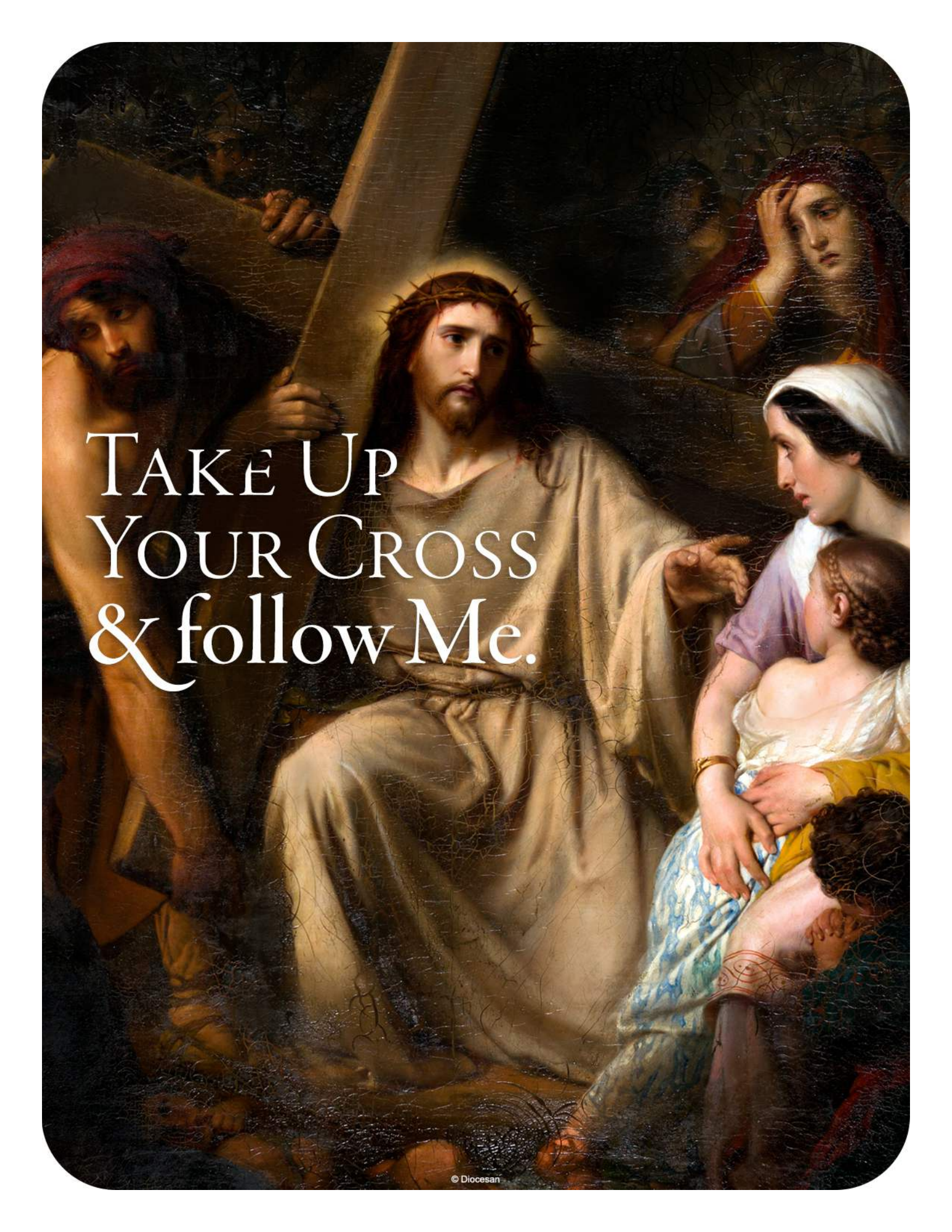




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St. Bernard of Clairvaux

4001 East 101st Street, Tulsa, OK | 918.299.9406

PARISH OFFICE HOURS

Monday-Friday | 9:00 am-5:00 pm

SUNDAY MASSES | MAIN CHURCH

Saturday Vigil | 5:00 pm
8:00 am, 11:15 am, & 5:00 pm

WEEKDAY MASSES | MAIN CHURCH

Monday-Saturday | 8:30 am
Wednesdays | 6:00 pm

ADORATION | GOOD SHEPHERD CHAPEL

Mon., Tues., Thur., and Fri. | 9:00 am-8:00 pm
Wed. | 9:00 am-6:00 pm

THE HOLY ROSARY

Prayed thirty minutes before all daily and weekend Masses except the 5:00 pm Sunday.

