

# August 31 Devotional

## The P.R.A.Y.E.D. Method

### P - Praise & Proclaim God's Holiness (Adoration)

(Based on: "Our Father in heaven, hallowed be your name.")

- **Step:** Begin by recognizing **God's character and worthiness**.

### R - Reign & Request His Will (Submission)

(Based on: "Your kingdom come, your will be done, on earth as it is in heaven.")

- **Step:** Surrender your personal agenda and pray for God's **sovereign will**.

### A - Ask for Daily Needs (Petition)

(Based on: "Give us this day our daily bread.")

- **Step:** Present your **physical, financial, and relational needs** to God.

### Y - Yield & Seek Forgiveness (Confession)

(Based on: "And forgive us our debts, as we also have forgiven our debtors.")

- **Step:** **Confess** any known sins, seeking God's forgiveness through Christ.

### E - Escape & Seek Protection (Intercession)

(Based on: "And lead us not into temptation, but deliver us from evil.")

- **Step:** Ask God to **guard you** from spiritual temptation and sin.

### D - Declare His Dominion (Doxology)

(Based on: "For yours is the kingdom and the power and the glory, forever. Amen.")

- **Step:** **Conclude your prayer** by reaffirming God's absolute rule, power, and glory.

Here are some types of prayer that are not explicitly represented in the acronym:

- **Thanksgiving:** Where believers express gratitude to God for His blessings and goodness.
- **Intercession:** Intercession is the act of praying on behalf of others.
- **Worship:** The broader concept of worship encompasses more than just verbal praise. It can involve silence, music, or simply a state of awe and reverence before God.
- **Lament:** This is the act of crying out to God in grief, sorrow, and distress. This could be part of casting all your cares on God. (1 Peter 5:7)
- **Meditation:** This is a form of prayer that involves quietly pondering or thinking through a scripture or a truth about God. It's not about speaking but about listening and reflecting.
- **Spiritual Warfare:** Focuses on resisting spiritual forces of evil. (e.g. Ephesians 6:10-18)
- **Fasting:** Done in conjunction with prayer as a way of expressing humility as we give up what we want to focus on God and seek Him.
- **Corporate Prayer:** A group of believers prays together for a common purpose.
- **Spontaneous Prayer:** This refers to prayers that are not pre-planned or structured, but are a natural outflow of the heart in the moment.
- **Prayer of Dedication:** Consecration or setting something apart for God's use.