

Attention! Attention!
We Changed
our Name!



Family Centered Services
of CT

(formerly Coordinating Council for Children in Crisis, Inc.)

Dedicated to our mission to prevent abuse, neglect and victimization.



2012 Annual Report

A letter from our leadership

Dear Friends,

We have a new name! We are now **Family Centered Services of CT (Family CT)**.

We know that the best place for a child to grow up is in a safe and nurturing family. Our organization was built on this core belief, and we have learned a lot since our inception about how to focus on strengths instead of deficits. We believe that our new name better reflects our understanding that the strengths and needs of each family member must be considered and that families and their growing children must be the informed decision-makers about their own care. A respectful family-professional partnership honors the strengths, cultures, traditions and expertise that everyone brings to the table.

Our growth has also led to another big change. We moved and are now in the Marlin Business Center. Our new space gives us more room not only for individual and group counseling, children's play, and family gatherings, but allows for greater service expansion and innovation with more opportunities to create new programs and reach more children and families.

As we continue to develop family centered policies and practices, we are also working to better understand the prevalence and impact of trauma in the lives of our program participants. We recognize what has happened to many participants – not what is wrong with them – and how our own actions, policies and procedures can help keep individuals safe and healthy. These efforts are absorbing, exciting and designed to improve the services that children and families are able to experience.

We are weathering the economic challenges thanks to the support of **YOU**, our funders and friends. We take pride that 100% of our Board of Directors and Staff make a financial contribution to the agency, and that .88 of every dollar donated goes to the direct services offered to children, youth and families. This *far exceeds* the minimum 60% recommended by the watchdog outfit The American Institute of Philanthropy.

Your continued belief in our work and compassion for our children and families is important to us. Thank you for caring and continuing your support.

Sincerely,



Cheryl Burack

Cheryl Burack
Executive Director



Anthony Poccia

Anthony Poccia
Chairperson of the
Board of Directors

Our new approach

Nationally, Connecticut's public sector stands out as a leader in the use of the program/service measurement tool known as Results Based Accountability (RBA). Here at Family CT, we are following that lead. RBA identifies how well a program/service/effort is doing in achieving a particular quality of life result and where it might need to make changes. For social service agencies like us, this measurement approach clearly demonstrates if a child or parent is better off because of our program.

This past year, we initiated a three-month pilot RBA in all of our programs. Here are samples of our outcomes.

- Parents in our Circle of Security parenting group experienced the following:
100% increased his/her ability to identify child's needs
80% reduced level of stress from parenting
80% improved relationship with child
- One hundred percent (100%) of the children in our Nurturing Families Network:
1) belong to a pediatric physician
2) maintain regularly scheduled well-child appointments and
3) are fully immunized.
- One hundred and forty-five (145) students in our Teen Outreach Program completed a total of 2,835 hours of community service-learning work in New Haven, West Haven and Bridgeport!
- For the third consecutive year, students in the Teen Outreach Program reported 0 pregnancies.

In the coming year, we will collect more outcomes to learn about how we are improving lives and ending family violence.

Who we served



759

children received direct services



85%

of children were younger than 12 years



1,462

parents and adults received direct services



70%

of adults/parents were women

2012 Program Highlights



- Pictured above, first-time parents and their young children enjoyed a literacy development family activity at a local library. Our Nurturing Families Network encourages family literacy to nurture a child's social and academic development as well as to strengthen the parent-child relationship.
- Our Domestic Violence Consultant Program expanded into the Norwalk and Stamford offices of the Department of Children and Families. Consultants help the social work staff more effectively address domestic violence as it relates to child abuse and neglect.
- We remain the only medical home initiative for children and youth with special health care needs serving the south central region of CT. Our program now partners with 20 pediatric medical homes to eliminate barriers to vital health care and ensure comprehensive treatment for children with chronic illnesses.
- CCCC partnered with the Coalition for the Nurturing Families Network to sponsor a *Breakfast for Champions* on November 1, 2011 to honor supporters of the Nurturing Families Network including participant families and members of the New Haven Delegation.
- Pictured below, Home Visitor Tyrees Thomas and Nurturing Families Network Director Galit Sharma presented our Fathering Home Visitation Program at the 13th Annual New England Fathering Conference in Maine. We showcased a successful program that embraces fathers and encourages father involvement in a child's life.



