradition feels overwhelming, it's okay to pause or try something new this year.



Do you have a question, ask the experts:

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