HELPFUL INFORMATION

HEARING ASSISTANCE for MASS

 If you or a loved one need hearing assistance for Mass, please visit the Welcome Center for an instructional card to help you connect to the sound system.

CONFESSIONS

Saturdays from 3:30-4:45 pm, thirty minutes before each Sunday Mass, or by appointment.

WEDDINGS

Six months' notice is required. Additional information is available on the parish website.

NEWCOMERS

To register as a parishioner, please complete the form on our website under "I'm New" or pick up a registration form & other information at the Welcome Center in the Commons.

SPECIAL REQUESTS

Please inform the Parish Office if you have a family member in the hospital or homebound.

ANointING OF THE SICK

If you or a loved one are seriously ill, please contact Fr. Jack or Fr. Shane as soon as possible for the Anointing of the Sick.

CHANGES

If you are moving or changing contact information, please notify the Parish Office.

Connect with Us!

(918) 299-9406
www.stbernardstulsa.org

4001 East 101st Street
Tulsa, OK 74137

Facebook: /stbernardstulsa

Instagram: @stbernardofclairvaux

Twitter: @stbernardstulsa

YouTube Channel: search for "St. Bernard of Clairvaux Catholic Church"

Flocknote: to join the parish Flocknote, text SBTULSA to 84576 or sign up on our website

Parish Staff

V. Rev. Jack Gleason, Pastor,
frjack@stbernardstulsa.org

Rev. Shane Hewson, Associate Pastor,
frshane@stbernardstulsa.org

Deacons Pius Devasahayam, Vince Greuel, Alan Mikell, and Kevin Stephenson

Deacon Tim Sullivan, tsullivan@stbernardstulsa.org

Erin Clifton, Faith Formation Administrative Assistant,
ecifton@stbernardstulsa.org

Clinton DeFrance, Coordinator of OCIA and Evangelization, ocia@stbernardstulsa.org

Mary Isbell, Director of Parish Life,
parishlife@stbernardstulsa.org

Teresa Krimbill, Coordinator of Relationship Ministry,
tkrimbill@stbernardstulsa.org

Kim McClanahan, Director of Business and Facility,
kmcclanahan@stbernardstulsa.org

Dr. Christine Miller, Director of Adult Faith Formation, Marriage, and Family Life,
aff@stbernardstulsa.org

Mary Poston, Director of Family Catechesis, Children's and Youth Faith Formation,
maryp@stbernardstulsa.org

Kelly Roselle, Director of Communications,
communications@stbernardstulsa.org

Hannah Schilling, Coordinator of Families with Young Children Ministry, hannahs@stbernardstulsa.org

Courtney Smith, Childcare Ministry Coordinator,
childcare@stbernardstulsa.org

Monica Stephenson, Director of Music,
monica@stbernardstulsa.org

Tara Sudler, Director of Preschool,
tsudler@stbernardstulsa.org

Michelle Wolfe, Parish Bookkeeper,
mwolfe@stbernardstulsa.org

Willow Zarecki, Coordinator of Youth Faith Formation, youth@stbernardstulsa.org

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TULSA, OK — AUGUST 30, 2026
TWENTY-SECOND SUNDAY IN ORDINARY TIME/YEAR A



MASS INTENTIONS

Aug. 31-Sep. 6, 2026

Monday:

8:30 am, +Mildred Klaus by M/M Bo Borchers

Tuesday:

8:30 am, +Herbert Tasker by M/M Treak Tasker

Wednesday:

8:30 am, +Judy Waters

Thursday: St. Gregory the Great

8:30 am, +Mildred Klaus by M/M John Ramsey

Friday:

8:30 am, +Mildred Klaus by the Klaus Family

Saturday: St. Teresa of Calcutta

8:30 am, Sp. Int. Ellie Peyton by Becky Brambl

5:00 pm, +Barbara Chin by M/M Jim Chin

Sunday: 23rd Sunday in Ordinary Time

8:00 am, +Edmund & Irene Orwat by Cherly Ashley

5:00 pm, +Laurette Germain by Micheline Hedley

To request a Mass, please call the Parish Office at (918) 299-9406.

