



WALEZI-CAREGIVERS KENYA

## Newsletter July 2026



### Together, we're changing lives in Kilifi County ❤️

Grab a cup of tea — we've got six months of good news to share with you.

As we reach the middle of 2026, we want to say a heartfelt **thank you**. Because of you, hundreds of caregivers and children with disabilities across Kilifi County are building brighter, more independent futures — week by week, group by group.

Every week, caregivers come together in self-help groups to support one another, grow their livelihoods, and make sure children and family members with disabilities get the care, education and opportunities they deserve. Here's what that looked like in numbers — and in real life — over the last six months.

**22**

active self-help groups

**232**

caregiver members

**251**

children & family members directly supported

**155**

family businesses now trading

## A growing movement

Our network now spans **22 self-help groups** across Kilifi County, bringing together caregivers, associate members and adults with disabilities who meet every week to share experiences, solve problems together, and build income-generating activities that improve family life.



## Education and health, moving in the right direction

One of our greatest ambitions is making sure children with disabilities can access school and healthcare. In the first six months of 2026:

- 🎓 **104 children** with disabilities attended school
- 🏥 **97 children and family members** accessed health services
- ♿ **Many children** also received rehabilitation, medical treatment and mobility aids where available

These numbers are so much more than statistics — they're children attending school, receiving treatment, and becoming more visible and included in their communities.



## Building livelihoods that last

Economic independence sits at the heart of our work. Across our groups, members keep finding new ways to generate income for their families and strengthen their whole community.



- 💰 **155 members** now run their own individual businesses
- 🔄 **Every** active group runs **table banking** and **merry-go-round savings**
- 🏠 **20 groups** actively manage their own savings schemes
- 🏗️ **10 groups** operate Walezi-supported capital projects
- 🏠 **16 groups** run collective livelihood enterprises

These businesses range from hiring out tents and chairs for community events, to poultry projects, market stalls, cafés and water enterprises. The income helps families pay school fees, buy medicine, put food on the table, and reinvest in growing their businesses further.



## Real talk: challenges & the resilience that meets them

Alongside the successes, our groups face real challenges too. Some are rebuilding after losing key leaders. Others are working through difficult business conditions or governance growing pains — one

poultry project suffered a significant loss after disease affected the flock, while another group is exploring solar power to make their market stalls more competitive.

What inspires us every time is the determination of the caregivers themselves. Our local team works closely with each group — mentoring, advising, encouraging — so challenges become opportunities to learn, not reasons to give up.



*“We promised the group we'll look at solar power to keep their stalls competitive — and we're already exploring irrigation for the group farming on the banks of the Galana river.”*

— from our field team's notes, June 2026

## Looking ahead: investing in leadership

The caregivers themselves have told us what they need next. This year, we're seeking funding for a **leadership and capacity-building workshop** that brings together representatives from all 22 self-help groups.

The workshop will strengthen:

- Leadership skills
- Financial management
- Livelihood development
- Peer support and caregiver wellbeing

Participants will return to their own groups with practical action plans, helping every self-help group become stronger, more sustainable, and increasingly independent.



## Help us fund our work

Every gift, big or small, helps 22 self-help groups become stronger and more self-sufficient.

[Donate now →](#)

## Behind the scenes

Our UK charity is run entirely by a voluntary Board of Trustees, working in close partnership with Walezi Foundation Kenya. Because our trustees give their time for free, around **95% of the funds** we raise go directly towards programmes in Kenya — making sure your donation goes as far as it possibly can.



### Remembering Sally Hartley

Last year we said goodbye to our much-loved trustee Sally Hartley, whose commitment, warmth and passion helped shape Walezi over many years. Her contribution to the charity, and to the lives of caregivers and children in Kenya, will never be forgotten.



## Thank you 💜

None of this would be possible without you. Every donation, every fundraiser, and every message of encouragement helps caregivers build stronger families and stronger communities.

A special thank you to everyone who gave so generously to celebrate Joe's milestone 70th birthday.

Together, we're creating opportunities where there were few before, making sure children and adults with disabilities are included, valued and supported.

## **Liz is doing a triathlon for us!**

Liz Cameron, a close friend of our secretary Joe, is taking on a triathlon on 16th August to raise money for Walezi-Caregivers Kenya, as part of her own 70th birthday celebrations. In her words:

*"I've decided to fundraise for Walezi-Caregivers Kenya, and I'd really appreciate your support. Donating through JustGiving is simple, fast and totally secure — they send your money straight to Walezi-Caregivers Kenya and automatically reclaim Gift Aid if you're a UK taxpayer, so your donation is worth even more. Thank you for your support!"*

— Liz Cameron

**Sponsor Liz's triathlon →**

## **Stay connected**

Our website is currently being refreshed with new reports, newsletters and information about our work — making it easier than ever to follow our progress and support our mission.

 [walezi-caregivers-kenya.org](https://walezi-caregivers-kenya.org)

 [walezicaregivers.kenya@gmail.com](mailto:walezicaregivers.kenya@gmail.com)

**Know someone who'd love to hear about this? Forward this newsletter — every new supporter helps a family in Kilifi County.**

**Give today →**



Walezi-Caregivers Kenya · UK-registered charity, run by a voluntary Board of Trustees

In partnership with Walezi Foundation Kenya, Kilifi County

You're receiving this because you've supported our work. Thank you.