



Family Centered Services works with families to ensure they are safe and nurturing places where children can succeed.



Our Vision

We envision a world of healthy families, where children grow up to be confident and caring adults and contributing members of their community.



We believe all children have the right to live in a safe, nurturing environment, free from violence, abuse, and neglect.

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Message from the 2016 Board Chair and Executive Director

Sausage and peppers. Peanut butter and jelly. Some things are just better together! That's why Family Centered Services collaborates with other agencies and organizations to fulfill our mission. Just ask the parents of three-year-old Karam (not his real name), who was born with spina bifida, beaming as they watched him take his first "steps." Our Nurse Care Manager, employed through a subcontract with Yale New Haven Hospital, helped him get a stander so he could be upright and wheel himself around for the very first time. With the addition of physical and speech therapies, his vocabulary has tripled and he has thrived.

By working with others, we can offer a more comprehensive and multidisciplinary range of services and resources, give stronger voice to advocate on behalf of families, and accomplish more together than we could alone.

Collaboration has been a foundational principle of Family CT since 1977 when we were called Coordinating Council For Children In Crisis, Inc. We have always believed that services are more effective when they are coordinated, and that we must reach across the many disciplines that affect the lives of children and families to make sure they are getting everything they need. Our partners include those in health and medicine, housing, behavioral health, law, law enforcement, advocacy and others. This report wil highlight some of our partnerships that allow our families to thrive.

At its heart, our work is really about partnering with families to help them realize their vision for themselves and their children. Our partners also include our friends and supporters, and we need your help now more than ever. Two rounds of state budget cuts have made individual and community donations both greatly needed and appreciated.

Thank you for joining with us to envision a world in which children can grow up to be confident and caring adults, making their own contributions to their communities.



Cheryl Burack, M.S. Executive Director



Angel Mattioli, Esq. Chair, Board of Directors

New Haven Family Partnership

Family CT and New Reach bring hope to homeless families.

Families experiencing homelessness, psychiatric disability, addiction or HIV/AIDS had few places to turn before Family Centered Services of CT and New Reach, now Connecticut's largest provider of family housing, came together to form the New Haven Family Partnership. As Kellyann Day, CEO of New Reach, explains it, "New Reach and Family Centered Services have a unique collaboration in the world of supportive housing. Our collaboration has brought together crucial services for families, affordable housing, and clinical services for the vulnerable children in those households. Family Centered Services has provided life-changing interventions since the inception of this program in 1997 and is an outstanding collaborative partner. New Reach looks forward to continuing this partnership in the future."

Neighborhood Victim Advocacy Program

Frustration with the system leads to a 19-year partnership with the police.

During a morning meeting of the Greater New Haven Task Force Against Domestic Violence
19 years ago, a community-based police officer expressed the need for someone to follow up with the victims of domestic violence after the police had been called. He was frustrated that they were often called back to the same home and wondered how the victims could learn about the community services available to help them. From this casual comment, the Neighborhood Victim

Advocacy Program at Family CT was born.

Partnering with the New Haven Department of Police Service since 1997, and now working with departments in West Haven and other area towns, Victim Advocates help survivors move past victimization and toward healing and stabilization after trauma. Risk assessment, safety planning, crisis counseling, linkage to community resources, court advocacy and accompaniment are

available, as well as a children's empowerment group for children who have been victimized or witnessed violence in their young lives. F-U-N and being "Violence Free, That's Me" is the theme that runs through the group, which meets every Saturday morning. As the program has grown, referrals have been opened to those outside of the police department and often come through collaborations with the many agencies that have contact with crime victims, such as the local domestic violence shelter, mental health clinics, hospitals, schools, protective services and court personnel.

South Central CT Medical Home Initiative

Collaborating with Yale New Haven Hospital to improve health outcomes for children.

Affectionate, friendly, smart and good-natured, three-year-old Karam (not his real name) has an impressive following. His team includes his family, his doctors, an attorney with the Medical Legal



Karam takes his first steps.

Care coordination promotes multidisciplinary care and improves patient outcomes and satisfaction. Never mobile before, there were smiles (and some tears) at Karam's look of astonishment and delight as he stood upright on his new stander for the first time. The moment was captured on video by his proud parents, and will be a movie that his family watches again and again.