What's Happening

SEPTEMBER

- 1—Freedom in Christ Begins
- 2—ACTS 15th Anniversary Mass
- 2—Chancel Choir Practices Start
- 4—Parish Office Closed/No Adoration
- 5-6—Hallow App Launch
- 6—Silver Rose Pilgrimage
- 7—Parish Office Closed/No Adoration
- 10—Thursday Morning Bible Study Resumes
- 12-13—Hallow App Launch
- 13—Cat. of the Good Shepherd Kick-Off
- 14—Handbell Choir Practices Start
- 15—Becoming Catholic Starts
- 15—Seekers of Truth Resumes
- 16—Men of the Upper Room (MOUR) Kick-Off
- 17—Senior Luncheon
- 20—Hallow Prayer Challenge
- 23-25—Beatification Pilgrimage to St. Louis
- 24—Discovering Our Dignity Study Begins
- 26—San Lorenzo Feast Day Celebration

Family Catechesis & Children's Faith Formation

Mary Poston, Director
Hannah Schilling, Coordinator

2026-2027 REGISTRATION



Registration for Children, Youth, and Families is open! We would love to have your family join us, and there are a variety of ways to do that. Please use this QR code to learn about the path that is best suited for your family and to register! We are looking for **6 more adult** volunteers to help with our catechism sessions. There are several ways we could utilize your talents, so please reach out to Mary Poston at maryp@stbernardstulsa.org.

FAMILY ADORATION NIGHT

All families are invited to join us for *At His Feet—A Night of Eucharistic Adoration for Families*, a special evening of Adoration on Tuesday, Sept. 29th, from 6:00-6:30 pm. This time is designed especially for little ones, featuring songs, prayer tools, and mediation to help introduce families to the beauty of Eucharistic Adoration. While children are always welcome to our chapel during Adoration, we know it can feel like a big step for young hearts. That's why we are setting aside this time for our families to come together and share in this meaningful experience. Afterwards, join us for popsicles and fellowship! More details to come soon!

SEEDS OF FAITH—SAVE THE DATE

Families with children between the ages of 0-6 years are invited to join us for the kickoff of a new year in our program, "Seeds of Faith" on **Sunday, October 4, from 9:00-11:00 am, in G8**. We will offer a continental breakfast, age-appropriate, faith-based activities, a short lesson, and resources for you to take home and use throughout the month. For more information, please email Hannah Schilling.

Youth Faith Formation

Mary Poston, Director
Willow Zarecki, Coordinator

HIGH SCHOOL YOUTH

High School youth is for 9th-12th graders and meets Sundays from 6:00-8:00 pm.

08/30 - Everything but the Key, night 2 of 4.
09/06 - NO HS YOUTH (Labor Day)
09/13 - Everything but the Key, night 3 of 4.
09/20 - Who is Bishop Fulton Sheen?
09/27 - Everything but the Key, final night.

MIDDLE SCHOOL YOUTH

Middle School youth is for 6th-8th graders and meets Wednesdays from 6:30-8:00 pm.

09/02 - Impressions: The GOAT. Part 2 of 4, focusing on the Gospel of Mark.
09/09 - Impressions: The Bestie. Part 3, focusing on the Gospel of Luke.
09/16 - Who is Bishop Fulton Sheen?
09/23 - NO MS YOUTH due to Beatification of Fulton Sheen
09/30 - Impressions: The Legend. Part 4, focusing on the Gospel of John.

Parish Life

Mary Isbell, Director

ALTAR FLOWERS

This weekend's altar flowers are given in loving memory of Judy Waters by Paul and Lesa Clark. May God grant her eternal rest, and may perpetual light shine upon her.

SENIOR LUNCHEON IS BACK!

We're excited to welcome everyone back! Seniors ages 55 and over are invited to join us for an afternoon of delicious food, fellowship, and fun.

Thursday, Sept. 17 | 11:30 am-1:00 pm
Community Room

Please bring a dessert to share with the group and come ready for a (continued)

wonderful time together! Please RSVP by Monday, Sept. 14, so we can be sure to have plenty of food for everyone. To RSVP, please call the Parish Office at 918-299-9406 or email parishlife@stbernardstulsa.org. Thank you in advance for your response & support!

