

Examination of Conscience For Kids

- *Do I pray everyday? Do I worship only God?
- *Do I put my trust in superstitions, good luck charms, rather than God alone?
- *Have I used the words "God" or "Jesus" to someone because I was mad?
- *Have I used bad words?
- *Have I missed Mass on Sunday?
- *Do I pay attention during services?
- *Do I make it hard for others to hear or pay attention?
- *Do I make Sunday a day of prayer and rest?
- *Have I been moody and rebellious about praying and going to church?
- *Do I obey my parents? Have I mistreated them by what I say or what I do?
- *Am I willing to help around the house?
- *Do I try to get along with my brothers and sisters? Am I a tattletale or bully?
- *Do I give a good example, especially to younger brothers or sisters?
- *Do I obey others that I should, like teachers, police, old people, baby-sitters?
- *Do I say mean things, or make fun of others to hurt their feelings?
- *Do I say mean things about others behind their backs?
- *Have I held grudges or stopped speaking to anyone?
- *Do I encourage others to do bad things?
- *Have I wished bad things to happen to anyone?
- *Do I treat my body and other people's bodies with respect?
- *Do I look at television shows, movies, or pictures that are bad?
- *Do I speak nicely to others and about others?
- *Have I taken things that were not mine from a store or another person?
- *Have I ruined another person's property for fun?
- *Do I return things that I borrow? In good condition?
- *Have I taken care of my responsibilities? Have I done so with a good attitude?
- *Am I honest in my school work? Do I cheat or copy other people's work?
- *Do I tell lies to make myself look good?
- *Do I tell lies to protect myself from punishment?
- *Do I tell lies that make another person look bad or get them in trouble?
- *Do I allow my parents to spend time with one another, or do I get jealous and want them to pay attention only to me?
- *Do I get mad when I have to share with my friends?
- *Are there kids I will not play with or be mean to because they look different?
- *Am I jealous or envious of the things my friends have?
- *Am I jealous because my friends can do things better than I can?
- *Am I thankful to God and my parents for what they have given me?
- *Do I share the things I have with my family, friends and poor people?

Tips for Kids

Things to remember when visiting God's house:

- * The sanctuary is a sacred place. Always show respect for God and the church.
- * Do not talk during service. Do not bring games or toys to church.
- * Try to go to the restroom before church.
- * Do not stand on the seats or put your feet on the back of the pew in front of you.
- * Always walk in the church.
- * Do not eat food or candy, chew gum or take anything to drink into the church.
- * Take good care of church property and buildings.
- * Be kind to other people. Be a good listener.