Partnership, a case manager from IRIS (Integrated Refugee and Immigrant Services), and a Nurse Care Manager to coordinate all the elements of his care. Karam was born with spina bifida, a birth defect that results in incomplete closing of the backbone and membranes around the spinal cord. Before his doctors referred him to Family CT for care coordination, he had never had any physical or speech therapy, didn't own any locomotive devices such as a stander or specialty wheelchair, and wasn't registered in a preschool program. Thanks to a Memorandum of Understanding between Family CT and Yale New Haven Hospital to provide nursing care coordination, services that could have been fragmented are now integrated into one Care Plan and guided by the needs and wishes of Karam and his family.



Karam with his little brother and parents.

The Wyman Teen Outreach Program

Partnering with the school system to promote positive youth development.

If you happen to pass by a room of eighth grade students at Barnard Environmental Magnet school, you will quickly realize that this is not your typical classroom. It is the Wyman Teen Outreach Program (TOP), where classes are called "Clubs" and participants may be brainstorming about the changes they would like to see in their community, doing an exercise that asks them to pretend to be a gender other than their own, or having a lively, curriculum-guided discussion about friendships and romantic relationships. Through partnerships with schools in New Haven, West Haven and Bridgeport, TOP brings teens together to promote healthy behavior, acquire important life skills and gain a sense of purpose. TOP has been shown to reduce the risk factors that contribute to teen pregnancy and school failure, with a 53% lower risk of pregnancy and 60% lower risk of school dropout. Key to its success is the program's focus on community service learning, where students actively participate in organized service experiences linked to learning objectives. This year's students will clean the West River Memorial Park while learning about the disappearing marshes in the U.S. and the role that pollution plays in the osprey's endangered species

status. Asked what TOP means to them, KH tells us, "This program teaches us responsibility and priorities so that we can keep ourselves on track." LS reflects, "During TOP, I have learned a lot about myself and . . . things that I wouldn't have learned in my average everyday classroom. With TOP, I have learned to give back to the community."



TOP students give back to the community during the Thanksgiving food drive.

Joining the Community Throughout the Year

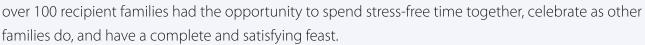
From collaborations with the Connecticut Diaper Bank to food drives from Southern Connecticut State University students, we raise awareness about the needs of families.

August-September: Our Back to School Campaign allows us to give all our kids new backpacks and school supplies. We stress the importance of learning and want each child to begin the school year

with confidence and pride.

October: October is Domestic Violence Awareness month. Advocates across Connecticut and the country participate in events and activities that raise awareness of the millions who are victims of domestic violence and abuse. Family CT kicks off the month with its Annual Walk Against Domestic Violence.

November: November ushers in the holiday season and Family CT is proud to work with the Connecticut Basket Brigade. The program is unique because it provides the entire Thanksgiving meal delivered to each family's home. Last year



December: The Adopt a Family Program is an annual community effort to support families who cannot afford to purchase holiday presents. Individuals, families, businesses, faith organizations and other community groups "adopt" a family or child during the holiday season.

April: April is National Child Abuse Prevention Month, and Family CT sponsors family-friendly events open to the community.

Week of the Young Child: Family CT works to celebrate and support our families and their young children by celebrating early learning through reading and play with children.

May: Family CT's Annual Spring Cocktail Party & Auction raises funds to support our programs and services. Family CT celebrates with our friends, sponsors and donors, as we thank them for their support and celebrate the accomplishments of our programs and services.

Throughout the Year ...

Family CT distributes diapers and food to our program participants, thanks to a membership in the Connecticut Diaper Bank and donations from the Office of Student Involvement and Leadership Development at Southern Connecticut State University.



OCTOBER



Annual Spring Cocktail Party & Auction

Celebrating Cinco de Mayo in style!

