

Senior Services Menu

October 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Sweet Chili Meatballs Over Rice Carrots Roll	2 Baked Pork Chop Garlic Mashed Potatoes w/Gravy Green Beans Roll
5 Closed Staff Retreat	6 Closed Staff Retreat	7 Closed Staff Retreat	8 Closed Staff Retreat	9 Closed Staff Retreat
12 Seasoned Baked Chicken Breast Wild Rice Green Beans Roll	13 Reuben Sandwich Waffle Fries Pasta Salad	14 Swedish Meatballs on Buttered Egg Noodles Peas Roll	15 Meatloaf Mashed Potatoes w/Gravy Carrots Roll	16 Pulled Pork Sandwich Kettle Chips Cole Slaw
19 SS Grilled Cheese Sweet Potato Fries Fruit	20 Country Fried Steak Mashed Potatoes w/Gravy Corn Roll	21 Chili Cheese Beef Hot Dog Potato Salad Fruit	22 Lasagna Cauliflower Garlic Bread	23 Salisbury Steak, Macaroni & Cheese, Peas & Roll
26 Italian Sausage on Bun w/Onions & Peppers Pasta Salad Fruit	27 Chicken Alfredo Fettuccine Noodles Baby Carrots Garlic Bread	28 Meatball Sub Sandwich Chips Chunky Applesauce	29 Vegetable Beef Soup Grilled Cheese Sandwich Fruit	30 Fried Chicken Mashed Potatoes w/Gravy Biscuit

Salad Bar available at South Haven location only