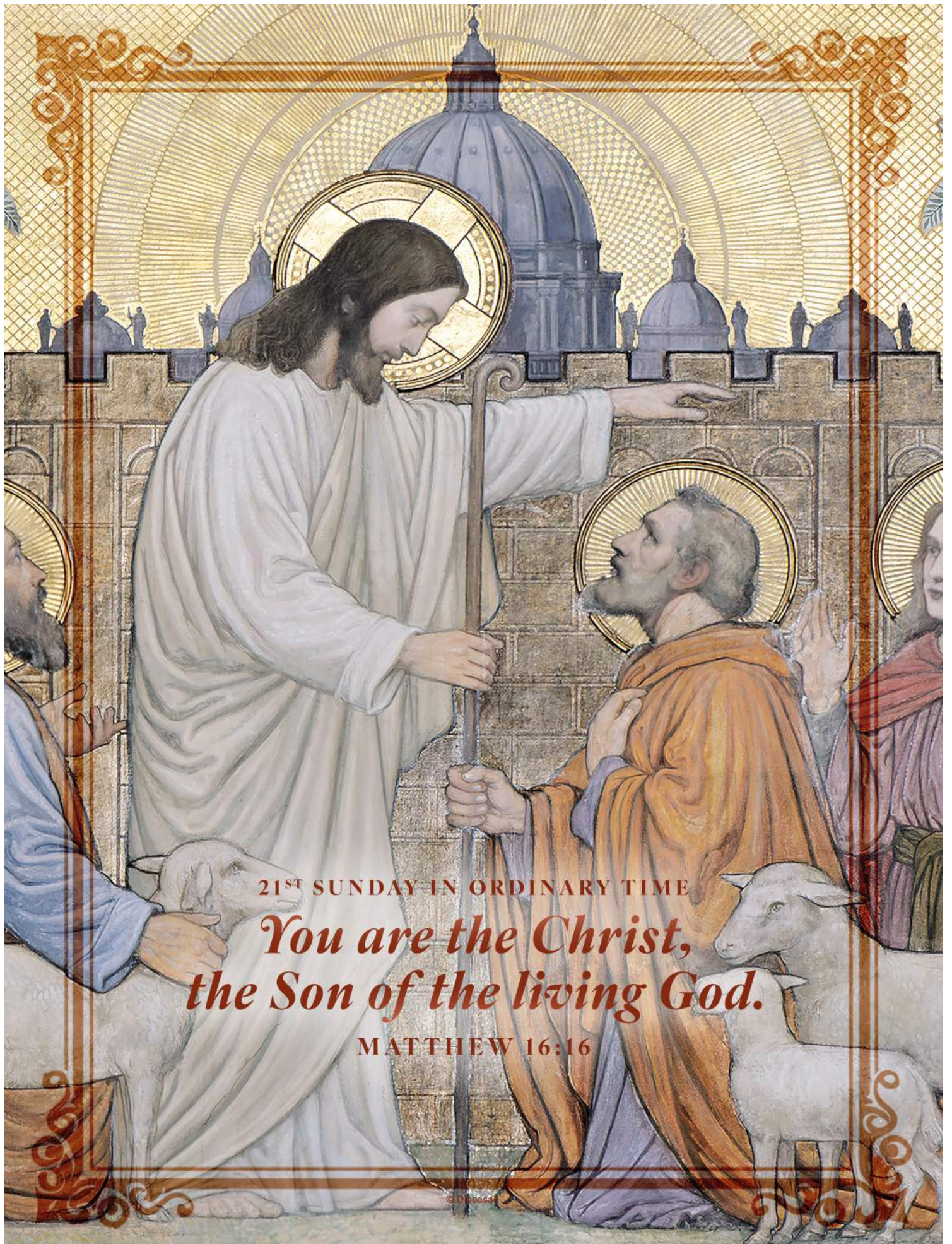




21ST SUNDAY IN ORDINARY TIME

*You are the Christ,
the Son of the living God.*

MATTHEW 16:16



St. Bernard of Clairvaux

4001 East 101st Street, Tulsa, OK | 918.299.9406

PARISH OFFICE HOURS

Monday-Friday | 9:00 am-5:00 pm

SUNDAY MASSES | MAIN CHURCH

Saturday Vigil | 5:00 pm
8:00 am, 11:15 am, & 5:00 pm

WEEKDAY MASSES | MAIN CHURCH

Monday-Saturday | 8:30 am
Wednesdays | 6:00 pm

ADORATION | GOOD SHEPHERD CHAPEL

Mon., Tues., Thur., and Fri. | 9:00 am-8:00 pm
Wed. | 9:00 am-6:00 pm

THE HOLY ROSARY

Prayed thirty minutes before all daily and weekend Masses except the 5:00 pm Sunday.

