

SUTABS Prep Instructions: Please buy from pharmacy atleast 5 days prior to your procedure date. ** Please discuss with us you have kidney problems **

A prescription will need be sent to your pharmacy from Dr Tandon's office few days prior to procedure (please ensure we have your updated pharmacy info), Unless enclosed in package.

Please pick **Sutabs** and **Simethicone** anti-gas pills x 4 tabs (over-counter brands such as Gas-X, Mylanta gas or Maalox anti-gas are OK)

DAY prior to procedure:

Please take a **CLEAR LIQUID** diet only (**NO SOLID FOODS**) the **ENTIRE** day for breakfast, lunch and dinner. You may take liquids such as water, apple/grape juice, sprite/ginger ale, clear broth with NO solid particles, Jello/popsicles, black tea or coffee. Avoid red color foods, and avoid milk/cream

Avoid Alcohol, marijuana or any illicit substance abuse.

Take 12 tabs of SUTABS with water, starting around 5 pm, take 2 tabs with one glass every 10-15 mins appx and try to finish the prep over 2-3 hours. Take 2 Simethicone gas pills at 9 pm and 2 Simethicone gas pills at 10 pm.

DAY OF PROCEDURE:

Take remaining 12 tabs gallon of SUTABS **starting 6 hours prior** to scheduled procedure time.

Please take additional 3 large glasses of water (8-10 oz) of CLEAR liquids post Sutabs prep.

You will need to STOP drinking any fluids 3 hours prior to your scheduled procedure time. Please avoid hard candy, gum, mints or any fluids. * NOTHING by mouth 3 hours prior to procedure *

If you need to take your allowed medications, such as heart meds or blood pressure meds, you can take these post finishing the prep with water 3 hours prior to procedure time.

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