Woods
Child Development Center

The Acorn
October 2026

Upcoming Events

October

5-9 Scholastic Book Fair

7 Parent Night

16 Teacher Professional Development Day
Closed to students

22-23 Wear Orange to school

November

9-13 FD Conferences

16-20 FD Conferences

20 Movie Night Fundraiser

25 Teacher Professional Development Day
Closed to students

25-26 Thanksgiving Holiday
School Closed

Dear Woods' Families,

The school year has begun with lots of smiling faces as we gather each day to learn, explore, and make new friends. This month we will begin our Music and Chapel time as well as welcome some special visitors.

You will notice this year many more opportunities for parent volunteers. Please be sure to check your classroom's email daily for sign ups. The first chance to help out is with our Book Fair. You should have received the link to sign up. Our next big event is our Halloween Celebrations coming up on Thursday 10/29 and Friday 10/30 from 9-12 pm. We will need lots of helping hands that day.

Please be sure to remind your child of the Woods Way when in the hallways. Children should always be with an adult and walking.

I love the changing of the seasons, it reminds me that as the years progress, things change but the things that matter the most always stay the same.

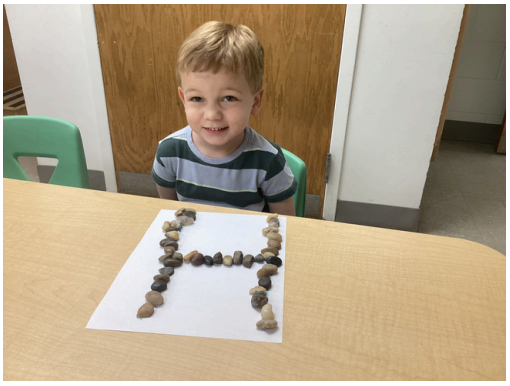
Blessings,

Roxann













Play



OVERHEARD IN PRESCHOOL

Blake to Ms. Roxann: "I am leaving early today."
When asked where she was going,
"To see my Mom in a fitness race in George Washington DC."



Your style, expressed.

Woods Wear.

Show your Woods pride all year long. Shop shirts, hoodies, hats, and reusable bags – printed on-demand and shipped directly to you. Every purchase supports our school community.

woodswear.printful.me/





Sweater Weather is almost here! I love pulling on a cozy sweater. It is like a hug! I always feel comfortable and safe. Our Chapel Bible stories in October are Old Testament stories about God helping God's people feed comfortable and safe. We will count the stars with Abraham and learn about trust with patience. We will choose being together with Ruth and know that we can make a difference. We will also remember that God cares for those in need with Elijah and learn about compassion. Each story will have a song or finger play to help your child bring the story home to you, where your child feels comfortable and safe.

Bless you, friends,
Kat. Green
Director of Children's Minsitry at Woods Church



I'm thrilled to be the new music teacher for the Woods Child Development Center! As the Coordinator for Children and Youth here at Woods, I've been part of the church family for over three years, having performed in productions like The Secret Garden, The Hunchback of Notre Dame, and The Prince of Egypt. I've served on the Woods staff for the past year and a half, and I am delighted to add this new role to my ministry.

My background includes 30 years of vocal performance and a B.A. in Music and Theater from Lebanon Valley College. Additionally, I hold a Master of Science in Early Childhood Education from the University of North Dakota, with a specialization in Special Education and neurodiverse conditions. Over the past 20 years, I have taught pre-K, drama, and music in diverse settings ranging from Tokyo and Chicago to Washington, D.C.

I am eager to lead the children on a "Musical Journey Around the World" this school year. We will begin by exploring the music and instruments of Latin America, where the children will experiment with percussion, develop their rhythm and counting skills, engage in creative movement, and experience the beautiful languages and cultures of the world.





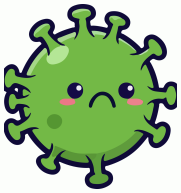
Lindsey Miller

Respiratory season is nigh! We are already seeing a lot of strep at the hospital and many friends at school have been coughing. Last year our biggest illness group was the flu. Please go over proper hand washing with your children and encourage them to cover their mouths when they cough/sneeze/expel germs. Other safety concerns for the month of October includes Halloween. Please be safe when trick or treating by keeping an eye and hand on your kids and either going out during the day light or dressing in bright outfits and having flashlights on. Don't let sensationalism news scare you away from candy but always check the ingredients lists for those of you with children with allergies and throw out any already opened candy. My suggestion is to have approved candy on hand, and you can switch out the questionable pieces for ones you know are safe. I hope everyone has fun and stays safe!



Peace & blessings,
Allie Barden, RN
Health Consultant





The Wisdom of Woods

Look Both Ways

by Lindsey Dryer

I love holidays! I love seeing family and friends, listening to Christmas songs on the radio, baking a variety of cookies, burning fir-scented candles, and twinkling lights! For some people, it can be SENSORY OVERLOAD, especially for little ones. Let's make sure to think about all of the ways we can make the holidays special and comfortable for everyone.

While visiting certain houses or festivities during Halloween, you might consider how spooky or crowded it might be. There might be new people at Thanksgiving this year; give your child time to adjust before asking them to asnwer questions. Dressing for Christmas? Think about what is comfortable for them, espeically if they are wearing it for an exended time. (I dreaded turtlenecks at 5 years old!)

Food is certainly a joyful part of the Holidays. While I love food, there are holiday dishes I decline (potato au gratin ;) Our Gator class has been fantastic about trying new foods! The teachers share positive comments and eating Family Style, where children choose their portions, has been a big part of that success. While I recommend trying this method, you might want to pack something that they will eat during a holiday meal rather than sitting with a plate full of food they won't or worse yet, an empty plate. Setting goals, like trying particular foods, was easier for my boys during calmer nights.

Another part of the holidays is seeing family and friends. While they bring joy to our lives rest does too--directly linked to physical and mental health. Make sure to plan downtime for your kiddo and yourselves. There are countless sweet holiday books that are perfect for a snuggle and a rest.

I hope this is helpful and that you enjoy a peaceful holiday season.



Do you have a question, ask the experts:
cdcinfo@woodscdc.org