HELPFUL INFORMATION

HEARING ASSISTANCE for MASS

 If you or a loved one need hearing assistance for Mass, please visit the Welcome Center for an instructional card to help you connect to the sound system.

CONFESSIONS

Saturdays from 3:30-4:45 pm, thirty minutes before each Sunday Mass, or by appointment.

WEDDINGS

Six months' notice is required. Additional information is available on the parish website.

NEWCOMERS

To register as a parishioner, please complete the form on our website under "I'm New" or pick up a registration form & other information at the Welcome Center in the Commons.

SPECIAL REQUESTS

Please inform the Parish Office if you have a family member in the hospital or homebound.

ANOINTING OF THE SICK

If you or a loved one are seriously ill, please contact Fr. Jack or Fr. Shane as soon as possible for the Anointing of the Sick.

CHANGES

If you are moving or changing contact information, please notify the Parish Office.

Connect with Us!

(918) 299-9406
www.stbernardstulsa.org

4001 East 101st Street
Tulsa, OK 74137

Facebook: /stbernardstulsa

Instagram: @stbernardofclairvaux

Twitter: @stbernardstulsa

YouTube Channel: search for "St. Bernard of Clairvaux Catholic Church"

Flocknote: to join the parish Flocknote, text SBTULSA to 84576 or sign up on our website

Parish Staff

V. Rev. Jack Gleason, Pastor,
frjack@stbernardstulsa.org

Rev. Shane Hewson, Associate Pastor,
frshane@stbernardstulsa.org

Deacons Pius Devasahayam, Vince Greuel, Alan Mikell, and Kevin Stephenson

Deacon Tim Sullivan, tsullivan@stbernardstulsa.org

Erin Clifton, Faith Formation Administrative Assistant,
ecifton@stbernardstulsa.org

Clinton DeFrance, Coordinator of OCIA and Evangelization, email TBD

Mary Isbell, Director of Parish Life,
parishlife@stbernardstulsa.org

Teresa Krimbill, Coordinator of Relationship Ministry,
tkrimbill@stbernardstulsa.org

Kim McClanahan, Director of Business and Facility,
kmcclanahan@stbernardstulsa.org

Dr. Christine Miller, Director of Adult Faith Formation, Marriage, and Family Life,
aff@stbernardstulsa.org

Mary Poston, Director of Family Catechesis, Children's and Youth Faith Formation,
maryp@stbernardstulsa.org

Kelly Roselle, Director of Communications,
communications@stbernardstulsa.org

Hannah Schilling, Coordinator of Families with Young Children Ministry, hannahs@stbernardstulsa.org

Courtney Smith, Childcare Ministry Coordinator,
childcare@stbernardstulsa.org

Monica Stephenson, Director of Music,
monica@stbernardstulsa.org

Tara Sudler, Director of Preschool,
tsudler@stbernardstulsa.org

Michelle Wolfe, Parish Bookkeeper,
mwolfe@stbernardstulsa.org

Willow Zarecki, Coordinator of Youth Faith Formation, youth@stbernardstulsa.org

SAINT BERNARD OF CLAIRVAUX CATHOLIC CHURCH
TULSA, OK — AUGUST 23, 2026
TWENTY-FIRST SUNDAY IN ORDINARY TIME/YEAR A



MASS INTENTIONS

August 24-30, 2026

Monday: St. Bartholomew

8:30 am, +Douglas Dulany by Lu Stevenson

Tuesday: St. Louis, St. Joseph Calasanz

8:30 am, Sp. Int. Reanne Ashley by Cheryl Ashley

Wednesday:

8:30 am, Sp. Int. Trent Borchers by Mom & Dad

Thursday: St. Monica

8:30 am, +Neal Thrasher by Joyce Thrasher

Friday: St. Augustine

8:30 am, +Joe Alcott

Saturday: The Passion of St. John the Baptist

8:30 am, +Stephen Campbell by Dcn. Richard Campbell

5:00 pm, +Barbara Westerman by Dcn. Kevin & Monica Stephenson

Sunday: 22nd Sunday in Ordinary Time

8:00 am, +Edmund & Irene Orwat by Cheryl Ashley

5:00 pm, +Judy Waters by Clark Family

To request a Mass, please call the Parish Office at (918) 299-9406.

