

LJorgenson, LLC Paddling Coaching/Training

I know that participating in physical exercise includes an element of risk. I should not participate in Paddling Coaching/Training, unless I am medically able and properly trained. I agree to abide by any decision of any training instructor relative to my ability to participate in this event safely and I further agree that event instructors may authorize necessary emergency treatment for me. I further assume any and all other risks associated with participating in this event.

I acknowledge that I have successfully completed a huli drill. _____ (initial)

The materials I receive with this event are under copyright laws. I must receive approval for making copies of any materials.

Having read this waiver and knowing these facts, and in consideration of the acceptance of my participation, I hereby for myself, my heirs executors, administrators or anyone else who might claim on my behalf, covenant not sue and waive, release and discharge Lori Jorgenson, individually, her successors or assigns, LJORGENSON LLC, LJORGENSON LLC affiliates, subsidiaries, officers, directors, partners, members, managing members, managers, trustees, beneficiaries, employees, agents and any other advisors or consultants" all representatives and successors from any and all claims or liability of any kind or nature whatsoever arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons or parties named in this waiver.

Signature of participant

Date

Name: _____

Address: _____

Phone: _____

Email: _____

Emergency Contact: _____ **Phone #:** _____

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