Family Centered Services of CT celebrated Cinco de Mayo in style at their Annual Spring Cocktail Party & Auction. Music by Caribbean Vibe entertained all, while Tommie Wehrle, guest auctioneer, led lively bidding for such items as Disney Tickets, a Newport Getaway, and a Sunset Harbor Cruise. Keynote speaker Reverend Dr. Frederick "Jerry" Streets spoke about the impact of trauma and the intersection of religious and social practices on victims of traumatic events. This year's event raised over \$15,000, thanks to the generosity of our sponsors and donors.

Former Board members Robert & Linda Reger, Current Board Chair Angel Mattioli, and Former Board Chair Christopher Brigham enjoyed reminiscing at the 2016 Spring Cocktail Party & Auction.



Guest Speaker Reverend Dr. Federick "Jerry" Streets.







2015-2016 Annual Appeal

We are grateful for the generosity of businesses, organizations, community groups and foundations for their ongoing financial support and advocacy.

A & A Office Systems Mrs. Margaret Anderson Ms. Marcelle Applewhaite Ms. Patricia Beraducci Ms. Genevieve Bimonte

Mr. and Mrs. Welles Brandriff

Ms. Lori Burack Ms. Vanessa Cathey Mr. Barry Chernoff Mr. James Clark

Mr. and Mrs. Frederick Cohan

Mr. Curvin Council Ms. Lindsay DeFrancisco Mrs. Gina D'Agostino Ms. Susan D'Orvilliers Mr. Troy Dixon Ms. Audrey Downey Ms. Mindi Englart
Dr. Terence Foster
Ms. Robin French
Mr. Justin Garcia
Holy Transfiguration Orthodox Church
Ms. Laurie Jagoe
Ms. Constance Keirstead
Ms. Donna Kemper
Mr. and Mrs. Mark Kirschbaum

Kiwanis Club of the Shoreline Ms. Juliet Koff

Ms. Pat Krawczyk The Ethel & Abe Lapides Foundation Ms. Virginia Lawler

Ms. Elizabeth Lockhart Mr. John Lopresti

Dr. and Mrs. Robert Margolies

Ms. Harriet Meiss Ms. Sheila Michalsen Ms. Brittany O'Mara

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Mr. and Mrs. Greg Whitehouse Mr. and Mrs. John Womer

Mr. and Mrs. John Wom Mr. David Wood

Suna Woods, DDS Ms. Patricia Worthy Mr. and Mrs. Keith Wortz

Ms. Louise Zito

2015 Walk Against Domestic Violence

Neither rain . . . nor cold . . . could stop the Walk!

Engaging men and boys to break the cycle of domestic violence was the theme of the 2015 Walk Against Domestic Violence.

The rain and wind could not dampen the spirits of over 120 walkers on Saturday, October 3, 2015, as Family Centered Services of CT hosted the 5th Annual Walk Against Domestic Violence at East Rock Park in New Haven, Connecticut. The aim of the Walk is to raise awareness about domestic violence and to celebrate survivors.

Emceed by Board member Jessica Carl, host of the WYBC-FM Saturday

Board Members Steve Lavine and Norman Forrester



Afternoon Jam, the event featured quest speaker Derek Poundstone, three-time winner of the World's Strongest Man competitions and a police officer in the Naugatuck Police Department. Poundstone spoke about the importance of engaging men and boys to break the cycle of domestic violence and the need for positive role models for youth.

Since its inception over three decades ago, Family CT has helped thousands of women, children and families live safe and violence-free lives.



Assistant Director Jacqui Farrell and Guest Speaker Derek Poundstone.