What's Happening

AUGUST

26—Middle & High School Youth Holy Hour

27—Baptism Class

SEPTEMBER

1—Freedom in Christ Begins

2—ACTS 15th Anniversary Mass

4—Parish Office Closed/No Adoration

7—Parish Office Closed/No Adoration

10—Thursday Morning Bible Study Resumes

13—Cat. of the Good Shepherd Kick-Off

15—Seekers of Truth Resumes

16—Men of the Upper Room (MOUR) Kick-Off

20—Hallow Prayer Challenge

23-25—Beatification Pilgrimage to St. Louis

24—Discovering Our Dignity Study Begins

26—San Lorenzo Feast Day Celebration

27—Healing the Whole Person Kick-Off

27—Coffee & Donuts

Family Catechesis & Children's Faith Formation

Mary Poston, Director
Hannah Schilling, Coordinator

2026-2027 REGISTRATION



Registration for Children, Youth, and Families is open! We would love to have your family join us, and there are a variety of ways to do that. Please use this QR code to learn about the path that is best suited for your family and to register!

*We are looking for 10 more **adult** volunteers to help with our catechism sessions.* There are several ways we could utilize your talents, so please reach out to Mary Poston at maryp@stbernardstulsa.org.

SEEDS OF FAITH—SAVE THE DATE

Families with children between the ages of 0-6 years are invited to join us for the kickoff of a new year in our program, "Seeds of Faith" on **Sunday, October 4, from 9:00-11:00 am, in G8.** We will offer a continental breakfast, age-appropriate, faith-based activities, a short lesson, and resources for you to take home and use throughout the month. Plus, enjoy time to meet other young families from around our parish! For more information, please email Hannah Schilling.

CAT. OF THE GOOD SHEPHERD

Catechesis of the Good Shepherd begins the week of September 13!

CGS Volunteers needed!

We need adult volunteers to assist with our Catechesis of the Good Shepherd program this fall during our **Sunday and Friday morning sessions.** If you enjoy working with children ages 3-6 years, we'd love to have you join us! Experience with CGS or a Montessori background is especially welcome, but not required. For more info or to volunteer, please contact Hannah Schilling.

Youth Faith Formation

Mary Poston, Director
Willow Zarecki, Coordinator

HIGH SCHOOL YOUTH

High School youth is for 9th-12th graders and meets Sundays from 6:00-8:00 pm.

08/23 - Who is St. Bernard? Take a deep dive on our parish patron!
08/26 (Wednesday) - Youth Holy Hour
08/30 - Everything but the Key, night 2 of 4.
09/06 - NO HS YOUTH (Labor Day)
09/13 - Everything but the Key, night 3 of 4.
09/20 - Who is Bishop Fulton Sheen?
09/27 - Everything but the Key, final night.

MIDDLE SCHOOL YOUTH

Middle School youth is for 6th-8th graders and meets Wednesdays from 6:30-8:00 pm.

08/26 - Youth Holy Hour
09/02 - Impressions: The GOAT. Part 2 of 4, focusing on the Gospel of Mark.
09/09 - Impressions: The Bestie. Part 3, focusing on the Gospel of Luke.
09/16 - Who is Bishop Fulton Sheen?
09/23 - NO MS YOUTH due to Beatification of Fulton Sheen
09/30 - Impressions: The Legend. Part 4, focusing on the Gospel of John.

Prayer Requests

To request prayers for yourself or a loved one, **please email Gabi Ford at gford@stbernardstulsa.org.**

Eucharistic Adoration

Want to take your spiritual life to the next level? Call the Parish Office at (918) 299-9406 to take an hour with Jesus each week!

