

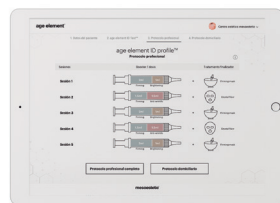


age element combines customization and the most advanced aesthetic technology in a unique anti-aging treatment formulated with epigenetic active ingredients.

professional protocol

PHASE I: DIAGNOSIS

age element diagnosis system™ is the innovative diagnostic tool of age element. Defines the customised professional and home treatment to prevent and correct the signs of skin aging and obtain maximum results.



PHASE II: PREPARATION

Prepare the skin with **age element cleansing balm** to remove effectively make-up and impurities in order to prepare the skin to receive the active ingredients.

Dose the equivalent quantity of product to one hazelnut (about 3 ml). Distribute the product with removal movements. Moisten the fingertips and continue with the manoeuvres. Remove the product with a damp towel.



PHASE III: STIMULATION

Apply **age element resurfacing solution** to enhance cell renewal, reduce imperfections and optimise penetration of the active ingredients applied subsequently.

Impregnate the soft side of 2 exfoliating discs with the dosing dropper (2ml par disc) and start the manoeuvres. Finish with the rough side of the disc to intensify the exfoliating action. Leave on for 5 minutes. Do not rinse.



PHASE IV: ACTIVATION

Mix the carrier cream **age element hydrabalance cream** with the combination of **boosters** recommended by the **age element diagnosis system™** platform to obtain the optimum customised antiaging protocol.

*Place in a bowl 4 pumps of **age element hydrabalance cream** and add the combination of **age element boosters** at the recommended doses. Mix using a spatula, spread the product and begin **age element massage**.*

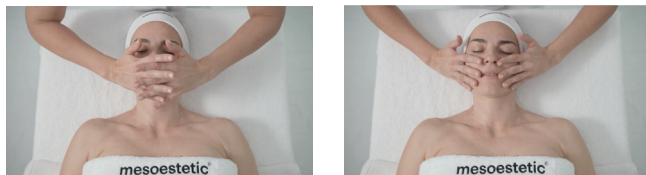


Unique massage whith 21 enhancing manoeuvres.

3 general manoeuvres and 18 specific manoeuvres: brightening, firming, anti-wrinkle, and redensifying.

STEP 1:

Start the massage with the effleurage manoeuvre without product. Décolleté, neck, chin-mouth, nose-cheeks and forehead. **Repeat the sequence 3 times.**



STEP 2:

Start with the product application. Sliding motions: proceed down the side of the neck to the shoulder and continue along the décolleté to the other shoulder, then ascend through the side of the neck. Perform the manoeuvre in the opposite direction. **Repeat the sequence 3 times.**



STEP 3:

3.1 Intercostal lissages: draw waves from the sternum to the underarm, where we make 3 pumpings. We draw a line in the intercostal space (ribs 2-3) and another line (ribs 1-2).



3.2 Pumping with thumbs in supraclavicular space from sternal to acromial end.



3.3 With the whole hand, pressure on shoulders in sagittal plane in caudal direction and alternating pressure left right. **Repeat the sequence 3 times.**



STEP 4:

4.1 Upward lissages along the neck. (BRIGHTNESS, **FIRMNESS, ANTI-WRINKLE**, DENSITY)



4.2 Fan movement: sliding movements with fingers, set along the chin, following the facial contour. (BRIGHTNESS, **FIRMNESS, ANTI-WRINKLE**, DENSITY)

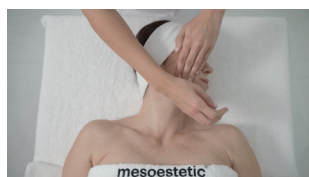
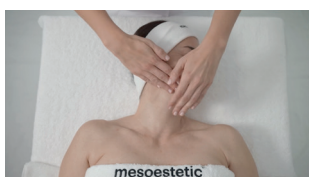


4.3 Fan movement: sliding movements with fingers from the middle of the lower jaw, following the mandibular angle and finish with a slight pressure on the TMJ. Repeat 3 times. (BRIGHTNESS, **FIRMNESS**, ANTI-WRINKLE, DENSITY)



Turn the head to the side

STEP 5: With one hand, alternate lissages from the chin following the facial contour. With the other hand, upward lissages lifting the cheekbone. (BRIGHTNESS, FIRMNESS, ANTI-WRINKLE, **DENSITY**)