Adopt a Family

Accenture

Mr. John Aiken & Ms. Katie Matus

Ms. Beata Bagi

Mr. & Mrs. Tim & Linda Bennis

Biller, Sachs, Raio and Zito

Ms. Kristy Brown

Ms. Cheryl Burack

Ms. Shannon Capuano

Cavcomm, LLC

Connecticut Saturday Korean School

Mr. and Mrs. Howard Cornwall

Ms. Susan D'Orvilliers

Ms. Patricia DeLuca

Ms. Patti Didiano

Ms. Tara Feighery

Ms. Sarah Fike

Dr. and Mrs. Mario Gaboury

Ms. Linda Garvin

Mr. Dave Gallagher

Ms. Susan George

Ms. Susan Goszewski

Hamden Plains United Methodist

Church

Hamden Hall

Holy Transfiguration Church

H. W. Lochner, Inc.

Mr. Cinque Hall

Girl Scout Troop 60914

Ms. Georgiana Hull

Kolltan Pharmaceuticals

Mr. Stephen Keegan

Ms. Patricia Krawczyk

Ms. Michelle Lawler

Ms. Marina Luri-Clark

Ms. Triana Lyde

Ms. Tracy Lynch

Ms. Noel Mara

Ms. Alisa Masterson

Ms. Noreen McElroy

Ms. Melissa Massaro

Ms. Ashley Minihan

Mr. Mauricio Monroy

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Ms. Emily Palten

Mr. Gene Pica

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Re/Max Alliance

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Ms. Galit Sharma

Ms. Danielle Spadaccino

Ms. Lynn Smith

Ms. Camisha Taylor

Dr. Mark Taylor

Ms. Melissa Todice

Test Logic

Totoket Valley School – Mr. Amodio's

Class

United Way

Elia Vollano

Ms. Sally Voegeli

Weichert Realtors

Ms. Alison Weir & Rode Family

Ms. Pamela Whitman

Yale New Haven Hospital,

Saint Raphael Campus

Yale New Haven Hospital Yale New Haven Hospital Pharmacy Yale New Haven Hospital, Pedi Care Unit 7W Yale University Graduate School of Arts and Science Ms. Lilliana Zavala

Spring Cocktail Party & Auction

Auction/Raffle Donors

Tony Abbott Alan Jackson Sarah Albee American Museum of Natural History Artist & Craftsman Supply Blue State Coffee **Boston Duck Tours** Cabot Creamery Cooperative Caseus Fromagerie & Bistro Connecticut River Museum Connecticut Science Center Cracker Barrel Old Country Store Crow's Nest Landing Sarah Darer Littman Downtown Cabaret Theatre Essex Steam Train & Riverboat Flight Trampoline Park Funny Bone Comedy Club Gail Gauthier **Ghost Tours** Greenvale Vineyards Harper Collins Publishers Hartford Restaurant Group Hartford Yard Goats Mary Ann Hoberman Home Restaurant Sandra Horning

Insomnia Cookies International Tennis Hall of Fame Jerry Craft Kid City Children's Museum Sharon Lane Holm Lose Your Broker, LLC Magic Wings Metro Bis Wendell Minor Moxie New England Air Museum New York Jets New York Lizards Newport Vineyards & Winery Northford Ice Pavilion Olympia Sports Jane Paley Peabody Essex Museum Peabody Museum PEZ Candy, Inc. **Quassy Amusement Park** River Ouest

Stephanie Robinson Roger Williams Zoo Roller Magic Salem Trollev Salem Witch Museum Saybrook Point Inn Susan Shade Sports Center of Connecticut Swan Boats of Boston Team Penske The Hawthorne Hotel The Land of Witches & Pirates The Preservation Society of Newport

Walt Disney World

Employees of LeClairRyan Law Firm donate back to school supplies.

County

Toad's Place

Travelers Championship



Ad Book Advanced Office Systems Caitflo Liberty Bank, Madison mActivity Fitness Center O,R&L Commercial, LLC People's United Bank Premier Car Wash Mr. Thomas Pursell Start Community Bank T.M. Byxbee Company, PC TYCO Printing University of New Haven -Henry C. Lee College of Criminal Justice and Forensic Science Wareck D'Ostilio Real Estate

Spring Event Sponsors

Yale New Haven Hospital

Leadership Sponsor:

Yale New Haven Hospital

Gold Sponsor:

The Community Foundation for Greater New Haven

Silver Sponsors:

Advanced Office Systems People's United Bank & People's United Insurance Agency Premier Car Wash T.M. Byxbee Company, PC TYCO Printing University of New Haven -Henry C. Lee College of Criminal Justice and Forensic Science Visconti & Associates, CPA Wareck D'Ostilio Real Estate Webster Bank

