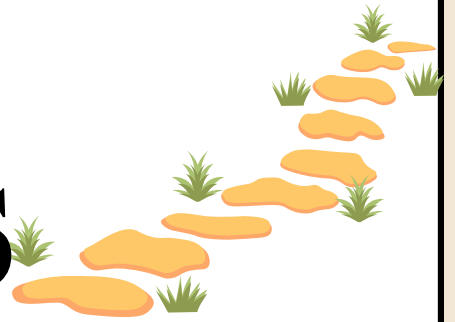


St. Bernard's PATHWAYS



**Faith Formation for families
with a child seeking sacramental preparation.**

WHO IS IT FOR?

Families with children entering **2nd grade** or older who are ready to begin sacramental preparation for **First Reconciliation (1st year)** and **Confirmation & First Eucharist (2nd year)**.

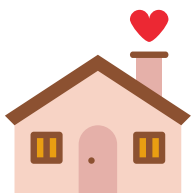
WHAT IS PATHWAYS?

Families enrolled in our Pathways program will experience:



Monthly parent meetings (separate from their children) to grow in their own faith, gain confidence in sharing it at home, and experience prayer and learning together. These sessions also walk through the curriculum families will use at home.

Age-appropriate groups for all children led by trusted adults. These sessions are engaging, rooted in our Catholic faith, and designed to help children grow in their relationship with God while preparing for the sacraments.



Simple engaging lessons for families at home to continue growing in faith. Each lesson includes a low- or no-prep activity to help children stay involved and make faith part of everyday life.

YEAR 1

Using the Pathways Curriculum, we will guide families through the Seek, Root, and Mend phases during the first year.

We will meet on *Sunday mornings from 9:15-11 am.*

Seek is a quick 4 week VBS style overview of the Gospel message, known as the Kergyma.

Root's sessions occur at the parish and at home. Families receive a beautiful box that holds the lessons and activities for the home experience. It is an overview of the Creed.

Mend is the time when the children will be preparing for **First Reconciliation**. The lessons occur at home and at the parish.

YEAR 2

In year two families will be preparing for **Confirmation and First Eucharist**. These sacraments will be received at the end of the preparation together at the same Mass.

The lessons will be the same format as year 1 (at home and at the parish). The phases are Zeal (Confirmation) and Nourish (Eucharist).

GET MORE INFORMATION:

Contact Mary (maryp@stbernardstulsa.org) to schedule a personalized meeting with us. We can help you design the pathway that is best for your family!



2026 SCHEDULE YEAR 1

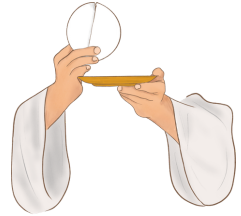


Phase	Dates
Seek	Sept. 13, 20, 27
Root	Oct. 4, Nov. 1, Dec. 6, Jan. 3, 24, Feb. 7
Mend	Feb. 7, 21 April 4, May 2
Mini-Retreat	May 15 8:15-Noon

Class attendance is essential to the Family Catechesis experience. Please mark your calendars with these dates. We meet at 9:15 and finish at 11 am.



2026 SCHEDULE YEAR 2



Phase	Dates
Zeal	Oct. 11, Nov. 8, Dec. 13
Nourish	Jan. 10, 31, Feb. 28, March 21
Mini-Retreat	April 17th 8:15-Noon
Confirmation	April 18 11:15 am

Class attendance is essential to the Family Catechesis experience. Please mark your calendars with these dates. We meet at 9:15 and finish at 11 am.