Becoming Catholic

Dr. Christine Miller, Director
Clinton DeFrance, Coordinator

Becoming Catholic (OCIA)

Are you curious about the Catholic faith? Looking for a more satisfying relationship with God? Wanting to connect with a vibrant community? We would love to meet you! *Becoming Catholic* begins Tuesday, Sept. 15th, from 6:00-8:00 pm. Sign up here to let us know you are interested:
sbtulsa.flocknote.com/signup/269145

Becoming Catholic (OCIA) Volunteers

We are building a team of volunteers to support St. Bernard's outreach to those interested in our faith. We need support in a wide variety of areas and a variety of levels of time commitment. If you are new to the Catholic faith, this is a great place to volunteer. Let us know you are interested, no obligation:
sbtulsa.flocknote.com/signup/269154

Catholic but not confirmed? Newly returned to the Catholic faith?

If you are an adult that was baptized Catholic but have not yet received either the Sacrament of Confirmation or Holy Communion, it is not too late. There is a place for you at *Becoming Catholic*, beginning Tuesday, Sept. 15th, from 6:00-8:00 pm. Sign up here:

sbtulsa.flocknote.com/signup/269149

Questions? Contact Clinton DeFrance at ocia@stbernardstulsa.org.

Online Giving



Thank you for your generous support of our parish. Please consider St. Bernard's in your estate and trust planning. Thank you!

Adult Faith Formation, Marriage, & Family Life

Dr. Christine Miller, Director
sbtulsa.flocknote.com/Update

ADULT FAITH FORMATION

Healing the Whole Person

Sundays, Sept. 27-Nov. 22, 9:00-11:00 am, G-4, \$35. Childcare available. Grow in freedom and peace through a journey of inner healing guided by the exceptional presentations of Catholic psychologist Dr. Bob Schuchts and Sr. Miram James Heidland, SOLT. The morning includes a high-quality video presentation, prayer, and confidential small-group discussion with peers. Cash or check payable to St. Bernard's is due the first day of class, Sept. 27 (\$35). Register here:

sbtulsa.flocknote.com/signup/269190

This session of Healing the Whole Person is facilitated by Zane Zarecki and Dr. Leslie Riley. Questions? Please Contact Zane Zarecki at zane.zarecki@gmail.com.

Freedom in Christ

Tuesdays, Sept. 1- Oct. 6, 9:30-11:30 am, in G-8, \$15. This course will help you find a deeper freedom in Christ through growth in faith, forgiveness, discernment of spirits, and receiving the blessing of God the Father. It includes video presentations and group discussion. Register at

sbtulsa.flocknote.com/signup/269076

Questions? Contact the facilitator, Lindy Roberts, at lindyroberts26@gmail.com.

Sunday Readings Bible Study

Break open the Sunday readings, dive into Scripture, share insights, and enjoy great conversation & coffee! Sunday mornings, room G6, lead by Brent Hansen. All are welcome! Social time at 9:15 am, readings & discussion at 9:30 am.

Seekers of Truth

New study starts Tuesday, Sept. 15th, in F-4 from 6:30 to 8:30 pm. The study is *Messiah* which covers the messianic prophecies of the Bible. Questions? Please contact Sandra Waelder at sandrakw17@gmail.com or 918-230-4779.

Thursday Morning Bible Study

On break during summer; starts up on Thursday, September 10th, at 9:30 am. Suggested study is the *Book of Revelations*.

Discovering Our Dignity: A Study of Women of the Bible

The *Discovering our Dignity* Bible Study resumes on Thursday, Sept. 24. Bible journaling at 5:30 pm, study at 6:30 pm. If you are interested in joining this Bible Study, you can purchase your book at WalkingWithPurpose.com. Each week we study one of the holy women of the Bible, so missing a few sessions is not an impediment to joining. If you have any questions, contact Linda Clancy at 918-906-2201.

MARRIAGE & FAMILY LIFE

Emotional & Sexual Intimacy in Marriage

Wednesday, Sept. 9th, 6:00 pm Mass, 6:30 pm Dinner, 7:00-8:00 pm Talk. Childcare available with advanced registration. Join marriage and family therapist Tommy Tellson and his wife Angela for a presentation about intimacy in marriage, common hang-ups for sustained connection, and challenges posed by our pornography-saturated culture.