Back to School

Ms. Susan Deyo

Ms. Karen Alexander Ms. Shannon Capuano Ms. Marisol Cruz Hamden Plains United Methodist Church Reverend Gerald Jones LeClairRyan Littler Mendelson Mr. and Mrs. Robert Ochman Ms. Stacey Riccardi Mr. Christopher Ryan Ms. Nally Sahin Ms. Carol Ann Ziegler Ms. Elizabeth Acee Mrs. Bernadette Bimonte-Hackett Mr. Richard Bowerman Ms. Maria Cenkus

First Connecticut Credit Union, Inc. Dr. Ana Gomes Ms. Linda Levene Mr. and Mrs. Steven Levine Ms. Frances Miller O.R&L Commercial, LLC Mr. and Mrs. Norman Peccini Mr. Anthony Poccia Mr. and Mrs. Robert Reger Mrs. Barbara Saltman Mr. Robert Wonneberger

Board Appeal

Ms. Jessica Carl Ms. Meghan Dahlmeyer Mr. Norman Forrester Ms. Marlene Graham Ms. Stacey Lafferty Dr. Jack Levine

Mr. and Mrs. Steven Levine Mr. Joel Mastrojanni Ms. Pamela Matocha Ms. Angel Mattioli Ms. Jacqueline Miconi

Mr. Anthony Poccia

Walk Against Domestic Violence

Capotorto's Apizza Center Dava's John & Maria's Shawnna Jacobs Subway of Hamden Zoi's on Orange

Grants, Foundations & Public Funds

City Missionary Association of New Haven, Inc.

Connecticut Department of Children and Families

Connecticut Department of Mental Health and Addiction Services

Connecticut Department of

Public Health

Connecticut Department of

Social Services

Connecticut Office of Early

Childhood

Connecticut Office of Victim Services

NewAlliance Foundation The Stephen W. Marcucio Charitable Foundation The Seedlings Foundation



Young students enjoy literacy activities with their TOP mentors.

Gifts in Kind

Ms. Diana Capabianco Ms. Robin Caron Mr. Jack Greenspan Mr. Chris Prato R&B Cleaning

Legacy Fund

Mr. & Mrs. Robert & Linda Reger Ms. Michelle Lawler Ms. Louise Zito Mr. and Mrs. Keith Wortz

United Way Donors

Ms. Crystal Ayala Ms. Patricia Beraducci Ms. Monica Bien-Aime Ms. Chervl Burack Ms. Vanessa Cathey Ms. Michelle Covert Ms. Cynthia Donato Ms. Susan D'Orvilliers Ms. Jacquelyn Farrell Mr. Donald Filer Ms. Tracey Flynn Mr. Kevin Fowlkes Dr. and Mrs. Mario Gaboury Mr. Peter Hicks Ms. Devorah Lynch

Ms. Alicia Nunzianto Ms. Zaira Matias Ms. Noreen McElroy Ms. Lucecita Melendez

Ms. Maria Moniello Ms. Alix Murv Ms. Ellen O'Connor

Ms. Ashley Minihan

Ms. Cheray Pulley Ms. Sabine Romsaint

Ms. Shannon Ryan Mrs. Agnes Schofield

Ms. Kim Selander

Ms. Galit Sharma

Ms. Rebecca Shields

Ms. Sania Siddiqui

Ms. Wendy Szczygiel

Mrs. Stefanie Thach Ms. Isabel Valez

Ms. Anne Wendel

Ms. Andrea Wright

Yale New Haven Hospital,

Pedi Care Unit 7W

United Way of Central & Northeastern Connecticut

United Way of Greater Waterbury

Dine Out for a Cause

Frank Pepe Pizzeria

In Honor of & Memorial Gifts

In Honor of:

Julia & Daniel Fogg-Charest –

Mr. Mario Zangari

In Honor of:

50th Anniversary of

Mr. & Mrs. Mario Zangari –

Ms. Linda Levene

In Honor of:

Cheryl Burack -

Ms. Randi Rubin Rodriguez

In Honor of

Pamela Matocha – Ms. Constance Keirstead

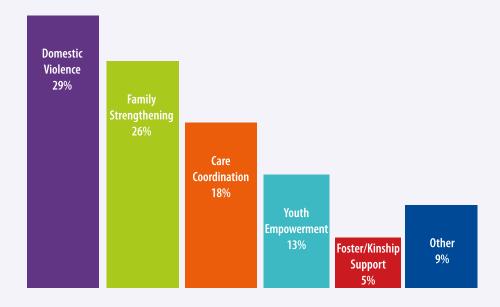
Gifts reported in this publication were received between July 1, 2015 and June 30, 2016. We have made every effort to publish a complete and accurate list. If we have made an error, please contact: Susan D'Orvilliers, Development Officer, at 203-624-2600, ext. 118.

