



Upcoming Events

October

6th to 10th Book Fair

8th Parent Night at 6:15 PM in the CDC

17th School Closed- Teacher

Professional Development Day

29th Fieldtrip to Sunrise FD 2,3,4 & PD4

November

Full Day Fall Conferences

24th -25th Part Day Conferences - No
Part Day classes

26th School Closed- Teacher

Professional Development Day

27th - 28th School Closed

Thanksgiving Holiday

Welcome to Autumn!

The new school year is well under way and both children and parents are successfully settling into new routines. As always, if something is on your mind, please be sure to check in with me; odds are others have a similar question but haven't asked. My daily schedule is on the office door, and I can always be reached at rbartone@woodscdc.org. Scarleth Raudales, the Assistant Director, is also able to answer questions at sraudales@woodscdc.org.

This month's topic revolves around fostering the skill of problem solving. This month's "Wisdom" article offers steps that can help when a situation arises that requires problem solving. Please never underestimate the impact your actions have on your child. Young children are always watching their adults to gauge their reactions. Certainly, many teachable moments!

A little Halloween Humor
~Roxann



OVERHEARD IN PRESCHOOL



Ms. Roxann to Leia who had just eaten a large spoonful of yogurt.

"Leia, you must really like yogurt!"

Leia, "No"

Ms. Roxann, "Are you sure? You seem to like it"

Leia, while getting ready to eat another large spoonful, looked at Ms. Roxann and said with certainty, "No, I don't" and then proceeded to eat the spoonful of yogurt.

Hello Woods Families

The chapel storytellers met one of God's favorite people—your child—during our first chapel time. In October, we will explore this wonderful place that God gave us by hearing the creation story. We will also tell the story of Jacob wrestling with God.

The Bible stories are full of questions, emotions, action, and always God's love for each and every one of us. I am so grateful for the opportunity to share stories of faith, hope, courage, and love with your child. I hope you enjoy hearing the stories and singing the songs together.

Peace,
Kat. Green
Director of Children's Ministry and Chapel Storyteller



Respiratory season is upon us!

Please take time to review proper handwashing techniques with your children and encourage them to cover their mouths when they cough, sneeze, or otherwise expel germs.

October also brings Halloween, so let's keep safety top of mind. If you're heading out to trick-or-treat:

- Keep a close eye—and hand—on your children.
- Consider going out during daylight hours or dressing in bright, reflective outfits.
- Bring flashlights to stay visible and safe.

For families managing food allergies:

- Always check candy ingredients carefully.
- Discard any candy that's already opened.
- I recommend having a stash of approved treats on hand so you can swap out any questionable pieces for safe alternatives.

Wishing everyone a fun, festive, and safe October!

Allie Barden
RN, Health Consultant

The Wisdom of Woods

Guiding Children to Develop Healthy, Positive, Problem-Solving Skill by Jeanne Weaver

As the school year begins, many parents focus on foundational skills like math, writing, and letter recognition. While these are important, one skill stands out as essential for lifelong success: problem-solving. Helping children learn how to resolve conflicts and navigate challenges builds resilience, empathy, and confidence, both in and out of the classroom. With a little practice, guiding children through this process can take less than five minutes. Here are some simple, effective strategies to support young problem-solvers.

- Drop a knee: Begin the conversation at your child's eye level. Approach the situation with positivity: "Sounds like we have a problem to solve. Let's solve it together!"
- Quiet voices prevail: Lower your voice volume and calmly engage with the children.
- Use visual aids: Pictures or charts can help describe specific options children may choose from to solve problems. Place visuals at the children's eye level for accessibility.
- Use past conflicts as learning tools only: Avoid bringing up previous behavior unless it helps guide reflection.
- Listen closely: Consider what may have precipitated the conflict.
- Reflect and simplify: Repeat what the children are saying using simple, easy-to-understand language.
- Frame the problem as the challenge—not each other: Encourage children to work together against the problem: "You solved the problem!"
- Just breathe: This is a learning opportunity—take it slow.
- Celebrate cooperation: Reward positive behavior with specific praise. Keep it simple and cost-free. A high-five or a cheerful "Great teamwork!" goes a long way.



Do you have a question, ask the experts:

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