Tuesdays

12:00-1:00 pm
5:00-6:00 pm
6:00-7:00 pm

Wednesdays

4:00-5:00 pm

Thursdays

2:00-3:00 pm

Fridays

9:00-10:00 am
2:00-3:00 pm

Parish Life

Mary Isbell, Director

NO COFFEE & DONUTS

Due to all the fun and food at Bernardfest, coffee and donuts will **not** be served this Sunday, August 23. Please join us for coffee and donuts on Sunday, September 27!

A HEARTFELT THANK YOU

Our heartfelt gratitude goes out to the many generous volunteers that made both Bernardfest events so successful! Whether you helped with decorating, setting up, serving, monitoring games and activities, face painting, welcoming guests, cleaning up, or assisting in countless other ways, your time and efforts made a meaningful difference. We are truly blessed by your willingness to serve our parish community. Bernardfest would not have been possible without each and every one of you. Thank you for sharing your time and talents so generously!

PICTORIAL DIR. MAKE-UP DAY

We have been offered the opportunity to schedule a make-up day for our pictorial directory on **Tuesday, September 8, from 1:00-7:30 pm.** for anyone who missed the previous photography dates.

Before the date can be confirmed, we must determine whether there is enough interest for the photographers to return. **If you would like to participate, please email Mary at parishlife@stbernardstulsa.org by this Sunday, August 23.** During the weekend of **August 29-30**, we will announce whether the make-up day was confirmed and provide instructions for scheduling your appointment.

Online Giving



Thank you for your generous support of our parish. Please consider St. Bernard's in your estate and trust planning. Thank you!

Adult Faith Formation, Marriage, & Family Life

Dr. Christine Miller, Director
sbtulsa.flocknote.com/Update

ADULT FAITH FORMATION

Healing the Whole Person

Sundays, Sept. 27-Nov. 22, 9:00-11:00 am, G-4, \$35. Childcare available. Grow in freedom and peace through a journey of inner healing guided by the exceptional presentations of Catholic psychologist Dr. Bob Schuchts and Sr. Miram James Heidland, SOLT. The morning includes a high-quality video presentation, prayer, and confidential small-group discussion with peers. Cash or check payable to St. Bernard's is due the first day of class, Sept. 27 (\$35). Register here:

sbtulsa.flocknote.com/signup/269190

This session of Healing the Whole Person is facilitated by Zane Zarecki and Dr. Leslie Riley. Questions? Please Contact Zane Zarecki at zane.zarecki@gmail.com.

Freedom in Christ

Tuesdays, Sept. 1- Oct. 6, 9:30-11:30 am, in G-8, \$15. This course will help you find a deeper freedom in Christ through growth in faith, forgiveness, discernment of spirits, and receiving the blessing of God the Father. It includes video presentations and group discussion. Register at

sbtulsa.flocknote.com/signup/269076

Questions? Contact the facilitator, Lindy Roberts, at lindyroberts26@gmail.com.

Sunday Readings Bible Study

Break open the Sunday readings, dive into Scripture, share insights, and enjoy great conversation & coffee! Sunday mornings, room G6, lead by Brent Hansen. All are welcome! Social time at 9:15 am, readings & discussion at 9:30 am.

Seekers of Truth

New study starts Tuesday, Sept. 15th, in F-4 from 6:30 to 8:30 pm. The study is *Messiah* which covers the messianic prophecies of the Bible. Questions? Please contact Sandra Waelder at sandrakw17@gmail.com or 918-230-4779.

Thursday Morning Bible Study

On break during summer; starts up on Thursday, September 10th, at 9:30 am. Suggested study is the *Book of Revelations*.

Discovering Our Dignity: A Study of Women of the Bible

The *Discovering our Dignity* Bible Study resumes on Thursday, Sept. 24. Bible journaling at 5:30 pm, study at 6:30 pm. If you are interested in joining this Bible Study, you can purchase your book at WalkingWithPurpose.com. Each week we study one of the holy women of the Bible, so missing a few sessions is not an impediment to joining. If you have any questions, contact Linda Clancy at 918-906-2201.

