Senior Services Menu October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Senior Services of Van Buren County		1 Salisbury Steak, Mashed Potatoes, Green Beans & Roll Or Salad Bar	2 Orange Chicken on Rice, Carrots & Egg Roll Or Salad Bar	3 Baked Pork Chop w/Gravy, Wild Rice, Cauliflower & Roll Or Salad Bar
6 Pulled Pork Sandwich, Kettle Chips & Cole Slaw Or Salad Bar	7 Chicken Pot Pie, Mashed Potatoes w/Gravy & Fruit Or Salad Bar	8 Spaghetti & Meatballs, Broccoli & Garlic Bread Or Salad Bar	9 BBQ Chicken Breast, Macaroni & Cheese, Corn & Roll Or Salad Bar	10 Cheeseburger, French Fries & Pickle Spear Or Salad Bar
13 Swedish Meatballs On Egg Noodles, Peas & Roll Or Salad Bar	14 Rueben Sandwich, Waffle Fries & Pickle Spear Or Salad Bar	15 Seasoned Baked Chicken Breast, Wild Rice, Green Beans & Roll Or Salad Bar	16 Meatloaf, Mashed Potatoes w/Gravy, Carrots & Roll Or Salad Bar	17 Closed Staff In-Service
20 SS Grilled Cheese Sandwich, French Fries & Fruit Or Salad Bar	21 Lasagna, Cauliflower & Garlic Bread Or Salad Bar	22 Country Fried Steak, Mashed Potatoes, Green Beans & Roll Or Salad Bar	23 Cheesy Potatoes w/Ham, Mixed Vegetables & Roll Or Salad Bar	Closed Volunteer Luncheon
27 Polish Sausage on Bun w/Peppers & Onions, Potato Salad & Fruit Or Salad Bar	28 Chicken Alfredo, Fettuccine Noodles, Carrots & Garlic Bread Or Salad Bar	29 Meatball Sand- wich, Pasta Salad & Chunky Applesauce Or Salad Bar	30 Vegetable Beef Soup, Grilled Cheese Sandwich & Fruit Or Salad Bar	31 Fried Chicken, Mashed Potatoes, Corn & Biscuit Or Salad Bar