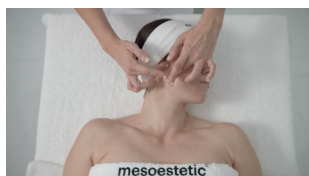
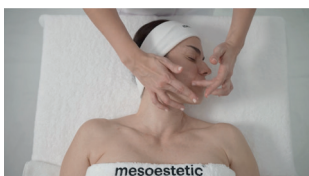


STEP 6:

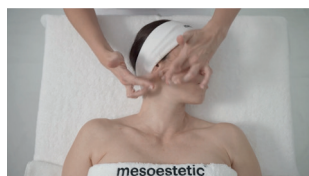
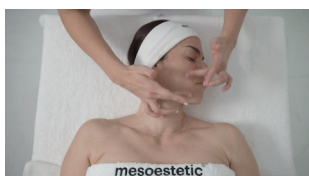
Perform "double flip" manoeuvre drawing the tensión lines (Langer's lines). (BRIGHTNESS, **FIRMNESS**, ANTI-WRINKLE, **DENSITY**). *Repeat the sequence 3 times.*



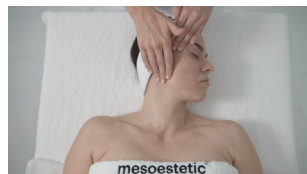
STEP 7: With the middle fingers, alternated digital manoeuvre following the tensión lines (Langer's lines). (BRIGHTNESS, **FIRMNESS**, ANTI-WRINKLE, **DENSITY**)



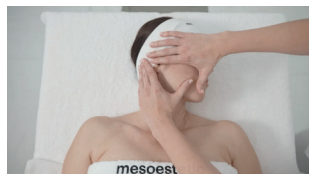
STEP 8: Polished manoeuvre, simultaneous friction with middle fingers alternating high speed and shallower pressure. (**BRIGHTNESS**, FIRMNESS, ANTI-WRINKLE, DENSITY)



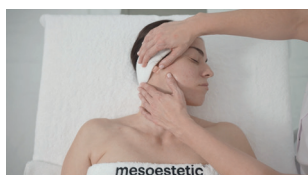
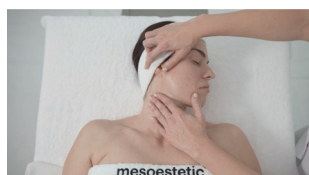
STEP 9: Kneading with index and middle fingers, upward to the nasolabial fold, draw the cheeks and drain down the carotid artery. (BRIGHTENESS, FIRMNESS, **ANTI-WRINKLE**, **DENSITY**)



STEP 10: Deep lissages with thumbs and anchoring with fingers behind the ear. Medial to lateral lissages. (BRIGHTENESS, **FIRMNESS**, **ANTI-WRINKLE**, **DENSITY**)



STEP 11: Thumb pressure following the lower jaw until reaching the masseter and perform deep pressure on the masseter. Customize the pressure to the client to reduce the usual hypertension of this muscle relaxing the facial expression. (BRIGHTENESS, FIRMNESS, **ANTI-WRINKLE**, **DENSITY**)

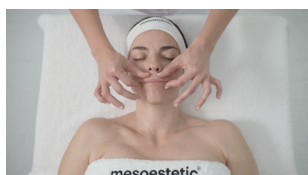
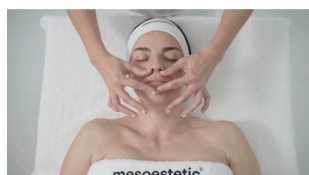


Turn the head to the other side and repeat steps from 5 to 11

STEP 12: Back to initial position. Chin manoeuvre, with index and ring finger draw the facial contour. Twist the fingers to draw the oval. (**BRIGHTENESS**, **FIRMNESS**, **ANTI-WRINKLE**, **DENSITY**)



STEP 13: With thumbs and index fingers, "smiling" manoeuvre in the peribuccal area. (**BRIGHTENESS**, FIRMNESS, **ANTI-WRINKLE**, **DENSITY**)



STEP 14: Alternate digital kneading with index and middle fingers in marionette lines with ascending direction. (BRIGHTNESS, FIRMNESS, **ANTI-WRINKLE**, DENSITY)