MARRIAGE & FAMILY LIFE

Emotional & Sexual Intimacy in Marriage

Wednesday, Sept. 9th, 6:00 pm Mass, 6:30 pm Dinner, 7:00-8:00 pm Talk. Childcare available with advanced registration. Join marriage and family therapist Tommy Tellson and his wife Angela for a presentation about intimacy in marriage, common hang-ups for sustained connection, and challenges posed by our pornography-saturated culture. This talk is for the adults of the parish, especially those who are married, who desire to marry, and all parents. Come away with practical resources to support marital thriving and parenting children toward sexual maturity. Co-sponsored by St. Bernard's Relationship Ministry and Healing Ministry. Register at sbtulsa.flocknote.com/signup/269137 Questions? Contact Teresa Krimbill at tkrimbill@stbernardstulsa.org.

Moms Ministry

Group meets Friday mornings, 9:30-11:30, in G8. Childcare is available each week for preschool-aged children and for older kids on distance learning days. Join our email list to receive updates at:

SBTULSA.flocknote.com/Moms

Becoming Catholic

Dr. Christine Miller, Director
Clinton DeFrance, Coordinator

Becoming Catholic (OCIA)

Are you curious about the Catholic faith?
Looking for a more satisfying (continued)

relationship with God? Wanting to connect with a vibrant community? We would love to meet you! New small groups and classes are forming soon. Sign up here to receive updates about our program:

sbtulsa.flocknote.com/signup/269145

Becoming Catholic (OCIA) Volunteers

We are building a team of volunteers to support St. Bernard's outreach to those interested in our faith. We need support in a wide variety of areas and a variety of levels of time commitment. If you are new to the Catholic faith, this is a great place to volunteer. Let us know you are interested, no obligation:

sbtulsa.flocknote.com/signup/269154

Catholic but not confirmed? Newly returned to the Catholic faith?

If you are an adult that was baptized Catholic but has not yet received either the Sacrament of Confirmation or Holy Communion, it is not too late. You can attend formation with other adults. Catholics newly returned to the faith are also invited to join us for a time of enrichment and renewal. New opportunities are coming soon. Sign up here to be the first to know:

sbtulsa.flocknote.com/signup/269149

Questions? Contact Clinton DeFrance.

Around Our Parish

JOIN CHOIR!

Chancel Choir practices on Wednesdays from 6:45-8:00 pm in the Music Room starting Sept. 2nd. Sings at the Sunday 11:15 am Mass, September through May (Pentecost). Please come share your gift of music! **Handbell Choir** practices on Mondays beginning Sept. 14th from 6:45-7:45 pm in the sanctuary. For more info on either choir, please contact Monica Stephenson at monica@stbernardstulsa.org.

BAPTISM CLASS

Baptism Class is **this Thursday, August 27th**, from 7:00-8:00 pm in the Community Room with Father Jack. Questions? Please call the Parish Office at (918) 299-9406. Please attend if you are baptizing a child.

RELATIONSHIP HEALTH SURVEY



As part of our new Relationship Ministry at St. Bernard's, we have a 3-minute survey for **every person 18 years and older**. Please scan the QR code.

Your responses are completely anonymous. We will use the survey results to guide us as we build our Relationship Ministry. **Printed copies are available in the parish office in English and Spanish.** Thank you for your participation!

HALLOW APP LAUNCH

Coming this fall, St. Bernard's will launch a partnership with Hallow! If you already have the prayer app, please join our community page. Click the church icon and search for our parish by zip code (74137). The official parish launch will take place September 5th/6th and 12th/13th, with our first parish Prayer Challenge starting on Sunday, September 20th!

Passionate about Hallow and interested in helping us share this resource? Sign up today to be a Hallow Herald at the link below.

sbtulsa.flocknote.com/signup/263942

PILGRIMAGE TO ST. LOUIS

Hurry! There are just a few spots left so grab yours today! St. Bernard's is going on a pilgrimage to St. Louis, MO for the beatification of Venerable Fulton Sheen, September 23rd-25th! Cost is \$515 for a single occupancy hotel room, or \$350 for a double occupancy hotel room. What's included: ticket to the beatification, hotel stay for two nights, bus transportation to and from St. Louis, dinner on Sept. 24th, and hotel breakfasts. All other meals are on your own. Open to parishioners ages 12 and up. Visit our parish website and click on "Online Giving & Payments" to register & pay.

OKIEFEST—SAVE THE DATE!

As we celebrate our 15th anniversary year of ACTS at St. Bernard's, we are delighted to invite you to our third annual ACTS fundraiser "Okiefest" on Friday, October 9, 2026. You don't want to miss the fun!



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