Who We Serve

Family Centered Services of CT served 1,817 families from July 2015 to June 2016, a 12% increase from 2014-2015. Our families come from 35 communities; they are our neighbors, co-workers and friends. Quite often reluctant to speak about abuse, neglect or the violence that is occurring in their lives, families acknowledge their challenges and work with us to become safe and nurturing places where children can succeed.



Reason for Referral



FYE 6.30.16 – Income and Expense (Unaudited)

Income

| Department of Children and Families | \$2,413,888.00 | |
|--|----------------|--|
| Department of Public Health | 274,592.00 | |
| Department of Mental Health & Addiction Services 85,561.00 | | |
| Department of Soscial Services | 630,288.00 | |
| Office of Victim Services | 336,018.00 | |
| New Reach | 85,106.00 | |
| Foundations | 25,873.00 | |
| Restricted | 2,017.00 | |
| Fundraising and Special Events | 32,422.00 | |
| | \$3,885,765.00 | |

Expenses

| Salaries | \$2,370,398.00 |
|--|----------------|
| Fringe Benefits | 502,285.00 |
| Program Supplies, Travel, Training, IT and Netwo | rk 340,552.00 |
| Subcontractors | 394,069.00 |
| Facilities | 152,255.00 |
| Administrative | 119,574.00 |
| Fundraising and Special Events | 6,632.00 |
| | \$3,885,765.00 |

Park City Cleanup



TOP students clean their school grounds.

Six Reasons to Give to Family Centered Services

- We are a local organization with deep roots in the community, providing free services to women, children and families.
- > Our staff has broad expertise regarding community providers, issues and needs.
- We are a community leader, convening agencies and coordinating resources to create positive change.
- > We focus on restoring, repairing and healing family relationships.
- We ensure that basic needs are met through our food bank, clothing, diapers and emergency fund. Staff members often go above and beyond for families, providing transportation to specialized services and court, school or medical appointments.
- > We nurture families from pregnancy through kindergarten to give parents the information and support they need to help their children develop optimally during the early years of life.

Ways to Give ...

Making a contribution is as easy as 1...2...3...

To contribute to Family Centered Services of CT electronically through our secure website, please go to www.familyct.org and click on the orange **Donate** button.

When you donate to Family Centered Services of CT, you are joining with others in making a difference in the life of a child, mother, father or family who has been a victim of trauma, abuse or neglect. You are answering the need to help Family CT provide quality services to families that are free of charge. You are helping Family CT meet the needs of the most vulnerable. You are helping us to help children grow up to be confident, caring adults and contributing members of our communities.

Listed below are the many options for supporting Family Centered Services of CT:

- Give monthly through our online giving program
- Give annually online or through the mail
- Give a gift in honor of or in memory of a loved one
- Other ways to give:
 - United Way
 - Giving Tuesday (First Tuesday after Thanksgiving)
 - > Thegreatgive.org

For more information, contact: Susan D'Orvilliers, Development Officer 203-624-2600, ext. 118

BAR Donates



Dave Wood of BAR presents Galit Sharma with a check for Nurturing Families Network.



Visit our website at www.familyct.org to learn more about our other programs:

Caregiver Support Team

Circle of Security

Intimate Partner Violence: Family Assessment and Intervention Response

Family-Based Recovery

Fathers for Change

Multisystemic Therapy – Building Stronger Families

Nurturing Families Network

Parenting Support and Parental Rights Initiative

Positive Parenting Program





235 Nicoll Street New Haven, CT 06511 203.624.2600, ext. 118 www.familyct.org



Family Centered Services of CT

Celebrating 40 years of working to strengthen and preserve families.