STEP 15: Digital lissages with the index finger on the sides of the nose. Finish at the junction of the nose and eyebrow. Repeat this sequence 4 times on each side. Finish the manoeuvre with sliding “pressed” motions in the area between the eyebrow. (**BRIGHTNESS**, FIRMNESS, **ANTI-WRINKLE**, DENSITY)



STEP 16: Pressure points following the eyebrow, from internal to external angle. Perform both sides simultaneously. (BRIGHTNESS, **FIRMNESS**, ANTI-WRINKLE, DENSITY)



STEP 17:

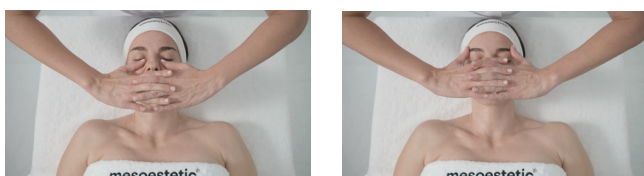
17.1 Upward lissages with thumbs on external canthus of the eyes. (crow's feet). (BRIGHTNESS, **FIRMNESS**, **ANTI-WRINKLE**, DENSITY)



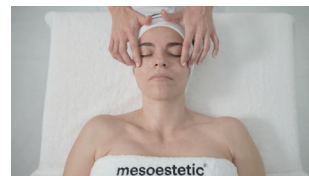
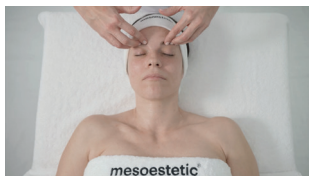
17.2 Lissages drawing an “infinity symbol” on the eye contour. (**BRIGHTNESS**, FIRMNESS, **ANTI-WRINKLE**, DENSITY)



17.3 Fixed circle manoeuvre with thumbs and hands intertwined. (BRIGHTNESS, **FIRMNESS**, **ANTI-WRINKLE**, DENSITY)



17.4 Perform a lateral fan movement, starting with the little finger from inferior orbicularis to superior orbicularis and vice versa. (**BRIGHTENESS, FIRMNESS, ANTI-WRINKLE, DENSITY**)



17.5 Effleurage and finish by alternating pumpings over the eye socket (**BRIGHTENESS, FIRMNESS, ANTI-WRINKLE, DENSITY**)



STEP 18: Digital kneading over the forehead. (**BRIGHTENESS, FIRMNESS, ANTI-WRINKLE, DENSITY**)



STEP 19: Digital manoeuvre with overlying hands and alternating hand movements. Make vertical lines from the eyebrow to the scalp. (**BRIGHTENESS, FIRMNESS, ANTI-WRINKLE, DENSITY**)



STEP 20: Perform acupressure over the hair growth line. (**BRIGHTENESS, FIRMNESS, ANTI-WRINKLE, DENSITY**)



STEP 21: Gliding with thumbs down the sides of the face and neck, applying pressure to the décolleté and finishing at the shoulders.





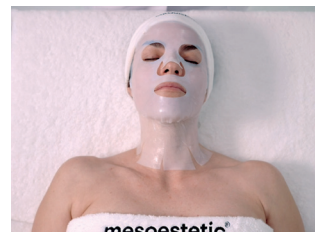
A next-generation professional anti-aging system inspired by the most advanced medical aesthetic technology that incorporates the **[meso]epigen system™** complex.

PHASE V: BOOSTING

Apply the specific end treatment: **age element crystal fiber mask** or **age element instant firming mask** recommended in the **age element diagnosis system™** platform to enhance treatment result.

age element crystal fiber mask: remove one of the protective layers. Apply the mask starting from the neck and ascending to cover the facial surface. Press gently to adhere it correctly. Remove the outer protective layer. Leave on for 20 minutes.

age element instant firming mask: pour the content of the sachet **age element instant firming mask powder** into a bowl. Then pour the content of the sachet **age element instant firming mask gel**. Mix for 30 seconds and apply the product with the spatula. Leave on for 15 minutes and remove it in one piece.



age element crystal fiber mask



age element instant firming mask

PHASE VI: PREVENTION

End by applying **moisturising sun protection SPF 50+** (hydrating sun protection) in order to protect the skin from harmful UV radiation.



🔄 application cycle

It is recommended to perform 5 sessions (1 session per week)



5 sessions



1 session per week

🏠 home maintenance

It is recommended to use the mesoestetic home products recommended by the digital platform for professional use **age element diagnosis system™**, to enhance the results obtained with cabin treatment.