This talk is for the adults of the parish, especially those who are married, who desire to marry, and all parents. Come away with practical resources to support marital thriving and parenting children toward sexual maturity. Co-sponsored by St. Bernard's Relationship Ministry and Healing Ministry. Register at

sbtulsa.flocknote.com/signup/269137

Questions? Contact Teresa Krimbill at tkrimbill@stbernardstulsa.org.

Moms Ministry

Group meets Friday mornings, 9:30-11:30, in G8. Childcare is available each week for preschool-aged children and for older kids on distance learning days. Join our email list to receive updates at:

SBTULSA.flocknote.com/Moms

Prayer Requests

To request prayers for yourself or a loved one, **please email Gabi Ford at gford@stbernardstulsa.org.**

Around Our Parish

PARISH OFFICE CLOSURE

The Parish Office is closed this Friday, Sept. 4th and next Monday, Sept. 7 for Labor Day weekend. There is no Adoration in the Good Shepherd Chapel, but the usual 8:30 am Mass is still offered on both days.

DATE NIGHT CHALLENGE



Make time for your marriage! From Aug. 22 through Oct. 24, complete at least 3 date nights with your spouse. Your dates can be as simple as a special night at home or a fun night out! Take a picture during each date night and

email them to Teresa Krimbill at tkrimbill@stbernardstulsa.org. Couples who complete all 3 dates will be entered to win gift cards to local restaurants! When you sign up, you'll also receive date night ideas, activities, and resources to help make your time together meaningful and fun. Sign up, make time for each other, and enjoy the challenge!

ACTS ANNIVERSARY MASS & PICNIC

Come celebrate 15 years of ACTS at St. Bernard's on Wednesday, Sept. 2nd! Mass is at 6:00 pm followed by a family picnic at the pavilion. All parishioners are welcome to enjoy hot dogs and hamburgers and share in a joyful milestone of fellowship and faith.

Also, save the date for the 3rd annual Okie Fest on Friday, Oct. 9th, at 6:30 pm in the gym!

JOIN CHOIR

Chancel Choir practices on Wednesdays from 6:45-8:00 pm in the Music Room starting Sept. 2nd. Sings at the Sunday 11:15 am Mass, September through May (Pentecost). Please come share your gift of music! **Handbell Choir** practices on Mondays beginning Sept. 14th from 6:45-7:45 pm in the sanctuary. For more info on either choir, please contact Monica Stephenson at monica@stbernardstulsa.org.

SINGLE? ENGAGED? MARRIED & HAPPY? MARRIED & STRUGGLING? WIDOW/WIDOWER?



Whatever your state in life, we want to hear from you if you are age 18 and up!

Please scan the QR code to complete this 3-minute survey. Your responses are completely anonymous. Printed copies are available in the parish office in English and Spanish. Thank you for participating!

HALLOW LAUNCH NEXT WEEKEND

St. Bernard's launches its partnership with Hallow the next two weekends, Sept. 5th/6th & 12th/13th! Our first parish Prayer Challenge starts Sunday, Sept. 20th! Passionate about Hallow and interested in helping us share this resource? Sign up today to be a Hallow Herald at the link below:
sbtulsa.flocknote.com/signup/263942

MEN OF THE UPPER ROOM (MOUR)

Men of the Upper Room (MOUR) kicks off the new season honoring Archbishop Fulton J. Sheen on Wednesday, Sept. 16th, in the Community Room. Enjoy coffee, donuts, and fellowship from 6:00-6:30 am, Fr. Jack's presentation from 6:30-6:50 am, and discussion from 6:50-7:15 am. All men are invited!

SILVER ROSE PILGRIMAGE

The Knights of Columbus are hosting the Silver Rose Pilgrimage on Sunday Sept. 6th. It will be on display all day in the main church. The Silver Rose pilgrimage mission is to renew the nation's spiritual life and spread Our Lady of Guadalupe's message.

GROCERY BAGS NEEDED

Catholic Charities collects plastic shopping bags for their guests to use when grocery shopping, and they are running low! There is a collection bin in the commons for two weeks, Aug. 28-30 & Sept. 5-6. Please bring your plastic grocery sacks and drop them off to help our neighbors in need. Thank you!



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