Home Visitor Tyrees Thomas and Director Galit Sharma

- Kimochis (plush characters that help children express feelings through play) are now used by our staff to help children express emotions and heal from abuse and violence in our Integrated Family Violence Services program. Below is one example.

Lexi and her mom

Lexi was sitting at home a few months ago when her mom's boyfriend stormed through the door. He began attacking her mother and destroying their apartment. Lexi grabbed the phone, ran outside and called the police.

Lexi is only eight years-old, in third grade, yet she has been taking the "parent" role in her home. Instead of playing with toys, Lexi concerns herself with household chores and keeping track of her mother's schedule. Her mom has an extensive history of abuse, as a young child and throughout her adulthood. She loves Lexi, provides for all of her basic needs, yet has been unaware that her pattern of violent relationships affects her daughter.

Months of home-visits from CCCC clinician Sarah with Lexi has taught her how to communicate her feelings with her mom. Using Kimochis, Lexi shared her feelings of fear and helplessness. She was instantly attracted to a bird Kimochi that has a baby under its wing. Using this bird plush character, they discussed what it meant to feel protected and Lexi's mom was surprised to learn how much her daughter wanted to be protected by her. For the first time, mom was able to see that her daughter was hurting and losing her childhood.

Lexi now feels safe in her home and cared for by her mom. She is beginning to act more like a kid. Lexi and mom love playing board games, painting pictures or just watching movies together. Their relationship is stronger and mom now feels like a responsible parent, committed to continuing her own healing process and making their home healthy and nurturing for Lexi.



- During Spring Break, middle school students in our Teen Outreach Program (TOP), two pictured above, cleaned-up Bridgeport beaches for their service-learning project. Service-learning efforts, in addition to TOP's in-classroom academic support and youth leadership and character building activities, encourage and empower students to excel in school, engage in their communities and become positive leaders in their schools and home environments.

Our statement of activities for the year ended June 30, 2012

Revenue and expense numbers are unaudited.

Revenue

CT Dept. of Children and Families	\$874,114
CT Dept. of Mental Health/Addiction Services	77,088
CT Office of Victim Services	305,136
CT Children's Trust Fund	338,895
CT Dept. of Social Services	288,900
CT Dept. of Public Health	307,478
The United Way of Greater New Haven	19,397
Subcontract New Haven Home Recovery	81,054
Special Events	27,493
Other (foundations, corporations, individuals)	109,529

Expenses

Salaries	\$1,462,516
Fringe Benefits	306,398
Travel, Supplies, Training	297,769
Facility Costs	96,212
Administrative Expenses	259,083
Special Events	7,106

Total Expenses **\$2,429,084**

Total Revenue **\$2,429,084**

Family Centered Services of CT (formerly Coordinating Council for Children in Crisis, Inc.)
gratefully acknowledges everyone who made a donation to end child abuse during FY 2012.

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New Haven Fireman with kids at our Back to School Party

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This WE Believe-Annual Spring Cocktail Party

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New Haven high school students and our *This WE Believe* essay writers

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Left to right-Marcy Manware, Executive Director Cheryl Burack, Board members Louise Zito and Tony Poccia, Community Champion award recipient Oscar Recalde for the Basket Brigade of CT and Board member Steve Levine

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Dine Out at Frank Pepe Pizzeria Napoletana
Fairhaven Furniture
Helping Hands Furniture Bank
Kaiser Whitney Staffing
Ms. Danielle Klaskin- Bat Mitzvah Project
Real Ale Festival at the Bru Rm. at BAR
Southern CT State University- food drive
Woodland Coffee and Tea



Students and faculty from Southern CT State University delivering boxes of food to stock our Food Bank

Walk Against Domestic Violence

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Friends Walk Against Domestic Violence at East Rock Park in New Haven



Jeff Browning, organizer of the Real Ale Festival at the Bru Rm at BAR- proceeds of over \$10,000 were donated to us!

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2012 ANNUAL REPORT

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WITH GRATITUDE...

We extend our deepest thanks to **YOU** for caring about our children and families.

Here are ways you can stay involved and make a difference.

- Tell one new person about us this year
- Send us a note about why you believe in our mission
- Come to our Annual Spring Event on May 3, 2013
- Volunteer your time at our Back to School or Family Appreciation Day Events
- Designate your employee United Way donation to CCCC
- Consider a first-time gift or an increase in your giving this year
- Stay informed! Visit our website- www.familyct.org- and Facebook page.